



Personal Mastery 2019 - Live Call #8

Colette: Hello, everybody. Oh my gosh, I cannot get over that tonight is the last night, our last call.

Doug: Welcome, welcome, welcome.

Colette: Welcome, welcome. Give us a little squeeze on the chat. Let us know where you're from. And what an honor it's been to serve you and to be part of your life and... Hey Kendra. Kendra is the first one up. Carrie... Oh there's Anna, we want to get Anna up here too. Is Anna a panelist? Shanna, oh my gosh it's all going so fast. Oh wow, it's so great. It's not totally the last, of course. We know that Shared Wisdom is starting soon, so we want to chat with you a little bit about that.

And tomorrow morning, if you're interested, me and Anna are going to be on a live call. Anna. Oh, I like that shirt.

Anna: Oh, thank you.

Colette: We're all in

Anna: Again, I didn't get the red check memo.

Colette: Ah, sorry.

Anna: I have to start checking my memos.

Colette: That's right, we forgot to tell you about the red check memo. I know. Well you got a little red in there.

Anna: Yeah well, it's orange.

Doug: That's because I'm not talking yet, but I'm here Donna, don't worry. I just had my microphone on mute. All good sister, thanks for checking in.

Colette: Oh my gosh. I cannot get... Didn't feel like, I don't know about all you guys, how it felt for you, but for me, this felt like it went... It went really long in the beginning and now it felt like what the hell was that? It felt so quick. It felt Personal Mastery just went by like a rocket.

Anna: Yes.

Doug: Yeah. For sure.

Colette: Didn't that feel that way for you?

Anna: That's exactly how it felt. When did go so quickly and yet so smoothly at the same time?



Personal Mastery 2019 - Live Call #8

Colette: I've been answering posts. Hey, Kadeeja. Donna, Lilly, I've been answering some of Anna's posts. I know that many of you responded to her and Doug and I looked at the questions tonight-

Doug: In the main hall. Yup.

Colette: You know and I just got to say what a privileged it's been to watch everybody and to talk about you. And the mentors were amazing, I mean really it was, but to see some of your transformation, how you came in and how you changed in such a short period of time. It just really, really means so much to us, that you trusted all of us and that you dove in, because I know a lot of you did the work. A lot of you did the work and you're still doing the work, and you're seeing the results. And we know, the first couple of weeks, it's like, lose your mind.

Anna: Yeah.

Colette: You think you're going to quit and then we know how it works, we know how it works. Yeah, and I love what Lisa Walker said, "Totally new person. I can barely recognize last week." Yes, we're all changing, exactly, exactly. Love jurring it, still doing the work, third time around, exactly.

Yeah, Doug decided to get rid of his beard. There you go, isn't he hot? He looks awesome. He's turning into the big fabulous gorgeous guy.

Anna: It's true, I think Doug is experimenting-

Doug: Bald is the new blue. That's what I'm saying. Bald is the new blue.

Colette: Bald is the new blue. I know, he looks great.

Doug: Yeah.

Colette: Oh Robin, you're just getting the hang of this, it's not totally over yet, sweetie. We've got lots of weeks of integration coming too, and we're getting ready for Shared Wisdom. It's only this section that's over. It's not, this is just-

Anna: This part of the journey.

Colette: So Anna, do you have any... do you have any housekeeping before we dive in tonight?

Anna: I do have some housekeeping, if I can find-

Doug: I feel like I was housekeeping music to come on and play right now... Like...

Colette: Do you have any?



Personal Mastery 2019 - Live Call #8

Doug: No, I don't know. You ask me singer? Singer, Juno Award-winning singer and songwriter? No. I'm not that music.

Anna: For the next Personal Mastery I'll make sure I have a soundtrack to my housekeeping.

Doug: Definitely. We like jingles with the transitions. It's Anna's music.

Anna: Oh, and I can do lyrics and then sing it out each week.

Colette: That's right.

Doug: So tell us what you've got, sister. What do you got today?

Anna: Okay, I just wanted to remind everyone the small rooms will be closing on November 8th so that'll be your... you have the rest of this week and next week to enjoy your mentors, enjoy each other. We're going to move everybody is in the process, most of you were in here already moving into the Integration room. If you're not in there yet, you want to get in there before the other rooms close. Once the other rooms close, it takes a lot longer to get into the Integration room. Okay? Trust me on that. It's better to come in now. As Colette said, we're going to be in there tomorrow morning-

Colette: And Jacqueline, can I interrupt you? Can you tell everybody how to get into that Integration room, or where they find the information?

Anna: All of the information is in your small house. It's been posted, it's pinned to the top. You can't miss it.

Colette: Pinned to the top.

Doug: Can you make sure I get in there too, Anna? Because I don't think I'm in there, honey.

Anna: Yes, I will put you in there, Mister Doug and-

Doug: Thank you.

Anna: I think we just... Yeah, I've been adding people to the room.

Doug: I'm sure you've been doing lots of other things, but I just realized I don't think I've gotten the link yet.

Anna: No, I'll put you in there. You'll get the invitation.

Doug: Perfect, thank you.



Personal Mastery 2019 - Live Call #8

Anna: Okay? So everybody, it's in there and yeah, tomorrow morning there will be at 10:00 AM eastern time, a coffee chat with Colette so you will want to be in there. So, you know, I'll be up for a little while tonight letting people in there, but once I go to bed, you got to wait.

Colette: Yeah, yeah, yeah, yeah.

Anna: But that's pretty much all that's... That's pretty much the housekeeping, and I don't want to go away for the rest of the evening, I do want to come back because I want to say goodbye before we go.

Colette: Yeah.

Doug: We'll make sure that happens, for sure.

Colette: Yes.

Anna: You're not supposed to... No, you don't have to sign up for coffee chat. All you have to do is be in the Integration room. And I think I let you in already Felicia. Okay? So yeah, it's a Facebook Live, we just suddenly appear and-

Colette: Yeah, you guys don't have to sign up. We're actually just going to be in the room for coffee chat with me and Anna, and Doug, if you want to join us.

Doug: I was going to say, I'm going to be up, girls, so I'm going to hop on in my pajamas. I'm just going to show up.

Colette: Yeah.

Anna: Yes, I'll let... Because we do it through B Live, so I will let Elizabeth know to send you a link, so you have it in there.

Doug: Oh, okay. Yeah, perfect.

Anna: Yeah, and you can

Doug: I can do it tomorrow if that works?

Anna: Yeah. That'll be fun.

Colette: We'd love to have you.

Doug: Yeah, yeah.

Anna: Yeah. That will be cool. Let me write that down too.



Personal Mastery 2019 - Live Call #8

Colette: Jackie, we're not talking... The Circle is not open for new students. That's for you guys who were there last time, that's not up yet until after everything is settle with Shared Wisdom.

Anna: Yes, you will get-

Colette: You'll get emails.

Anna: Exactly. Everyone, when you're supposed to get into... The Circle is our membership site, I know a bunch of you are going to ask about that. If you joined as a new student this year, you got it as a bonus. We will let you know when that takes effect, and-

Colette: That will not be right away.

Anna: It won't be right away, and we will also let you know those of you who want to join in when the next opportunity to join it will be.

Colette: Exactly.

Anna: Thank you.

Colette: And Jacqueline, I know you wanted to do Shared Wisdom, Jacqueline Mados, tomorrow morning you can hear from us. Anna, do we have anybody else that's going to be joining tomorrow morning? Besides Doug, you and me?

Anna: I think Kendra's going to come and chat with us.

Colette: Oh, Kendra. Awesome, Kendra's going to join us. Oh my god, you guys got to listen to Kendra.

Doug: That's awesome. I'm there.

Colette: You will love her. We're going to chat with somebody who's experienced Shared Wisdom herself, and started one way and came out the other. Let's just put it to you that way. So, you'll hear her story is fabulous so we're very excited about that.

So okay, we are going to talk about Shared Wisdom tomorrow. I don't know the BBLFWF stuff.

Anna: We're not-

Colette: We're not doing that tonight.

Anna: Yes. We only have a little bit of time to wrap up this course tonight. So Shared Wisdom chatting all tomorrow.



Personal Mastery 2019 - Live Call #8

Colette: Yes. Jacqueline Mados said, "Please don't forget me." Ready for Shared Wisdom Deeana? Yeah. Okay, let's get this show on the road. Anna, will just go behind the curtain now in case? Shh.

Doug: It just magically happens. Goodbye.

Colette: Bye Anna. Awesome.

Doug: We can still hear her, she's there when we need her and she'll be checking the Q & A's for us as well.

Colette: And Doug is always... I don't know if you guys all know how long Doug and I have known each other? We've known each other for now what? I always exaggerate it. I think it's-

Doug: A bazillion years.

Colette: A bazillion years, yes. But we've done all these different things together. We hosted a radio show together call Intuitive Coach Radio. We've done so many things together, but it's Oracle School that has brought everything together. Doug of course, he's going to be publishing his own book soon and he's got his own thing, so this is where we bridge together. All the things we love most is here in Oracle School. So, I just want to shout out to Doug for all your support, I know how much you love these students and we have the best ones ever.

