



# Personal Mastery 2019 - Live Call #7

Colette: We are, we are.

Doug: We are starting the program.

Colette: Yes. This is the module five. Take a dive in module five. This gets good. We know we're good.

Doug: Oh, I like that. Take a dive in module five.

Colette: All right, Tinky. Sorry, because you've got here first. All right, everybody. All right. All right. All right. Say hello

Doug: Hello.

Colette: That name Mercedes, Tracy Jackson, did we not have a lot of fun together? Tracy Jackson is-

Doug: I remember Mercedes.

Colette: Yeah.

Doug: I remember Mercedes over there. She's sweet.

Colette: You remember Mercedes too. That's right.

Doug: I do. My little puppy dog is named Mercedes.

Colette: Puppy doggy, Simi Valley, Salmon Arm B.C. Yosemite Sam, can't wait for gold. Yes, this is golden. And we love you so much too. Taos, New Mexico, I love it there. Beardmore Eagle house member Indiana and the Thunderbird House, I love that. Minnesota, Western Australia. We were just talking about going to Australia actually today. My husband is ... not next year, but the year after.

Doug: That's exciting.

Colette: Yeah. We're going to plan a trip to Australia. So it's a big place though. So we have to figure out where most of the students are. Then Sophie, you're going to come. Ottawa Valley candidates, so pretty there. Northern California, I'm going to be there next weekend. Reyna, if you're interested, 1440 Varsity, me and Maureen Hancock.

Doug: I so want to go to that, Colette. Oh my gosh, I'm so excited about that event for you.

Colette: What is it? For me or?



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Doug: For me. It's an hour and a half flight from Portland, but it's such an amazing place and you want to go there for events. I just love the events there. They're so good.

Colette: I wish you'd come. Mark's coming with me. It'll be fun.

Doug: We'll see.

Colette: Yeah, you'll see. Dragon Full house, Sherry Nash or Sherry hash. Hey Martha, Nicole Sanguinetti. Ooh, are you coming? That's going to be so fun. Yes. Perth, Australia. I know. I can't go all over Australia, but I can ... Oh and Nicole is coming. Oh and Sharon is coming. Yes, it's going to be so much fun.

Doug: Oh, good.

Colette: Hi Colby, Angela from Dallas. Oh my God. I've been watching this show because I was so jetlagged today and I decided to do absolutely nothing spiritual. Okay. Nothing. So don't I end up on some soap opera called Queen of the South on Netflix. I don't know if you've seen it before, but it's kind of ... when I first saw it, I thought it was in Spanish.

Maybe it's partly something on ... anyways, it's so bad. It talks about drug dealers. Very, very not spiritual. Yes. Yes. Massive jetlag for Mary Elizabeth. I know, I know. Oh, Doug, you froze.

Doug: I'm here. No, I'm here.

Colette: Oh, you didn't?

Doug: Am I freezing?

Colette: No, you're just-

Doug: I was just being braced still. Oh, I'm centered. We want to bring up Anna.

Colette: Okay. Yeah.

Doug: Yeah. Let's find our friend. Where's our headmistress? Where is that wonderful human being?

Colette: Where's Anna? It's time for Anna to jump on. I-do-nothing day, right Brian? I know. I love those, do-nothing days. So it's like-

Anna: Hi everybody.

Colette: Oh, look how pretty she is.



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Doug: Look at the puppies behind her.

Colette: Very nice. Are you in Jens?

Anna: I'm at Jens. I am still in San Diego, everybody.

Doug: Tell that girl hello for us. Jane Louisa, hi.

Anna: Okay, hello Jane.

Martha: Hello.

Doug: Oh, my gosh.

Anna: Come see who I'm with everybody.

Doug: We're going to be jealous. Oh, Joe Babington, hey there.

Anna: Joe Babington

Doug: We love you guys. Such amazing women there.

Anna: Love you guys.

Doug: Love you too.

Colette: That's on at the dream quest mastermind this weekend. It was just a awesome.

Anna: We had such a good time.

Colette: Very, very good. Okay. So Anna, why don't we start off with our housekeeping from the fabulous headmistress.