Doug: Very much. Yeah.

Colette: Yes. So yes, Shelley, everything is going to be... Congratulations, Doug, on the book. There you go. He hasn't written it yet.

Doug: Let's just say that Colette is incredibly optimistic about my book, and she's told everybody that I'm writing a book, and I think she told me that I was going to have a book. So that's kind of how that works. Now I have a book.

Colette: I am the psychic in the family.

Doug: When you say that you just say, "Yes, thank you very much." I'm going to be writing a book.

Colette: That's right, exactly. Exactly, I am psychic, that's right. That's how it is. I like to confirm that for you.

Doug: You do. Put it in the universe, girl.

Colette: But he is going to be helping me also on some new courses coming up, so that's going to be great.



Personal Mastery 2019 - Live Call #8

Okay guys, so I pulled four cards for everybody tonight to talk about what is it that you've all gained from Personal Mastery, and what are you leaving with? And I thought, this is fabulous because deep knowing is what we all... That's our anchor. Is really understanding that this course is always about you truly owning your access to your intuition and your relationship to your higher power. It was always built as a personal transformation course that happens to use Oracle cards. But it was also a way for you to awaken that unique way that each one of you has an access. Because not one way of intuition is the same as the other, right Doug? It kind of... It's different for everybody.

Doug: Yeah, for sure. In fact, I would say that one of the things that often gets... As we've said many times in this course, people get confused between doing card readings and what we really do here, which is about using the Oracle cards for your own personal development journey. To really get to know yourself in a deeper way, which is what we've been doing over the last six weeks.

Colette: Exactly. Exactly. And serendipity, which is-

Doug: Perfect.

Colette: I love this part because when you trust your connection to your own inner voice, to the whatever guides you have angels, I mean, everybody's different. Some people really have a lot of connection with spirit guides, I go to source, other people have angels, it doesn't really matter. What matters is that you tune in to that radio Soul FM and however you listen, whoever what show you're listening to, what happens is all of a sudden the world wakes up and starts to show you synchronic events for your benefit.

Serendipitous ways that the universe really gives you a little nudge, just when you need it. So that really, that really comes to everybody here. Everybody, yes, a powerful aid in the path of the wounded, Cathy, that's beautiful.

Building blocks. That's exactly... You know when we put this course together, it was always meant to give you a foundation. That's why nobody can jump ahead in Oracle school. Oracle school begins with the foundation course of Personal Mastery, and Personal Mastery is all about going deep into your own self so that you can actually know to claim your unique, authentic, inspired life, or at least be open to what it... How it appears to you and how it finds you in the form it's meant to. And that's why people come back every year to do it again. We had over 450 return students this year that came back, some of them second and third times. Taking it again because there's so many layers, and that's why we allow that to be available to you at a lower price.

Then, we have By the Book. Now that's interesting. I got a chuckle when I saw this because nobody ever likes to use the guide books, right? And if you notice, "Oh, I don't want to use the guide book." But in Oracle school, we teach you that it's a good thing to use the guide book. So, it's like learning that there is this fantastic guide book that we actually have, but also you learn a new way, right? You actually learn a new system of



Personal Mastery 2019 - Live Call #8

working with Oracle cards that are different from a course on how to read all the different fundamentals of reading Oracle cards. You actually have this guidance that is accessible to you, written out for you, and suggested ways and systems in which I've created for you to understand yourself through these Oracle cards that are different from other people teach.

Doug: What I love though too Colette, especially these last two cards, when we talk about building blocks, and you talk about that foundation. I think about how this course, if we talked to some of the students who've been in this course before, one of the things I know you'll hear from them, is you'll hear them talking about how it's the foundation. So the foundation of anything in their life. Not just this.

So, how did Personal Mastery help them when they had to go find a different job? Or how did it help them in a new relationship? It's that now you have a process and a system and a way of living and connecting with Spirit to really provide you with that foundational skills and that strength that supports you in that. And again, a way to be By the Book. To use that book and to use the knowledge you've got to take it and go further. I love that. I love those two cards in there. Really good.

Colette: You know, and I love what people are saying now too. Colby said it made it possible for her to finish her first book. It's very practical. That's the other thing, which is... If anybody's interested, Doug's other business is called, what is it called again?

Doug: Practical Soul.

Colette: Practical Soul.

Doug: Practical Soul. Oh, you froze. I get to repeat it for as long as you're frozen, I guess. Practical Soul, yes.

Colette: Notice I'm like your advertising you here, Doug.

Doug: I know, I'm like-

Colette: Anyway.

Doug: ... thank you Colette.

Colette: I just love you. So the whole thing is how do you apply all this to your daily life? And that's the other thing, this is not just theoretical context. You actually have experience in this course. So, even though it is the first section is only six weeks, actually it's eight weeks because we have these breaks, et cetera.

Doug: Right.



Personal Mastery 2019 - Live Call #8

Colette: You really should by now, if you've done the work and completed the modules, you are going to start to see some pretty awesome stuff, because you can't help it. You have to see something. What happens next in course in the integration phase where the mentors go over the content with you. So even if you're behind, or you think you are because we always say you're never behind in Oracle school, but you can actually revisit the content, the mentors are taking turns, again showing you the different ways of working with each of the different modules, and that's why we call it integration. Don't go home now, we go away, and the mentors take over and really get the chance to kind of... will show you a different way of the same content, right?

You really integrate it and then of course, which we'll talk more about tomorrow, we have the envision process training that starts in January. So you actually just go home for Christmas and come right back.

Doug: Oh my goodness.

Colette: Which is amazing, if you decide to move forward.

Doug: It's amazing. Talk about that tomorrow or some other time.

Colette: So yeah, I love what Kadeeja said. She said, "Oracle school helped me gain more confidence in my communication with Spirit and increased the frequency that I communicate." Priceless. Yes, I love that Kadeeja. I find that so...

Let's talk about module six, and before we do... and I'd like to close with a meditation tonight.

Doug: Great.

Colette: Because I think that is more of a ceremony that we get to do.

Doug: And we have...

Colette: So, other-

Doug: We have two questions that have come in the main hall, but this is the night guys for you to ask your questions. So put them into the Q & A pod, Anna's on that, I'm looking at it, but if you've questions about module six or any of the modules, tonight's the night. So we want to make sure we focus there before we end the night.

Colette: Okay, there were some great couple of questions in the main hall, so I'm going to go over them with you. One of them... Oh, a Dean of a nursing college. We want to see Diane Martin's call. Let me take that one first. I usually work, is that my intention? Oh, great, I'm actually looking at the wrong box. Sorry about that. Thank you Diane, I love that.



Personal Mastery 2019 - Live Call #8

Looking good fearless leader in red. You know what? I'm going to stop looking at this chat because I'm getting all excited by reading what people are saying, so I'm going to get rid of it.

Doug: Can I read you the question we have?

Colette: And here we'll go to the question. Okay, so two questions. One from Luanne Wing. Any advice on the cards most likely to be misread? Awesome question Luanne. Time To Go, All That Glitters, not for you, orphaned to be fair and not be. Okay, you got that.

So I already went through not for you. It was card of discernment, so let's actually go through all of those and Doug and I will rip on these.

Doug: Yeah, yeah.

Colette: So, Time To Go. You know, we know that it indicates leaving something or someone behind. Even the picture... Let me look for Time To Go in here.

Doug: Page 169?

Colette: No, I don't need the guide book. I'm looking for the card to show you guys... If I can find it. I can't actually, so what. Whatever. It's the Time To Go is the fairy that's walking on the bridge going to another door. So, just the indicator of that alone means that you are leaving one situation for something else. So, it also represents being between worlds a little bit, but more of the leaving behind something piece of the between worlds cards because those two cards actually are kind of cousins.

So if you look at Time To Go, it can mean that it's time for you to pursue something new. It can also mean a behavior, it's time to leave a behavior behind. Say for example you're asking about a relationship and Time To Go comes out. It doesn't mean you leave your relationship, but it means that you leave the dynamic that isn't working. What else do you have on that one, Doug?

Doug: Yeah, I just think that it's really about ending then beginnings, or completions. So it's about what needs to stop, and I think that challenge that we have in our lives, and this is especially true for some of us that might be all or nothing type people. We might think, and I do this, I speak from experience. We might get that card and immediately go to the place of, "Oh my god, sell my house, move to another city, and start over." We go to the big way of thinking rather that say, is there, as you just said, a behavior or a way of thinking or a way of being that is getting in the way? So, not trying to let it be... Not letting our mind misinterpret it in such a way that it goes to big whole based changes, but being really clear and saying, "What is the thing that needs to be completed or finished in me, right now?" And I think that gives us a little subtle nuance or discernment, perhaps around that card.



Personal Mastery 2019 - Live Call #8

Colette: And I love that you brought up the word nuance, the subtle nuance, because that's what you're going to learn in Shared Wisdom. You're going to really get a more nuanced way of working with the cards, but even now, even if you don't move forward to that, that's how I want you to approach the cards now that you've been through this amount of learning. Just allow yourself the freedom to kind of move between what you've seen, and have a more nuanced. Ask yourself more questions as opposed to being black or white.