Anna: Yay. All right everybody. So Anna has been traveling so I haven't been in there as much as I can be, but I have been popping in. It's been fairly quiet. You guys are doing great. This week, I will be posting. I'll be home tomorrow morning and I will be posting in each of your rooms of a couple of things. I will be posting this week the link to get into the integration room.

Colette: Yes.

Anna: Now mind you when you come in, it will be a quiet room because it won't be open for posting. Nothing will be going on until we get everybody over there. Okay? So that's what you'll be getting and I'll explain more about integration and all of that stuff. We don't



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need to spend time on that because we have a lot of other things we want to spend time with today.

And then the only other thing I want you to know is that tomorrow I will also be posting in each of your rooms the threads so that you can find partners to practice with. Right? And that is a big... that is our ... I believe our theme tonight, just going over, because module five is all about partnering up and so we don't want to spend a lot of time at the beginning of the call. We want to try to get to all that.

So you'll learn, take notes tonight on what Colette and Doug are saying and tomorrow, I will have more information for you because we do want you to follow sort of specific guidelines to work with each other. And that's kind of all I really have to say.

Colette: Thanks Anna. That's fantastic. So I think Doug and I are going to get right to it.

Doug: Thank Anna.

Colette: Thank you.

Anna: Yes.

Colette: Let's do a little meditation where we ... Oh, Anna's not leaving though. She just went dark.

Doug: Yeah, she's still here.

Colette: Okay. Yes. Okay. Thank you.

Doug: Got it.

Colette: I heard the voicenote. So what I'd like to do is I want to give you a visual of what you're going to be doing in meditation. And most of you have had a reading from someone. So I want you to sort of conjure that up or you might've given a reading to someone and when you are getting the kind of reading that you think is normal, because there's two kinds, the one that we teach here, which is about sharing wisdom when you're connecting with information about somebody and then getting a reading where you are receiving it, but you don't participate at all.

So just feel someone telling at you. Really just let yourself feel that feeling where you're being told something. Right? So just get that feeling, that sense of feeling where ... It should feel like you're receiving energy at you. And Doug, does that make sense to you?

Doug: Yeah, it does. And I'm going to just turn off the chat for a minute while we're doing this guys, by the way, we'll come back in just a minute.

Colette: Everybody else can hear me other than-



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Doug: Yeah.

Colette: Okay. So my-

Doug: Yeah, we can hear you.

Colette: Anna, you can hear me too. Right? Okay. So when you're being told something by someone, it's not that there's anything wrong with that. It's like a completely different type of reading and that feels like you're not participating in it. You're only in the receiving position. And that power dynamic with the other person is not equal at all. That's why sometimes you can feel reading if a person is not saying anything that makes sense to you-

Doug: Say that again, Colette.

Colette: ...or telling you things that you're resistant. Yes.

Doug: Could you just say that again? Because-

Colette: Yes. Can you hear that?

Doug: Yeah. You stopped at a really important point. I want to make sure ... just repeat that.

Colette: Okay. So when you ... sometimes when you feel like you're resisting it because you're feeling like it's coming at you and you're not participating in it, you're not ... it's not an equal thing. Right? And ultimately when you get a reading, most of the time, like when I gave that type of reading in my profession, people weren't even allowed to talk to me at all. Not that ... they weren't allowed to say one word except, "Yes," or "no," until the last 15 minutes, and then they got to share with me.

And it was designed that way where I would just dump everything that I saw and I say, "Does that make sense? Yes or no? Fine, great. Just don't tell me anything." And I refused to have a dynamic. That's a certain type of reading. I was a professional reader. That's what people were paying me to do. And there was no intimacy whatsoever on my part. It was them only. Right? So this is really important that you hear this because many of you come in here with an idea.

Even though we tell you that this course is about personal transformation and Oracle cards are your tool, some people still come in here thinking that they're going to learn how to read cards. And to be that kind of reader ... and sometimes, I think it's just because you don't know any other way and you don't know that there's a possibility of another way.

And what we're teaching you in here is to be a transformed communicator so that you can really open your intuition up like a wide funnel, like a connection to the universe, but



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you're also having a respectful, engaged conversation with an equal so that you're really talking with someone, not talking at someone. Crucial difference of the way we teach it here, which is one of the reasons why ... were you going to say something Doug?

Doug: Yes. I just think it's ... so keep going though. Keep going. Keep going. My thinking, Colette, is that if you're drinking a cup of coffee, we had people kind of experience how it felt like, and for me, when you described that, I felt not included. I felt like I was like catching balls that were being thrown at me rather than having a dialogue or having a conversation or having an equal dynamic, if you will.

And I'm curious, how would you describe like ... kind of moving to what's the ideal. What do we want people to feel like when they do that?

Colette: Well, okay. So there's nothing wrong with that. I want to be very clear on that.

Doug: Right. Right.

Colette: That is a specific thing that you sign up for. That's a type of reading and that's where you get into the psychic reading. But that does not ... and that's fine. There's a specific way, there's a container around that where it is inappropriate for the person doing the reading to be intimate with the person in front of them. They're there to talk about you. Right? So that's what most people know.

Doug: Got it.

Colette: But what we do as certified Oracle guides, if you took level two, which is called shared wisdom, that's what you would learn, right? Or we would go into it like for seven months where you start to really understand that the whole world and universe is in exchange the law of reciprocity. So we have very comfortable conversations with people that go beyond the pale.

They go beyond the surface. They go ... always go beyond. And that's a thing like, "Do you want to do this together?" So it's a together thing and both parties. So there's active. Active is what we teach you here. What I just described to you was active passive. That's why Doug was saying, "I'm not participating. I'm kind of left out of the conversation."

Doug: Yeah, got it. Got it.

Colette: It's not an intimate thing. It's not intimate. It feels like, "Oh, that person knew me." But you know nothing about the other person. Right? Nor should you. But that is a very specific ... so I want to be very clear that that is not what we're teaching you here. And that's important because a lot of professional readings, for example, that come in here who know the other, which is how we make our living some, some of us ... I mean, I made my living that way for 25 years.



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Before I realized, before I went into coaching intuitive strategy where I had much different type of dynamics. And then when I'd thought, "Wow, there's so much depth that can happen without having to feel like you have to be a reader." You have to be ... you can do this with anyone, your kids, your family, your friends, where you would never have small talk again ever, even at Starbucks. Right?

So it's that sense that we want to teach you of this extraordinary communication style that we can teach you using Oracle cards as your tool and that you will be shocked at how effortless you can know stuff about somebody when they allow you to know. Okay. So it's really key that in your minds, when you play this week, that your job is not to show somebody how good you are at this.

This is not about you showing off about how, "Oh, I can throw the balls at you. I can give you the best, shiniest balls," and "Oh, I know this about you and I'll keep you ... Oh boy, look how I am." Because people can go there, easily go there. This is a very different way of sharing with an equal that while you're both there for the same reason and you're both there with healthy boundaries, respecting the other and you're learning a different way of revealing and you're giving someone permission too, for them to reveal to you what you may already know or what you might not know, but you sort of think you know, so that it's confirmation.

So really, this is where everybody wins in this course. By the way, everybody, not one person ever has not been able to do this and not one person ever has not been able to be wowed by this because here's where you start to realize that when someone gives you permission to know them, then you know thyself in the big T because we are one. We really tune into unified consciousness. And you can have this ability to know something so intimate about someone else because they allowed you to.

And you'll see just how meaningful that is where you're sharing and then they share back with you. It's really helpful. So this is what I want you to sort of get used to in your mind that this is a different way of doing things. And it is a little awkward at first because I'll tell you something, it's much easier for you to come into this and go, "Oh, I know what I'm doing. I know what this card means. I know." Right? And then talk at somebody.

And that's okay if that happens and you just have to back up and do it again until you get to that place where you're in the flow. It's like as a zone. It's a transformation zone where you're so able to be in that, right? It's like a river you step into with the other person and you know that you're either barreling into the river and at the person or you're in there with the person and it's okay if you find yourself at them. You just have to go, "Oh, crap, sorry."