Now, All That Glitters is the one... it's a funny card because both of it operate in reverse and has a bit of a challenge in it, even the upgrade version. Because it basically tells you, when you get All The Glitters, it doesn't mean that All The Glitters isn't gold, right? It's actually not saying to you what is obvious, which is, you know, this may not be good. That's not what it's saying. It's saying to go deeper. It's saying, go beyond the surface, beyond what you see on the surface. Get to know the person better, for example.

Doug: Yeah, look below the make-up.

Colette: Yeah, take off the make-up.

Doug: Look below-

Colette: The mask.

Doug: Look below the make-up or the mask, yeah.

Colette: Because there is a mask in the picture, it's on them gold coins, but there's something valuable. That's why there's a big pile of gold coins, because this card also asks you to look for what is valuable. So that's another good thing to ask yourself. What is valuable here? And what am I valuing here?

I'll give you an example, and I'm going to bring up a lot of stuff around relationships tonight, because that's what you're playing with in a lot of the questions you're asking. Say for example you got All The Glitters and you're asking about a relationship, and you're confused, like, "Why is this warning me?" It may not, it may be asking you, "Do you value the fact that your partner has a lot of money? Or that they have a nice car? Or that they're popular, or that they're super smart." What are you valuing about them? Or that they're kind and gentle or we can go from the spectrum of materialism to more intrinsic value.

So, if you think of that card as it comes up in the upright position as discerning value, and also how you project value onto something. Doug.

Doug: No, I think you said it, I don't think I can add anything to that. I think... The way I always look at that card is, because at first for me, it was very confusing because I thought it meant things were bad or good. And we do that a lot, we look at cards sometimes, and just as I said, looking at it from this big perspective with the last card, we can look at



Personal Mastery 2019 - Live Call #8

them in a very black and white way, and not all of them are that way. And this one in particular is not.

You're looking below the layers, and so I love the fact... I forget about the fact that the mask is on top of the card. It's like you're looking behind the mask. So the challenge is, to really not be distracted by the glitter, but to look behind it.

Colette: Exactly. It is a little bit like that. So, Maria, all the cards, all of the cards have a connection to each other, just so you know. And yes, I'm glad Karima, no card is bad or good. They're all good.

Doug: Good, that's the way it should be.

Colette: Why represents motifs, so when you look at the why card, it's asking, "What is the motive behind you asking the question." What the motive that you're discerning. It's like what's your why. It's different than what's the value. So there's a subtle difference of that. And it is asking you to go beyond the mask of what you see, so what's missing, or what's hidden.

Now when that card is in the protection position, it also tells you, it is pretty strong, it's actually the strongest card I would say of all the quote unquote negative, and not for you also. Those are the two cards in the protection position that are the strongest in your face, like poke you and go...

So because it is like an addicts card, I like to imagine that when All That Glitters-

Doug: Interesting.

Colette: Right? It's an addicts card. Think about it.

Doug: Very interesting.

Colette: When you're looking for what you think the thing is going to give you and it won't, right? That's why it says something rotten is in there. So you've got to look at how are you trying to escape what's true? So that's another thing to think about with All The Glitters, as well.

I could have written an entire book on every card, and I probably will one day because that's probably going to be in my opus. I could write pages and pages, but I wasn't sure anybody would read it, and Hay House doesn't want me to do that anymore so, oh well. I get to do it in my classes.

So the next card would be Orphan, all right? So Orphan, what do you think about Orphan? So the Orphan card is a card that does two things. It talks about the nature of the separated egoistic mind, right? So that when we are coming from a sense of separation, and it can move from being separated and independent and seeing yourself



Personal Mastery 2019 - Live Call #8

as self. It can be healthy or unhealthy, it doesn't matter, but seeing yourself separate from others. And then two separate, because orphaned means you are not connected to anything specifically. So on a very positive level, that's a card of individuation, right? Where you are betraying your old family story in order to individuate into your own and you create your new family. That's another way of thinking about orphan.

And actually, just so you guys know, we were talking and Anna was going to fly up and maybe Doug too where we were going to rent a theater for a couple of days in Toronto, so if anybody wants to come, we're not charging anyone, and we're going to go through the entire deck. We're going to riff on every single card. In ROTO, we're probably going to be doing that before Christmas. We'll give you plenty of notice, if anybody wants to come. It's just going to be open for Oracle school students, and again, get your asses there, stay for a couple of days and we'll just go through the whole thing.

We're going to be filming that, so it's going to be something we have planned, we just don't have the date yet, and we have to rent... We have to find out how many people, we can probably only get 60 people. But anyway, that will be a lot of fun, and you guys can ask questions and stuff.

I digress. And we can really riff on a little bit... Because that's the other thing. Once you start to really get involved with these cards, you want to expand. They are like the icebergs. I talk about that in one of the webinars. Every card is like an iceberg. We only see this part but it's vast underneath it, right? It's going to be vast.

Yeah, Jacqueline, you'll be in. You'll totally be in.

So anyhow, what's the last card? Does anybody else? To be fair-

Doug: To be fair with the other one, yeah.

Colette: And actually, weirdly, I get triggered by that card, and I wrote it. I'm like, why is it that I personally, when that card is in the protection mode, that I go a little wonky-doodle? And it's because I talk about unfairness and unjust. Things that are unjust. That sometimes life, on life's terms sucks. And that doesn't mean it's predicting that, Doug and I were talking, right? We were just saying about sometimes we look at a card and go, "Oh."

Even I who wrote these things get like that and that particular card is a difficult one because it really represents balance, it does represent fairness. It represents equity, like an equitable solution to the best of your ability. It brings things into a more egalitarian low. And when it's in protection, it shows that it's out of balance. It really shows that, that you can right that, somehow that you have to spend sometime righting that or accepting. It's also part of radical acceptance because, sometimes life sucks, and you've got to just accept it. From there, you get the freedom to make different choices and change it.

Anything to add onto that?



Personal Mastery 2019 - Live Call #8

Doug: There's this idea of a cycle of balance, and it comes up a lot, I think in the relationship one. And the Oracle's message specifically does where it's like, there are going to be times that are challenging, there are going to be times aren't. This is about the balance of life over an extended period of time too, and so just know that it's calling you to be fair, it's calling you to be in that place of equity, and it's reminding you that over time, there will times that are tough and there will be times that are good. Both are true. I see that, and it's our job to say, what do we want to stand for in the midst of that. How do we want to show up in the midst of that.

I think it's kind of reminding us to say who do we want to be in those situations when we're in those times.

Colette: I love that. It's true. Who do we want to be and how do we want to show up. I really like that, and can we approach something in a more balanced mental state, right? That's the other thing. So whenever now when I get to be fair, it is about a little bit like the observer, even though the observer is the observer, it's asking us to come to the table with a more balanced state of mind too. This and that, and also to remember, this and that is true, right? Rarely do we have full balance. It's not possible. We're always tipping the scales a little bit, so it's getting comfortable with that. Humble in the hides, oh, I love that one, Robin. That's a great one.

Doug: Yeah.

Colette: Okay, so let's follow our... Anna's notes. I'd like to go to Anna's notes unless there's another question you'd like to...

Doug: Well there's a question that is in the Q & A that Anna's got for us. It's from Danny Blitz and he talks about the module six home plate talks about doing a next right action reading. And was just wanting to know if we could just do a quick re-explanation of that.

Colette: Yeah, lets-

Doug: And where did we miss that because I didn't see it in the home play myself, even.

Colette: Where is it? Sorry?

Doug: He said it was mentioned in the home play but I don't see it so it might have been something that was mentioned in the video.

Colette: Say that again?

Doug: Next right action.

Colette: What is the next right action?



Personal Mastery 2019 - Live Call #8

Doug: Yeah, just when you're doing a reading for next right action. It's really just a single card-

Colette: Single card, like for example-

Doug: It's different than an anchor.

Colette: What's our next right action... Is to surrender to changes. Now here's a perfect card for everybody here in Personal Mastery. What would your next right action be? It would be to surrender to the changes that have come as a result of doing this class. It'll be as if you've created a wind, right? Or that the universe is also now coalescing and moving itself to meet you now where you are at your frequency. It's different. So it's like yes, you're re-potting the change in the wind. That's right, you have to experience the kind of feeling a little bit out of control when you're in that new pot, right? It's so true.

Doug: I think I really love that.

Colette: What do I do? So it's the next right action is what do I do, and then that's the card.

Doug: Unlike the anchor card for example, where we're talking about what's the theme I'm dealing with today. As a coach, one of the things that I often when I get to the end of every call with a client is what is the next right action they need to be taking in this situation? So we might do a reading about, let's say, it's a relationship with a leader and a team member. Or, you might do a reading with someone about their job or about something going on in their family. You might then at the end of that, pull a next right action card and say, so what is my next right action? What's the thing I need to be focused on doing or being and that card can give some real aha.

It's a single card, it's like an anchor but rather than being thematic, it's more directional and action oriented. So it's about really guiding you into a place of something to do. So, hopefully that helps, Danny and kind of is clear for everybody else.

Colette: I thought I had something to add, but I don't. Next question.

Doug: Yeah, well I think we can talk about, if there are any questions, the content we have here, and I don't know if you want me to go over all of that, but guys, as we're just kind of looking through your questions and Anna has certainly asked those. Oh, we have one more from Paula, Colette, that came into the main hall.

Colette: Oh great, okay. And here, right, I've got the list here, so I just want to make sure that we get that. Right, Paula Gray. Oh, this is excellent. In a relationship reading, if you don't have the other person's permission, can we give specific examples, and how do we word the question regarding their perceptions? Okay. So here is... okay, so this is what's really interesting about readings. When we say, how does a person see me? It's conjecture because you're always doing the reading based on the dynamic that you're experiencing.



Personal Mastery 2019 - Live Call #8

It's not necessary how they see you, it's how you experience how they see you or how you assume that they see you.

So you can't actually 100% know how another person perceives you at this stage of what we're teaching you. That's different. When we get into Shared Wisdom we go a lot deeper on these things, but we haven't taught you that yet here, in Personal Mastery. You weren't meant to learn this like a much deeper way of going into it because a, if you don't have a person's permission, what we're still teaching you is how you experience other people. Not what do I need to know... it's about how they affect me or what I perceive their perception of me is.

Say for example, you're dealing with an unavailable person, and you think that they are somehow judging you, but they're just super shy. But your perception of them is that they're cold, right? It's a very different experience, but you are trying to understand what you're taking on. We don't actually show you how to do that. That's more of the intuitive reading, like when you get into a reading with somebody about somebody, when you're reading about somebody else to somebody else, it's actually different than when you're reading about somebody else for yourself. It's a whole other ball of wax.

All I can tell you is, you would say, "How is this person's perception of me affecting me?" And then you will learn a little bit more about you are being impacted by their energy. You cannot really know them because you're making assumptions about them. Unless they gave you permission, in which case then you could go to town. If they say, "Yeah, no problem, go check it out." Then you can say to them like... Oh wow, my husband and I have done this together. I will pick a card for me, and he'll pick a card for him and about how he experiences me, I pick a card how I experience him, and then we share it with each other and realize, holy crap, that's not how we feel at all, but I see how my behavior is making you feel like this.

It becomes this extraordinary conversation, so it's how we experience other people's energy directed towards us. Because that's more important than knowing what somebody thinks. That's not important at all. It's how you experience how they think, right? And so... Does that make sense everybody? Is that helping everybody there?

Doug: The funny image I have in my head, Colette, is it's like Oracle cards don't let you spy on other people. They let you spy on yourself.

Colette: That's right.

Doug: Right? It's not here to help you be a spy on somebody else where you don't have permission, Oh, I'm going to see what they're thinking and see what's going on. Instead, it's about what's going on for me in that context? And again, once you have permission, that's not spying. It's a different story all together. When it's about you, like in my relationship with Chuck, one of the things I will do with my partner, I've often said, "What is the role he's playing for me right now?" Like what is his impact on me right now? It's not about him, but it's me, and what am I letting him... What's the role in my life right



Personal Mastery 2019 - Live Call #8

now that he's playing? That can be a very interesting question to ask about a relationship, because you really get clarity about how each of us can play a role in that. It's really not about what's going on in his head, it's what's going on in my head about him. That's the bigger story, right?

Colette: Yeah, and Karima, you said, "Can we ask where the relationship is heading?" Okay, so, here's the deal. In this specific course where we're teaching you how to use Oracle cards to know yourself, what you're doing here is asking about a potential outcome. When you say, where is the relationship heading? Let's say that it's heading into a snafu, a temporary snafu, and you read that and it's like it's going to be over. You have to be very careful when you are looking at where is this heading. Because where it's heading is the next experience that you might be having with it.

So a lot of people tend to look at the predictive aspect of cards, like where is it going to go? In other words, are we going to get married? Is he going to love me? And... Is this going to work out... So you've got to be really careful at this stage. I am going to be doing a course about how to work with Oracle cards, I will be talking about prediction et cetera at that point, but that's not what we're doing here. I want you to be very cautious with asking where is this heading when it comes to relationships because what you think of me is none of my business. How I react to your energy towards me, is all about me. Thank you, Robin.

So yeah, be very careful you guys. It's because emotions are involved when it comes to relationships, where is this heading is difficult. It's a difficult one, right? Because again, you could predict something that's maybe just happening in the next two hours and you think that that's your end destination. And I made a list-

Doug: Colette.

Colette: Go ahead.

Doug: No, go ahead, I just wondered... The question that I had Cynthia was what role is Chuck playing in my life right now. What's the role? You're so funny, which she is. That's very much true. But there's another question Colette, I'm just curious what your thoughts are on it. I think I got it from an early, either an early deck or something. Let me just check this. The idea of rather than where it's heading, what is our combined energies representing? The combined. It's not about predicted, but what's the combined energies of this relationship for me? Is the way I would word that. So for me, would that be a good question? I'm just checking it. I don't know.

Colette: Yeah. It would be. It's like what is the impact of our combined energies for me.

Doug: Or me.

Colette: And also for my growth, or for me? Again, because we're talking about Personal Mastery, we're very specific about this. Share Wisdom is out there for Personal Mastery is here.



Personal Mastery 2019 - Live Call #8

And Laura just said too, "Might a question be posed for example in my relationship with so-and-so, what do I need to know about the energy I project?" It depends on how often you ask the question too, right? So let's say you ask... I have not idea, Laura, if you've asked this question before, but I think that you want to combine it. In a relationship with so-an-so, what do I need to know about the energy I project? In other words, how am I affecting this person? Perfect, thank you Laura. Thank you.

How is my energy impacting this potential relationship or the relationship? Does that help, Laura? Because how is my... right? It's so simple. When we were talking about perception, exactly. So if we're looking at in my relationship with so, what do I need to know about the energy I project could be that you might be afraid, for example. Whatever energy we project, a leg-up, let's pretend. Let's just have a pretend conversation.

Doug: Pretend is okay.

Colette: What Laura asked is really good. So the pretend is... Yes, or withholding. A leg-up may be meaning that you're too helpful. I'm not meaning, I didn't pick a card for you, I'm just picking a conversation, like it could be. Let's say the person asks that question and got a leg-up. What's the energy I'm projecting to that person? I'm being super helpful. I'm doing all the emotional work. I'm the one with the leg-up. I'm giving, giving.

Doug: Right.

Colette: And so you can look at that, right? Cynthia was like that... right? The card would say, would tell you a little bit about what's my... Oh, and I love that. What's my energy? I just asked in my head about you guys. What's the energy I project to my relationship with you? I'm loyal to you, I love you all. It makes total sense this way. It's just different ways of doing it.

Mending is also good. What energy do I bring, do I project? Oh, I'm a forgiving person or whatever. This is actually a really... we could go down the rabbit hole on this one.

Doug: Yeah, for sure. Yeah.

Colette: Great question. Okay, so let's move on.

Doug: One of the things-

Colette: Sorry.

Doug: Well I had a thought, because this is a good time to bring this up.

Colette: You have a thought.



Personal Mastery 2019 - Live Call #8

Doug: We've been talking in this course, at the end of this course we talk about using another deck. And you can talk about a module six and I know Crystal Spirit came out this week, Crystal Spirit Oracle, and I'm wondering, this might be a good thing to do where you pull that final card from a second deck. And I wondered if you wanted to talk about that or just mention that now while we were here. I thought it might be a good example.

Colette: Well sure, well here's the thing. That Crystal Spirits deck was actually created as a deck on its own but was created as an adjunct to my other deck. It was always meant to work with my other deck so it's really a good one. Goddess deck will work beautifully. I'll tell you that I suggest. Wisdom of Avalon works beautifully. The Enchanted Map, Wisdom of the Hidden Realms. I would stay away from Mystical Shaman unless you really know it, because it takes more work to understand it, and so... I wouldn't use Postcards in Spirit, I would not use the Oracle of Eve. I would use Spirit Animal, Crystal Spirits, WOTO Goddess deck, what else. Yeah, those cards. Pick amongst those cards.

Doug: The P.C. Cast card is the only other one you would not use, I think.

Colette: Yeah, I would not do... I had forgot I did that Oracle deck. Yeah, the other one, what was it called? The House of Night.

Doug: The House of Night.

Colette: It's a vampire deck. Yeah, so you don't want to do that one. So yeah, you can... And The Good Tarot also. If you know tarot, it's also very good. So, if we want to do... You want to do something with the crystals?

Doug: I just thought you did this reading, like if we do one for a relationship, I mean I'll just do it for myself and Chuck, right? So what's the combined? You know we... What's the combined energies or my relationship with my partner for me? And I'll just pull a card for myself here, and I got, Aura Light number eight, which is beautiful, you can see how lovely that is. I don't know this card very well, this deck very well so I'm very excited to read what it says.