And then back up again. You'll feel it energetically. And this is something that we can't explain to theoretically. It's just something you have to do. So it's Go ahead.



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Doug: I love ... In the videos, you talk about the fact that part of what we're doing is we're learning how to witness someone else. And this as you know, is a word that you and I both love and adore and it's not about changing them or giving them some bigger heart revelations about really being with them in a way where they feel seen and heard and witnessed. And that's a very different dynamic and I love that. I love that.

If you think about the fact that your job there is not to do anything other than just witness them, to see them, to let the card come up and help you see that whatever the card is trying to share with you and them about what you see in them, that's it. Just getting to know them and to be with them and to see them, so powerful.

Colette: Exactly. And the witnessing alone is actually shared, whereas in another reading, I would be paid to witness somebody, but you're not allowed to see me. And nobody ... and that would have been in inappropriate, right? It's not a shared experience. It's like, "I'm doing this at you and for you because that's the right way to do that in that context." In what we do, that's like an intuitive reading or a consultation. What we do in this shared scenario is very, very different and it can feel a bit weird and awkward for people who are really used to the other way.

And once you get into it, it feels so good. And then you can have those kinds of conversations where you ... exactly the first step is the witnessing is the sweet spot. So that's really what module five is about. Now, let's go over. What I'd like to do now ... Actually, I'm going to do the meditation at the end. I think I just want to go through some of these and let's go through with-

Doug: I'm going to open the chat back up then.

Colette: Yeah, yeah. Let's go through the boundary setting. Oh no, you know what? Let's do this. I'm going to do another exercise with everybody and so close the chat again.

Doug: Okay. Perfect. Sorry guys.

Colette: Close the chat. Sorry guys. Okay. So here's what we want to do. So remember, we went and talked about how that feels when somebody's at you, right? So energy is key. Energy is key. So your energy and other people's energy. So having the ability to have a healthy boundary in that partner dynamic is crucial. And what that means is you need to know where you end and the other person begins and that there's a healthy space between the two of you.

You can say, "No, that doesn't feel right to me." Or "No, that's not right." Or you have to be able to say yes or no. Like, "Yes, I give you permission." "No, that doesn't feel right." Especially when you first start this, you have to be able to say to that person, "You know that didn't feel 100%. Can we do that again?" And it felt more like you were telling me as opposed to witnessing me. And there's a difference between all.



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I see this and then you go off on a tangent like intuitively, but that's not what we're suggesting you do. It's more like, "Oh, okay, here's this card. Let's ..." Actually, you know what Doug? Let's do one, you and I. Okay? So we'll share some wisdom, you and I. Right?

Doug: Yeah, great.

Colette: So you and I just got partnered and I say, "May I have permission to pull a card for you, Doug?"

Doug: Yes, you may. Thank you.

Colette: You're welcome. Okay. Yes, you may. So such a change in the wind is in the protection position, but I'm going to read it both sides because I know a change in the wind is a situation where change feels like it's thrust upon you and that you didn't make this change happen. It's when it appears that life is serving us up something that doesn't feel like it was on our list of to-dos. Would you say that's true?

Doug: It's completely true.

Colette: Thank you. Thank you for that feedback. Okay. And because it's in the protection there, protection tells me that there's resistance to this. Would you also say that's true about that?

Doug: Yeah. Because it's funny-

Colette: Because when

Doug: Yes. Well, you don't know this. Colette and I always touch base, but I didn't tell her about this. I found out one of my insurance providers is changing that is going to cause some shifts in my insurance, my health insurance and it was completely unexpected and it has a big impact on me. And so I'm like, "Oh, well, that's not what my plan was today." And I found that out this morning. I hadn't even told you that. It's all fine. It's all going to be great. But it was like, "Ah, what?" So yeah, exactly.

Colette: Thank you. Thank you. So thanks for responding and sharing that with me. That tells me that. "Oh, wow. That's so cool." So that's like, I'm pretending that I don't really know this. I'm new at this, right guys? I'm just like, "Oh, wow. So this is what this means." Now you would read the guidebook. I know the guidebook, so you would look it up, right? And you'd say, "Okay, so in the guidebook," and if you know it, you say, "You know what? I know this is what this means, but let's look it up." So this is what you would do.

You'd look it up and so you'd look at the protection message. There are conditions varying in your life you have no control over, don't fight them. Change is inevitable and it's for the best, for the highest good. Even if this storm blows away the structures you think you've built your dreams on, all will turn out as it should. You will have a renewed



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clarity and strength to do something even better. Spirit is your ally. So this makes sense Doug, what you've taught told me, right? Isn't that cool?

Doug: Yeah. Very much so.

Colette: And then you would say ... you pull a card for me.

Doug: Yeah. So Colette, do I have your permission to pull a card for you?

Colette: Yes, you do. And we're just doing general things, right? You guys, so what we're looking for is what does spirit want me to witness in this person? Right? So like what's the witnessing, what's the most obvious thing to witness?

Doug: So I got deep knowing and protection.

Colette: I know what that means. I had read it.

Doug: Yes. Thank you. So I'm going to read the book as I always do. And so deep knowing ... and its upright is all about intuition and listening to the Oracle, but in protection, it's when we can get into empathy overload and may need to get grounded a bit and just kind of relax, like even talk about when you're suffering from psychic exhaustion. It's time to recharge your batteries. So it's a time to say, "No, thank you," to anyone in your life who exhaust you. Won't that feel good? So does that resonate for you at all, Colette?

Colette: Yes. Well, yes it does. Because ... yes. Because today I was really jetlagged, exactly. Last night, instead of taking my magnesium pills, I accidentally took two thyroid pills and stayed up all night as a result of that. And I was totally jetlagged and today I did feel total overwhelm and empathy overwhelm. And there were a few people asking me to do something and I'm just like, "No, I'm going to watch this soap opera on Netflix all day long," which I did. So thank you.

Yeah, I would say that was very accurate. And I would also say it's very accurate ... thank you, Doug ... pertaining to saying no period because I've been scrambling to create things instead of leaving a little bit of a vacuum around something since my radio show is going from hay house. Everybody says, "So there you go."

Doug: So I want to just acknowledge one other thing. One of the things that I sometimes do when I'm doing these with another person is I talk about the card, but I talk about ... rather than try and predict what's going on in your life, which is not what this is about right now, what I might say is ... I don't know if you've ever ... Colette, I don't know if you've had that experience when you just get to that place where you know it's just the time to give yourself a little love and self care and like, "This is what this card means."

I had a day like this not that long ago where it was so important for me to just rest and it made a huge difference to say, "I really don't have time to go out. I can't go do the things



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I normally do. I just want to stay home.” Do you ever have days like that? Does that ... right?

Colette: Yeah, exactly.

Doug: So it's that kind of conversation I guess I want to bring up.

Colette: Exactly. And I would say too, going back to your card, what was interesting that enabled me being able to identify with your situation, right? As opposed to pair, well I can identify that feeling when something ... and I felt that very well when I found out my radio show, all the radio shows were going in hay house.

And I'm like, “What?” Because I felt like I had no control. I mean, it's trusting that whatever's going to replace it is going to be good. Right? So it's the same thing. We really have to trust that. So I can see that in you and you see that in me, then we would say thank you.

Doug: Now, we've got a question-

Colette: So-

Doug: We've got a question on the Q&A that I want to bring up right now because it's about what we just did and it's from Felicia Brant. She says, “I really don't know what the cards mean by themselves. I've always gone to the guidebook. How do I relax about this?” Well, let me tell you, I teach this stuff and have been for a few years and I still go to the guidebook. It's okay.

But what I do is I look for the words that are resonating the most for me, what's coming up for me. So just definitely relax. Please don't get stressed about that. That is not ... the guidebook is there as a tool to support you. You're not here to be the expert on what these cards mean. That's Colette, not me, not us. So hope that helps.