Colette: I actually did it on purpose that made people read the guide book. I thought, I'm going to make them read the guide book, I'm not going to even give them a word.

Doug: So this is great. It's all about the... The card is all about mindfulness, meditation on the present. Are you mindful of what's going on right now, it's qualities, it's patterns. Aura Light spirit, once you observe what is working, so you can build upon it. To see what is not working, so you begin to address it. Be fully present in your relationships today. Meditate and then as you interact with those you love, pay attention. Observing without judgment. Noticing what is happening without spinning a story of should and ought to have. Open your eyes that you might deepen your love and connection for now, your ability to be present and free of distractions is very strong.



Personal Mastery 2019 - Live Call #8

Now this is perfect, because for me, again, especially in this reading, so Chuck and I are having lots of big conversations, lots of things going on in our life, and it's so good because it's just telling me to not spin out. It's telling me, it's not saying Chuck, it's not about Chuck. It's me, right? It says stay in the present, Doug. Just observe without judgment, love him as he is, he's going through some big changes in his life and you know, there's some big things, and so I get to be focused on how do I deepen my love and connection with him.

So notice again how we can take a card about a relationship, but it's not about the relationship. It's about what I need to know what's the gift of this relationship for me to combine energies. So beautiful and very accurate, frankly given all the stuff that's going on for us to just stay in the present. So I love this. And by the way, we should mention, the Crystal Spirits, like WOTO has an essential meaning, a relationship, a prosperity, and a meditation. It does not use protection readings, but it does have meditation at the end. So it's got a specific section of relationship I read.

Colette: And if it has... And also, if you do get it upside down, it just means you might have some resistance to what it's saying to you, so you have to pay extra attention to that.

Yeah, thank you Doug to bring up Crystal Spirits because it is true, what we do in Shared Wisdom, which we'll tell you tomorrow also is we work with a council and that means that we work with five or six decks, each person picks the six decks they want to work with, and we show you how the different decks work together and give you an incredible resource of information about a comment or a, I mean a question that gives you all the different facets of the diamond that you wouldn't get if you just used one deck.

Thank you, Doug for bringing that up. That is one of the fun things that we do.

Doug: Well I love that and I just think because we talk about it in this course, I think it's helpful for us, and there are lots of decks that you can do this with, and even on... Go to Colette's website, colettebaronreid.com you can use some of the decks there if you don't have them already. I think it gives you, one of the things that we'll talk about in Shared Wisdom as Colette mentioned is you hear a different voice in each of these decks, and I think Crystal Spirit has such a gentle teachers voice to me that I love the way it comes across. I think it can be really helpful adjunct card for a reading.

Colette: Yeah, it really does. It gives you a really good... So again, you'll find what you're attracted to especially if you pick a card for something, and you want a second opinion. Or you do three cards and you'd like a second opinion. Then you decide, oh, I'm going to chose a Crystal Spirit's deck for my second opinion card or my clarification card, or I'm going to choose a different deck. So at this stage, you're actually ready to do that. But again, keep remembering, you always want to create or the question so that it reverts back to you and your experience of that answer that you're looking for is really about you.



Personal Mastery 2019 - Live Call #8

I'll give you a really good example about this. I remember doing a reading for somebody who just wanted to know, and I made a living as a predictive reader for a long time before I moved over to prescriptive and then started doing intuitive strategy for high level executive types, or mostly entertainment people, well, rich people. I shouldn't have said that. Actually, they're more influencers, I would say. They just happen to be wealthy too, and ended up being able to influence lots more people so that's why I started working just with influencers.

What I learned about that when I did that was that they were really looking to see how can I make a greater impact. I only picked people to work with that were interested in impacting people in a positive way. And they were very powerful and that really helped me change my viewpoint too because I spent time with people who only wanted to know how they could be better influencers. How could they do better for others, because they weren't worried about money for example, right? So when I went from the predictive readings, which were all about when this is going to happen, this girl asked me, "Is this guy, my guy?" And I'm like, "Yes, but..." I'm trying to explain to her, "But my prescription for this is..." "Well good." That's all she wanted to know, is he my guy. Am I going to marry him? I'm like, "Yes, but this is not a good choice." She didn't want to hear that part.

So, this is another reason why I stopped doing predictive readings and why I stuck to the clients who only wanted prescriptions, and how can I do better. You can have that answer, yes, this person is yours. Yes, this is going to happen, but is it good for you? That's what we want to know. Leave this for the highest judge. I went off on a tangent there, but I kind of wanted to explain to you how I got from here to there. Marc can take it out.

Okay, so let's go... I'm terrible. Chuck, I'm not terrible. All right, so let's move on here. Don't take it out, I'm kidding, I'm kidding. I know, I love that. I mean you know what it is? I feel like I'm sitting in my pajamas, although I'm not in my pajamas, but I love Oracle school so much, I realize I'm sitting here with all you guys, in my little private space, with all of you, and I let you into all kinds of things even if they're inappropriate thoughts. You get everything. I did because people didn't want to hear was it going to be good for me? No. They just wanted what they wanted, right?

Doug:

I just want to say one thing about that Colette before you go on to that. I think one of the things that has happened with your work and with the work we do at Oracle school is it had a huge shift a number of years ago. It was a shift to be about helping people live their lives in a more, and as we say in our course materials, unique, authentic, and inspired way and a co-creative partnership with Spirit. It's taking some of the woo-woo and bringing it into the real and raw, as you like to say, and it is in fact bringing... How do we do this in a daily life perspective? How do we live our lives no matter who we are, where we are, what we do in a way that's real?



Personal Mastery 2019 - Live Call #8

I mean certainly that's all its meaning. Colette always talks about how we met, buy guys, here's the true story. I met Colette at a concert she did in Canada 20-something years ago, right.

Colette: Oh my god, that's right.

Doug: A small concert. She didn't-

Colette: I was singing.

Doug: ... know who the heck I was, and I was just all of a sudden in love with her. Next thing I know, we do stuff online, and I get on her online community group she had or something, and then about when I turned 40, which was 12 years ago, I said, "I need to reconnect with her work." And honest to god you guys, I listened to every single one of her Hay House radio episodes and podcasts. Every single one. And what I realized is that what had been happening for her what was been happening for me. I knew I needed to have a more authentic life in my world. I had been in this leadership development space and team building space, but I needed to find a way to bring my spirituality into this in a way that completely aligned.

So it wasn't a separate part of my life. It was my life. That integration was so crucial and so thus began an even deeper journey for Colette and I. Even though we knew each other, things shifts more. And who would know that a few years later, she-

Colette: He came to every class.

Doug: ... hosted a radio show.

Colette: You came to every class.

Doug: Yeah. I mean it's just crazy.

Colette: Yeah.

Doug: My point is, it's about being practical. It's about being real. It's about... we want you guys to have this in a way that can really make a different in your life on a day-to-day basis because it has for us. Those of us that are up here talking, Anna, the mentors, we've lived it. We've it in our daily life as life shows up on in our place, and life on life's terms. We've got to meet it that way. We use this stuff regularly.

Colette: Yeah, we do. We live it, we live it. We live it, we walk it, we cry about it, we fall down, we mess up. It is what it is. But one thing when Doug and I got to know each other again, more so. I don't even know how it all evolved. I remember just one day I asked you if you'd like run my... What was it?



Personal Mastery 2019 - Live Call #8

Doug: That online-

Colette: Members lounge.

Doug: Members lounge, yeah.

Colette: I was living in Sedona, like 2005.

Doug: Yeah.

Colette: 2005, so that's 14 years ago. And it just kind of evolved into more and more study and having these deep conversations, and then, Doug actually came to our house and did a specific... like the insights. He ran-

Doug: Team building.

Colette: ... amazing union based company for executive coaching, so he came on board as that. Anyway, it's a big long story, but what we do here is we are a sum total of our experience, and Doug is a talented in intuitive too. He does readings too, et cetera. And both of us were like... You know, it's one thing to predict where the, "That year, that's going to happen." Everybody predicted I was going to get a TV show. Everybody predicted I was going to have this other thing. But what is the prescription to experience your life fully each day, every 24 hours so that you're not attached to a destination? That you sit like an armchair astronaut staring at it.

Doug: Absolutely.

Colette: And, right? So it's really, really, and it's really key that we keep changing and learning and meeting ourselves where we are and pushing past our barriers. That's what the unique, authentic, inspired life is all about. That's what this course invites everybody to see for themselves. It's like, what is it for you? Your version of you is not going to be the same as anybody else. You can never compare yourself. That's why I always say, everybody is equal in here. Nobody is better than anybody, this is an equal opportunity spiritual experience.

It's finding what that is for you not by deciding and naming it, but by moving away the internal obstacles that you have that creates that wounding, that woundology that you is in your unconscious, that you're not even aware of. We show you how to be aware of that so that your amazing life actually finds you. You don't have to find your purpose. It comes and knocks on your door, right? Doug, I just went off on a tangent.

Doug: Completely. Nope, completely.

Colette: I love it.



Personal Mastery 2019 - Live Call #8

Doug: It's good.

Colette: So lets... What is our next thing? Hold on one sec, just get my list. I could go on forever and I'm now just babbling.

Doug: Well, I think we've got some good questions coming in that Anna's getting.

Colette: Okay.

Doug: There's one at the top of that you might want to take a look at, Colette, because I think it may be something that a number of people deal with. It's from Karima-

Colette: I do want to first talk about obstacles.

Doug: Perfect, let's do that.

Colette: Yeah, before we take Karima, and where is that?

Doug: In the Q & A pod.

Colette: Okay.

Doug: Karima is in Q & A.

Colette: So, I do want to talk about the possible obstacles that happen for all of us. Do you want to come up now and take a bow? You are an obstacle. Okay, here we go. Mommy loves you. She peed on our bed last night. You're a bitch, we had to take our duvet to the-

Doug: Not.

Colette: She's one of these kids that wets the bed every once in a while, and we're like, "Oh my god." Not that you need to know any of this.

Okay, so obstacles. What comes up for obstacles? Okay, a desire for an outcome. That is the biggest one. Where you guys want something to happen or you want somebody to experience you in a certain way, or you want a reading to be right. And wanting to be right, wanting to know in advance sometimes. Like tricking yourself, that is a big obstacle that you'll bump up against time and time again, and it's okay. You have to say to yourself, "Oh, that's the big oh Colette talks about." The obstacle comes from inside us, also when we're about to up-level.

When we're about to up-level, what happens is obstacles seems like they're happening to you from the outer-world, but in fact, your frequency is aligning with them to help you recognize what needs to change in order that you can up-level. So obstacles are sacred. I'd love for you to look at an obstacle-



Personal Mastery 2019 - Live Call #8

Doug: Beautiful.

Colette: ... as a sacred moment of slowing down. I've been challenged like an MO or wait, is it an MO? I don't know what it is, but it's been hard. Every time I'm like, "Oh wow, this reminds me of what I didn't deal with in my family, oh wow." This is the thing that really I have not faced this yet or if I really want this, I'm going to have to face that. And so I started to recognize, well I have started, I know. It's not pleasant. Your obstacles won't be right away pleasant. You won't go, "Oh yippy there's that great growth opportunity." They won't be great, but if you allow yourself to experience your obstacles as sacred, after you say, "FU obstacle." Then you realize, oh wait, I need to make friends with you.

That is what we want you to take a look at. If you have an obstacle, don't ignore it and don't try to run away from it because it will chase you. It will ask you, it's an invitation to the next level of awareness. And so, it can also be a divine detour.

And of course, Karima I'm going to go after your obstacles first. I don't take anything lightly. I mean, I'm not graceful at all when I deal with life, I will have my reactions and then I'll go, "Okay, is that over yet? Have I had my tantrum? Fabulous. Let's move along."

Okay, so let's look at the next question, right? Karima?

Doug: Yes. She says in the... Do you have it there?

Colette: Yes.

Doug: Okay, I'll let you read it.

Colette: Okay, yes, you doubt. Yes, Karima doubts. That's normal. Your intellectual mind... Okay, so here's what's true, you have a left brain and a right brain. Your intellectual mind can't fathom this because it's illogical. Everything that we teach you here is no logical. So what you said is, "I want to see what Doug and Colette say, think about my difficulty to make sense of everything." Correct, you won't make sense of it, and to discredit all the signs in my guides, "I really had a hard time believing that this whole world of guides, intuition law or thought or vibration is true. Always in the back of my mind I am doubting and it's taking a lot of space. Any advice?" Yes, allow yourself to have some sense of, I think skepticism is really healthy.

Doug: Yeah, for sure.

Colette: I don't believe in every fairy tale I hear. I've experienced everything I teach. Every single thing I teach is true for me because I've experienced it. So I think doubting the evidence, maybe if you could stop deciding where it's coming from and just pay attention to what is there. That might be a really great help for you. Instead of worrying if it comes from guides or law or vibration, how about, is this a synchronistic moment? Is this a meaningful coincidence? And bring it back to something that's more palatable for you. You know, a



Personal Mastery 2019 - Live Call #8

little bit more easier for you because your intellectual mind will never make sense of any of this.

And, your subconscious' job and you will learn about this in, if you move forward with us in Shared Wisdom, in the envision process training, you learn that the subconscious' job is to actually prevent you from moving from the logical conditioned self into the expanded self because it doesn't know what to do and it's not needed then. So you're going to bump up against yourself the more you explore this and it's really natural for you to have some second guessing, but if you could maybe just give yourself a second guessing diet, like put yourself on the diet.

Doug: Can I add a couple of things to that, Colette?

Colette: Yes, I'd love you to.

Doug: Yeah, so a couple of things... And I want to first of all, Karima, I want to ask your permission if you just put it in the chat, do I have your permission to pull a card for you around this questions? Something that might help you have insight into this?

Colette: Can we bring her up, maybe?

Doug: Yeah. Happy too. Yeah, let's do that. I just feel like this is a great example of a topic where pulling a single card could be really helpful. So, I'm finding you here Karima, I'm going to put you onto panelist. Did that work? Did I lose you?

Colette: Me? I'm here.

Doug: I think I've lost Karima. I don't find her anymore.

Colette: That can't be right.

Doug: There, she's back.

Colette: Let's see.

Doug: All right, now I see her again. Karima, I'm going to ask you to start video, and I'm going to unmute you. Can you hear us Karima?

Colette: Yeah.

Doug: Yeah. All right, can you turn your phone sideways for us? The other way? There we go.

Karima: The other way.

Doug: Now we can see you. Perfect. All right. So a couple of things I want to... So first of all, thank you for your question, and I want to talk about two things. I want to pull a card for



Personal Mastery 2019 - Live Call #8

you to help get some insight... Oh, there you went. There you are. The second things I want to do, is I want to talk about the fact, or ask you a question. Sometimes when we doubt, there are greater issues at the root of those doubts. And doubts are an easier thing for us to accept and one thing that I have seen in people I've worked with, and even in myself to be very candid, is I doubt because I don't think I deserve.

Karima: Right.

Doug: And I'm curious if there's any sense of just awareness about that for you. Does anything come up for you when I say that?

Karima: Yeah, definitely, yeah. Yeah, for sure.

Doug: What kind of comes up for you?

Karima: I'm the older sister of two siblings that I had to take care of, and I have a lot of responsibilities. So I feel that I always am being... because I have a lot of issues, and I'm following them all the time. So I'm feeling like I cannot be really out there when I need to take care of them.

Doug: Yeah, all right.

Colette: I would like to add.

Doug: Yeah, please do

Colette: Karima, I want to say thank you for being courageous enough to say that, because I think it's... No, I really mean it because these are the kind of thoughts that make us isolated from each other, when we're scared to share that, so I really want to thank you for sharing that because even me who has done this all for 30, I don't know, 34 years, 33 years, 30 years now, more than 30 years. I will have days when I doubt. And I think have I been making this up for 30 years? There are some days where I feel like there's nobody there, or whatever. It's like... So I get it, and I also what to ask you something, with your permission, or how about I just say this to you. It is also very common for people with very strong religious upbringings to... Does that make sense, right?

Karima: Yeah.

Colette: Right? So you have that little thing going, "Oh, I'm not allowed to be doing this."

Karima: Always.

Colette: Yeah.



Personal Mastery 2019 - Live Call #8

Karima: Yeah, I grew up Muslim and so even my parents would not really pushing me, it was always around, but I was never attached to it, but I feel like I'm giving up something. Letting go of something and acceptance of the new that I feel really related to.

Doug: Yeah.

Colette: Right.

Karima: And it's like this fear, but it's where you grew up. It's how you grew up.

Doug: Yeah.

Colette: Yes. And, this is also in certain countries, it's illegal.

Karima: Yeah.

Colette: It's actually illegal to... I was invited to Dubai and I couldn't go because I'm an Oracle card creator. Somebody told me, "Oh, you could get put in jail if you go." So, there is all kinds of stuff, and even with the heavy Christian background, burnt at the stake, shunned, there's an undercurrent of real genuine fear that you come to it logically. It's true, there's a true fear there. So I'd like honor that, that's also part of the threads that keep us from accepting this, so the intellect goes in to protect us like, "You're a danger, danger, danger."

Karima: Yeah, exactly.

Colette: It can't be real.

Karima: Yeah. And even I tried, you know the 24 hours card, it was beautiful, I had a hard time to understand my mentor were helping me, it was beautiful. And sometime I have epiphany, and I was like, "Oh my god. That is real." It's been like this and it's crazy. And I didn't even post it on Facebook. I post it only when I have issues, and I was like, "That is weird." I never posted when I had a pearl or something. I posted only when I had issues. That's what make me realize that all this time trying to justify the fact that it's not real, but when it is real, I'm not going to come up with it.

Colette: Oh my god, well you just did now.