Colette: Yeah. Yeah, it's totally great. So this is another one, Sherry. “That's a wonderful gift. But I love these cards. I love it so much. I've been staying in my own lane, doing my own work, sharing when I want. I won't do the Oracle cards. I'm in love with them. This hasn't been easy. A lot of wounds opened up. Some healing has been done. I can't say the universal is getting one.” Okay. I don't think she means what she said here-

Doug: Not for us.

Colette: ... was shared. Okay, so I'm going to go-

Doug: I think Anna's having a conversation there, so we're good.

Colette: Oh, conversation. All right. All good.



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Doug: All good. Leave that alone.

Colette: Leave that alone. Okay, so I want to go through a few big important points. So getting to neutral before you talk to somebody. And one of the ways that I get to neutral is by telling the person of the truth about how I feel, like, "I am so nervous," right? You can really break the ice like-

Doug: Absolutely. It's so good.

Colette: ... "Oh, my God. I'm worried that it's going to be bad." You can actually just say that and just say like, "Oh, my God, we're just having fun. I can be neutral. It's okay to be wrong," because you're not there to prove anything, you guys. This is ... and you know that I ... that's how I do my mediumship. I have no clue what's going to come through. And I tell people, "I have no idea if this is right or I'm turning into bullshit." And I'm so accurate as a result of that because it's just like, "Okay, I'm heatless with this. I'm just turning it over."

And so you have to be playful, turn it over, don't care. The minute you start caring, your ego's involved. You want it to be good. And you might even say, "Oh crap, I just want this to be good. Okay, I'm going to back off and it's going to be what it is." Right? So you have to be able to have those kinds of weird, fun little awkward conversations at the beginning that helps you get to neutral, believe it or not. It's just by saying, "I'm not neutral."

And then being able to talk with that other person about what does it mean when you want something and you want it to be good because you have an agenda and then you realize, "Oh yeah, I have an agenda." It's not about that. So to be able to be free enough to say that, in our classroom, that's really key. Continuing your daily practice is really important as checking your dominant energy and also recognizing that if you feel an energy coming from somebody, to be able to jot that down and say, "Oh, they're not ... they're definitely not" No.

Doug: You're okay?

Colette: Yeah. Doug

Doug: I just lost you Colette.

Colette: Sorry, my computer glitched. Yeah, my computer-

Doug: Okay.

Colette: You might hear now?

Doug: Yeah, you're back. Perfect.



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Colette: Yeah. Okay. Yeah, my computer glitched for a second. So being able to be in that spot, trusting that, "Oh, this person's energy feels like it's coming at me." Or, "This person is feeling ..." you feel how another person is feeling and just jot that down and saying, "Is this my fault or is it their feelings?" And learning to be able to differentiate feelings. "Is this mine?" Is a question to ask yourself.

Doug: Yeah. And I think-

Colette: Yeah, go ahead.

Doug: No, I think getting to neutral. I mean, that's one of the things that when I think about why your daily practice is so important. We had some questions in the main hall before, like, "How do I know when I'm in neutral?" Honestly, the best way for me is when I do get on my bird because at the end of get on my bird, I know what feeling neutral looks like. And part of what's important ... and this is something that I've been doing a little bit of work on myself lately in terms of feeling what it feels like in your body.

Like actually noticing it and giving yourself some physical anchors. "Oh, when I'm in neutral, my heart slows down a little bit," or "I feel my feet more on the ground," or whatever it is for you. Right? But just ask yourself, where do you feel that in your body at the end of that meditation or whatever your practice is.

Allow yourself to get to that space of neutral and then begin to give have anchors, verbal anchors and physical anchors in your body to know what it feels like so that you can, in fact, when you're getting ready to do a reading with someone else, you have an idea to say, "Wait a minute, is this neutral?" "No, this doesn't feel like what I'm used to feeling like."

Colette: So this is something that we typically don't do in personal mastery, but I'll give you a hint on this because we go into it more in shared wisdom. But if you move your butt like literally, half of your chair is not neutral and the other half is neutral, right? So you know that when you're feeling anxious or stressed, you feel, "Oh yeah, that's tight in my chest. Okay. That feels like it's stressful in my chest." But if I moved my butt over here, it's like, "Ah." So I feel to the left, I feel like, "Oh yeah, I know what that feels like."