Karima: Yeah, that's the first time. Did I say that?

Doug: You had to have a camera and lights, honey. Yes.

Colette: I'm so happy that you put up your hand. Doug, do you still want to pick her card?



Personal Mastery 2019 - Live Call #8

Doug: Yeah, I do. I have two things. Well I've already pulled it so I'm going to share it with you, but I do want to say this as well. One of the very first activities we taught you guys in the very first week, was the idea of doing the synchronicity journal. You need to do that. People who have a very heavy oriented brain, that tend to be more left brain centric, it's so helpful to write down, date a journal, this happened today and it was really accurate. I got this card and it spoke to me about this, or this happened after I drew this card. That gives you data you can go back to. And if that's the way your brain is wired, which some of us are, do that. It will help build new neural pathways for you.

Now the card I got for you, which I think is really fun. Well first of all, as I was shuffling the cards before I asked your permission, I have to say, the thinking card flew out of the deck. Thinker care, duh. I put it back in because I hadn't had permission yet, but what came out for you is breath and protection. What I got about this card is it's about getting outside and shaking off the stuff. Like getting into your physical body, like there's something about this, getting all that energy moving in you, and I don't know if you're an athlete or if you do any kind of activities or exercise, but I have this vision, when I saw this, of you playing soccer is what I saw. So you being out and kicking a ball around, and when you do that, it's when you come to life the most. Does that make sense to you?

Karima: It makes so much sense. I recently pulled up this card, and because it's been three months that I'm hibernation, I'm doing a lot of work and this card came up. And, because I feel that I don't go out enough, and just breathe in nature, and I was working out a lot and now I don't anymore. It's been three months that I stop. So it makes sense, and I am from Europe, I grew up in France, I grew up in France even through North Africa, I grew up in France, and so soccer is a big thing.

Doug: You need to find a group of folks to play with.

Karima: Everybody plays soccer.

Doug: Yeah.

Colette: And by the way too, can I say something for everybody here. When you do this work, walking, exercise, doing something to get... because we're so stimulating the upper shock ways or the upper energy centers. All of this is being stirred up, up here, we forget our bodies. So moving the body really helps because otherwise we get stuck, then we're behind enemy lines because the mind, the fears, everything goes rolling. That epiphany that you had felt so free, right?

Doug: Yeah.

Colette: And then the parts of us that are really trying to protect us... Okay, so that's the other thing. When you start to... Doubting is healthy. I think doubting is-

Doug: Yeah, totally, totally.



Personal Mastery 2019 - Live Call #8

Colette: I'm a skeptic. I'm like the least airy fairy crystal bunny that you'll ever run into that does this because I'm a science minded person too, but I know this is real, but I also have doubting days. Those are the days when I know something is preventing me and I'm going, "What am I afraid of?" That's the first question I have to ask. What am I afraid of? Most of the time it's afraid of repercussions of the outside. They won't like me, it's not going to happen. Do you know what I mean?q

Karima: Yeah.

Colette: It's like I was alone, right?

Karima: Absolutely.

Colette: Right, and there's too much responsibility that you have. "Oh, I can be grounded and do that and this."

Karima: Yeah, and it's like you are growing spiritually and it's funny that you say I need to go out because I've been having so much tingling up here and up here when I meditate, but I don't feel my body because I'm working too much up there.

Colette: Yeah, you need to go for walks, dancing, if you have a partner have sex. You know what I mean? It's like if you don't go play soccer. You really need to bring our bodies.

Oh, I love that we have a Christian and Episcopalian Pastors wife. Woo hoo. Yes, I love that. Yes. This is so awesome. Yes, yes. We can meet some resistance too, but also there's this sense of beauty in our connection to the divine that has no relationship whatsoever to organized ways of seeing the world. Do you know what I mean?

Karima: Yeah, yeah, definitely.

Colette: Yeah. There's something meaningful. Look at Sufism, you're Muslim, right?

Karima: Yeah. Sufism is like. And so I got interesting right now I'm learning because I was not aware. I'm learning so much about feminism in my religion, a woman-

Colette: Amazing.

Karima: And I'm like, "Whoa I didn't know anything about that." And I see that people mixing the Su and having their own spirituality. That's what I have to learn, having my own beliefs is fine. Believing in my own-

Colette: It takes time. It's takes time.

Karima: It takes a lot of time.



Personal Mastery 2019 - Live Call #8

Colette: And we are all here, look at this, we just had a Christian Episcopalian Pastors wife is here. We have Muslim, we have Jewish, we have Christians. We have all, we have Buddhists in the school. We have everybody. We have a community, a sacred community where we can share like this. Today I'm scared, tomorrow I'm not. We can stumble around in here and try and find... There's no perfect answer in the experience.

We can hide Preston from Shelley, look at this. You want to see Pastors wife. Oh my god, look at all these cool people. Recovering Catholics.

Doug: I have a phrase that my grandmother used to say to me a long time ago, and it doesn't work for vegans and vegetarians so apologies in advance, but she would say in her Southern way, "If you don't like something, just eat the chicken and spit out the bones."

The idea behind it, which I love and I say it and whenever I do client sessions, I say it at the beginning because the truth is, I may say something in a session with someone that doesn't land, it doesn't resonate, and that's okay. If something does resonate, take it, pay attention to it, and I think for you too, sometimes we'll take something. If one piece sticks out, we may think, "Oh just discount the whole thing." No. Pay attention to what's right for you. Take the stuff that works for you, and you will always have time to say, "Oh, that didn't land well." Yeah, great, toss it. Keep going. Don't let that be something that prevents you from getting the benefit of all the other stuff that's coming your way in that regard.

Colette: Yeah, take what you like, leave the rest and the stuff you're scared of, maybe you'll come back to when you feel better. Anyway, we love you, thank you for your courage. We are so happy you're with us, Karima.

Karima: Thank you.

Doug: Thanks Karima.

Karima: We did it, thanks guys.

Doug: Bye-bye.

Colette: So glad you brought her up. Do we have a couple more that we want to look at?

Doug: Well we want to make sure we have time for Anna to come up, and we want to make sure we have time for meditation.

Colette: Let's have Anna come up. Let's have Anna-

Doug: Because it's our last time, so we want to have some goodbye times.



Personal Mastery 2019 - Live Call #8

Colette: And tomorrow morning, don't forget you guys, 10:00 am. 10:00 am, me, Anna and Doug and Kendra are going to all talk to you about Shared Wisdom. We are going to have a time and we might cry and we might laugh and we might tell you everything. And here we go, everybody's... Anna's everyone's favorite head mistress is here. So Anna, you get to talk first, then I will talk, Doug will talk, then we're going to do our closing ceremony.

For this section, just so you know, you guys. It's only for this section. You're going to another section of this course.

Anna: Yes, I just want to remind you we're not completely finished. We have some integration and you guys are going to... I mean, you may join us in Shared Wisdom if the time is right for you. If not, you're going to go over to the membership site. There's still plenty for you to do, so you don't have to be terribly sad. It's all good, it's all part of this Oracle school journey.

I want to thank everyone here, all of you have been so amazing, and I do... I love what I do. I love it more and more all the time. I love watching you guys and talking to you guys and nothing makes me happier than when we're traveling and I get to meet you guys.

Colette: Yes.

Anna: I tell Colette about it all the time. It's like, "Please let me go with you."

Colette: She's the best. I call her Dora the Explorer because Anna will tell me what we're doing. She comes with me and she goes, "We're going to go here, we're going to go there, we're going to go here, we're going to go there." I let her drive, it's fantastic. She's the best most fabulous. So you can be guaranteed to see Anna at most of my live events.

Anna: Yeah, because I do. I love meeting you guys. I love meeting you all. So I want to thank you, I wrote my head mistress note saying farewell last week, so you can always drop in there and read them, but I wanted to say, because every time we wrap up, Colette says all these wonderful things about Doug and I, and Doug and I never get a chance to talk. But, I want to say that this has been a magical journey thus far, I know it's not over. And working side-by-side with Colette and Doug has been an honor. I learn every day from both of them. I love both of you so much, I cannot express it enough to you, and I want to thank you for trusting me, trusting me with your school, with this baby. Trusting me to steer this Oracle school ship.

Colette: I knew you were the captain when I set eyes on you.

Anna: Yeah, and what I want to say is to all of you, you were just talking about how we're all such a mixture of people in here, and we are. We all come from so many different places and so many different backgrounds. There are a lot of us in here, this has been our most diverse group and normally, at Oracle school, we don't talk about religion, and we don't



Personal Mastery 2019 - Live Call #8

talk about race. We leave all that because we're trying to focus on the message, but sometimes we do have to talk about it, and I'm going to talk about it right now.