So it's a kind of a slide in your body too, like what Doug was just saying. Check your body. When you know, "Oh, this is what I feels like when I'm in the environment of stress," and you can actually kind of test yourself. "Is this stress? Am I contracted in any way?" And when we want something, we tend to be contracted or we're in our heads. But when we ... I'll be honest, when we don't care, but with care, doesn't mean that we care less or that we don't care about anything.

It means that we don't care at the ego level and we care at the soul level. So we're being careful witnessing somebody, we're full of care, but we don't care whether we're right or



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wrong. We just want to be curious and try it. And that's really ... and you can feel that like, "What is it like to feel curious?"

Doug: Absolutely.

Colette: And we can do that slide now. Oh, my God. Look at your dog.

Doug: I know. Millie's curious. Mildred is being very curious right now.

Colette: Hi, it's Auntie Colette. Hi, Millie. Okay. So let's just tune in all of us, because you have to be able to do this at any given moment. Like we just say, "Okay, let's just do it now." So first, let's determine that sense of when we care or when we really want it to work. Or we're like, "Oh, can I do this? Oh my God, I don't know if I can do this." That's all ego, right?

So just let yourself feel that tension and stress in your body when you're about to do this reading, this witnessing exercise. You don't know the person and you're all like, "Aaah." And all is in my body, it's in my throat and we can open up the chat for that. We can let people share where they feel it in their body. You should feel that. Allow yourself to feel that and feel that there's a lack of being grounded. Throat and chest. Yeah. Shoulders for Coleen, temples for Trudy. Yeah.

Oh, that's interesting. Grinding my teeth. Some of the belly, head buzzes. Okay. Throat and jaw. Look at that. Everybody feels it. Everybody feels it. Yeah, that sense. Nervous. It's a bit of fear. You're not grounded. That's what you feel like you're up in the upper shock. You don't feel like you're in any plunk. Lack of trust in self. Thank you, Laura. Oh, that's interesting, Patty. I feel super tired. Okay, so I'm just going to ask you now to allow yourself to imagine.

We don't have to get on our bird right now either. Let's just slide our butt to the left and imagine, just pretend that you have dropped an anchor. So I'm going to just take you through this little meditation that there is a cord of silver light that goes through the top of your head, turns gold, travels down your body, travels down your body, and there's a gold brick at the end of this and it goes. You're going to drop that brick into the earth. And no matter what, you're connected.

No matter what. No matter what happens, just really allow yourself to feel the weight of your body on the chair. Well, let's hear how you feel once you've dropped that anchor. Rock solid, that's scary. Breathing slow, it gets deeper. Settled. Right. So that's ... because also that's like the opposite of get on your bird, but it's the same thing. So there's two versions of the get on. It's like, "Get on your bird and get grounded." Perfect. Very anchored, Maria, that's great.

Wait, there's light but rooted, centered. Yeah. So we want to drop anchor, plunk and the anchor is a golden brick. Very heavy, golden brick. Perfect. So from this place of having dropped anchor, so kind of interesting that we call it an anchor card, right? You should be



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at a place too where if you approach someone from an anchored place where you know you are always anchored and you cannot be unmoored from that anchoring, that means you're safe, right?

It means that you're totally safe. The difference between the first and the second, it's just moving your butts. So here's where we drop anchor to the left. And on this side, here's where we allow ourselves to feel that, "Oh crap, I'm going to do this and I might get it wrong," right? We don't even have to go into the up in the air and the bird and that perspective, et cetera, but it's a similar feeling. With, "Get on your bird," it's more detached, right?

Where you are ... the discipline with, "Get on your bird to go neutral," is detached neutrality, right? There's a difference because it gives you wide perspective. Here first, we want to anchor so that you are grounded in your curiosity. And so now your, curiosity can open up like a flower this way, right? So we're not going above at this time, right? So now, we're just dropping anchor and we've given ourselves the power to see and also, we don't have to rush anything because we're anchored, right?