This has been our most diverse group since we started Oracle school, and I'm so super proud of that. But what I want to say is that working with Colette, what I have learned, and what I want to say about her, is that she is not just talk. And when you are a person, or you come from a group that has been marginalized, you are used to people who are all talk. People who say, "Wow that's too bad, someone should do something about that." But Colette, she's so genuine, and she does the work, and she genuinely cares, and she genuinely wants to change things. And she listens, and she'll ask questions and she really, she dives deep, and she does what she needs to do to change the way things are so that people, when they look at... Her next deck is going to be stunning. When people look at it they're going to be able to see themselves in it, and see what the world looks like. I'm so proud of Colette and I just really wanted to tell you guys that she is an amazing person, and she is walking her talk.

I just wanted to say that, and I love you, Colette, thank you.

Colette: You're welcome.

Anna: I don't know what to say about that. It's like...

Colette: You make me a better person. You just make me a better person, Anna. Doug too. And all the students make me a better person, and I want to make the world a better place. I really genuinely do, and it's hard. It's really hard when we look at the systems that are in place, and everything that's... You know, it's going to take a long time, but I'm in it until I croak.

Oracle school, I have retired from doing sessions, I don't care. I've had a line-up from my old clients that have been wanting to work with me again, and I don't have time for them anymore. I have only time for you guys so, there you go.

I don't know what to say. Doug, you want to say anything?

Doug: Would you like for me to go? Why don't I go next.

Colette: Okay.

Doug: I have been incredibly privileged in my career to have watched literally thousands of people go through life changing learning experiences. From leaders who didn't realize how their personality was impacting their team, to team members who didn't understand how what they were doing and showing up was completely shutting down half of the other group, rest of the team. To people in Oracle school who come, in some cases, not even aware of their own sense of self, their own sense of power or their own sense of beauty even. And, I will say that in the 30 year career that I've had, there is no work I am prouder of than the work that I do at Oracle school.



Personal Mastery 2019 - Live Call #8

There's a couple of reasons for that. One, absolutely, is you, Colette, and it's what you've created, and as I have said many times, you have changed my life in more way than one, and I am grateful for our friendship, always, first and foremost. It is the most important thing to me, the fact that I get to do work with you is just the whipped cream and the cherries. So our friendship and your support to me personally, is at the heart of our relationship.

And I have to tell you, you guys I wouldn't be here if she wasn't the real deal. So, she absolutely, you, Colette, absolutely walk your talk. You and I have had difficult conversations when we get into a rough spot, we've had to be able to confront each other and call each other on our shit, pardon me, but we do, and we do with each other with love. I'll never forget that includes one day, I was having a little bit of an emotional eating spell at a particular hotel in Southern California that shall remain unnamed, and she said, "Are you going to throw those away now?" And I said, "Yes." one.

Colette: And he's done that for me. He's done that for me too when I

Doug: Yeah, we've had that conversation too.

Colette: ... why the reason I feel better. Oh.

Doug: And the second piece though is, really it's about what each of you bring to this school. Those of you that this is your first time around, those of you who this is your fourth time around, that have been here a long time, that are mentors, you come ready and willing to put your life in a place of openness and trust. To see what you can create with your life and where it is now.

You know, one of my favorite phrases is, up until now. And so often we'll say things in our lives like, "Well, I've always done this, or I've never done that up until now." Up until now creates a moment of pause for change and for transformation. And people come into this room and into this school, who may have never thought that something could change. But at the end of the program, they do. And it's because of you, it's because of Anna, it's because of all the work you do with your mentors, Anna, which is the most unbelievable, not only organization, but heartfelt aligned set of intentions that you create with those mentors to help make this school what it is. And frankly, it's each of you out there in the room, excuse me, the students. You guys are bringing this every time.

So thank you, thank you for letting me be one of your teachers, offering what crumbs I can offer and wisdom I can offer. I am so grateful for that, and for your trust in us. And as always, I wouldn't want to do it without Anna and I wouldn't want to do it without Colette. You're the best collaborators I have, so thank you, to each of you.

Colette: Oh boy.

Doug: Now it's your turn.



Personal Mastery 2019 - Live Call #8

Colette:

Well I'll write something to everybody because I'm so emotional right now and I have a dog that's biting me, and I don't know why, but she's not leaving me alone right now. I'm a little overwhelmed. I will say this, there's a lot of you who were around since the beginning. The new students, you don't know how it was, but things have changed and I am so committed to doing my own personal work too so that I can be a better leader and we do this as a team. I'm not the one who does everything. I have a team, a genuine team and we really are a community behind the scenes that makes this work.

But you know I dreamt of this. I dreamt, I wanted something that could really work. I didn't realize how hard it was going to be that I had to face how... My own stuff along the way, and so I'm just grateful that we can all do this together. I do it with you. I'm not a talking head that's just watching you go do all these modules, ask Anna. Doug, we go through it too, and for you, we want us to be more human. Doug is this amazing brave, real, loving, human, and that's what we all want to aspire to be, is more brave and more real and more loving human beings, and that the unique, authentic, inspired life. I wouldn't be who I am if you guys didn't show up. I didn't get where I am without you guys, and challenging me to do better and to better and we do it all together. And when I see the miracle that happen in the school, it makes me want to get up in the morning and do it again. And because when I feel hopeless, and there are days I do, you remind me that there are miracles.

So this is an us thing. Oracle school is an us thing. We are always transforming and Anna, I make a lot of jokes because I don't feel comfortable in a lot of my emotions because I have too many of them, so I don't really know where to put them all, but I can say this, there's a mission that we share, the three of us, Anna and I, Doug and I, the three of us together, the whole team, Jill, my husband who runs the company, we have a bunch of other people behind the scenes too that devote themselves to this. We are devoted to you.

When I met Anna, and when I decided I would hire her, and she wasn't looking for a job. It was literally, when I asked her she says, "Do I have to tell anybody?" I think it was hysterical. All she cared about was the student's experience. It's all she cared about, and you see that now. So I am so proud that for some ungodly reason, I managed to attract this bunch of people so devoted to other people's experience, not in an unhealthy way either. It's not like we're co-dependents on steroids either. It's a mission to make the world a better place one person at a time, including ourselves. None of us have to be perfect at it.

Okay Tinkerbelle. Jesus.

Anyway, you guys have done this work, and I'm telling you, I believe in everyone of you. I know that, I'm hoping to see some of you in person in Oracle school in the next course, but even if you leave and never come back, I know you have magic in you, and I hope you know that too as a result of being here. Like I said... Anyway, I don't want to go on. I'm



Personal Mastery 2019 - Live Call #8

going to write something nice for you guys, and it'll be in there by tomorrow because tonight I might have to cry first and then think.

So let's close up with a beautiful meditation for everybody, okay? And by the way, I do want to say this, the mentor program was an experiment that turned into something magical. Oracle school was an experiment, and there's a bunch of people in here who were in the beta class. The beta was when I decided, when I was figuring out whether I wanted to have a school. And knowing that if I decided to have the school, that I had to have it for a minimum of 10 years. That was my commitment. If I was going to do it, I was going to keep doing it, or if I wasn't going to do it after the beta class, I was going to dump it, because it's a lot of work.

So, the whole mentorship thing originated in one way and turned into this. And it turned into the beauty that it is because of Anna's leadership. So I really want to say this, I know, I look at Marie, I'm glad you didn't dump us beta's, right? Like look at how much we've changed though, right? The beta's know, and they'll tell you of how we've changed the school and how different it is, and just how... Just it's different. But now, it's like it's got a soul that... I don't know. It's really something and we've managed again to attract some pretty spectacular people that have come in voluntarily to come in to help you, and it's pretty amazing.

So I could go on forever, so I just want to say this, every single person that is here in this school, is important to me. Is important to all of us. And those of you who are going to be watching this on video that couldn't make the live call, I wanted to say to you personally, specifically tonight, how special you are, and even maybe even to the person who bought the course, and still isn't even past the fricking first bunch of videos. I want to say this to you too. Don't give up. Keep going. Keep doing this. I don't care where you are in this course. I want you to know that you are... If you are here, it's not by accident, and that you have something in you that we know can come out if you just let it. One tiny step at a time. So just know this that you are special and you are one of the lights.

When we close our eyes now, I want you to imagine that there's 950 actually, there's not. There's actually 2,700 lights that have all taken Oracle school, in all these years, 2,700. And imagine how many people of each one of you has impacted by just this, an inch of personal growth. Just imagine how much better the people are that you have touched already.

So let's imagine that every single person has a sparkler. A couple thousand people have sparklers and they've lit up all these other sparklers, and those people have lit up more sparklers, and so on and so on. And each time you drop an obstacle, each time you meet yourself at a place where you are wounded, and you forgive that part of yourself or you forgive someone else, imagine that there is more compassion and less suffering in the world because of it. You don't know how you've impacted other people. Just keep doing what you're doing. And just feel this intrinsic connection that we have now and we will always have because we are truly. We may be different from different places on this planet, but we really beat with one big old heart. I love you all.



Personal Mastery 2019 - Live Call #8

Bye. Hopefully I'll see you guys tomorrow morning at the Facebook Live.

Doug: We love you guys.

Colette: Get into that. Get into that room. Goodnight everybody. Thank you again everyone. Ah, I'm going to go cry now.

Doug: Bye everybody.

Colette: Bye.