So it's a very different thing. Getting the bird is a detached perspective. We can move around. We're not attached to anything up there. As a matter of fact, we get out of trouble, but before we work with somebody, I find this to be also very, very effective. Let's just get our anchors. Drop anchor.

Doug: Yeah. I love that, Colette. It's a great analogy and really simple thing you can do right in the call and you can do it together actually, even when you're doing your readings for one another.

Colette: And that's great. We've never taught this by the way. So this is the first time. So people who are taking personal mastery again and again, now you know why these live calls are where we switch things up. And that's why the material may be the same, but the way you teach it is different every time. It's very effective. So the steps to would be that. So for step one, head, right? We're up there anyway because that's where we naturally go.

"Oh, shit, man," right? So here we are. Now we're moving our butt over here and we're going, "Oh," calling in the universe in through the top of our head. That's silver. So anchor in this, in the universe, get out of our self and into that collective like here up and then down. It turns gold as soon as it's in us. And it mingles. It's mingling down our spine down. Gold brick drops super heavy into the center of the earth. Very simple.

Doug: Love it.

Colette: Yeah. Bird is good. It's just a different way. Oh, I loved it. You know why? Because we don't feel safe when we are ... so when you approach a reading for the first time and it's different. It is not the same. It isn't the same for people who know Oracle cards and who have done readings before, but it's a different kind of nerves because when the people



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who know Oracle cards and are used to the traditional passive active or active passive, you aren't sharing.

You aren't vulnerable to the other person. You're the one saying, "Oh, look what I can do. I can tell you these cards what they mean. I'm going to give you a reading." Right? As opposed to, "I'm going to share this. I'm going to share this." Yeah, monkey mind. Yes.

Doug: So Colette, I know we want to bring up some pairs tonight.

Colette: Yeah.

Doug: And is there anything else you want to talk about before we do that? I'm just wanting to kind of make sure we have lots of time for that so that you guys can have some real experiences with it.

Colette: Yeah.

Doug: Wondering about hidden influences. It was the one thing we haven't talked about. Checking in on that.

Colette: Yeah. Dominant energy, hidden influences. Right. So here's the thing, that's very common. You know how when we first started this and we talked about dominant energy and we talked about how sometimes the card is so clearly talking about what's going on in our environment and not necessarily about the question that we asked it or the focus that we expecting. And then what it does is it shows, "Oh, there's this hidden influence. You're effected by this other thing."

First and foremost, that's going on. So that's the other thing. So you have to be able to have that conversation with somebody to say, "Oh, if this doesn't make sense to you about you, could this mean that this is what you're being influenced by about someone else?" And 99.9% of the time you're going to discover that, "Oh my God, you're right about my husband and it is influencing me." So remember, you're looking ... you're witnessing the person and their story in motion, but you're also witnessing what could be going on around them that may not be specific to them.

And so what we are looking for here is nothing to do with their future. Please keep this in mind. We are not doing any kind of predicting. It's not appropriate. It's not necessary. It's like, "Let's talk about what's really going on with this person today." Don't go past this where it's going to go, where it could go. That's not why we're doing this. It's so that you realize and recognize that using an Oracle card is a key to a doorway.

You open up a vista of extraordinary information that you would not normally have about someone else, and it's the most beautiful, intimate connection of mutual witnessing. That's what we're teaching you how to do in this module. So when you read for others, again remembering the ... Oh, hey, what's that guy? Animated, really great note for me for us today. So talking about, "You never give your power over to the other person."



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And we've run into this quite a bit. So really, really key that you don't give away your power to someone else to say like, "Well, what do you see about me?" That's not what we're doing. It's just like, "Oh, I'm pulling a card. I'm allowing you to witness me. What did the card say about me?" And then you read it in the guidebook and then say, "Oh, that's that." Does that make sense to you? Because when I had that, that's what happens to me too.

But you can really know something very important and you can ask the person, "Is it okay if I go on or can I give you my intuitive bit on this?" So there's a sense too that there's always a little bit of intuition. That's what we want to encourage you, right? That's why we've given you this course in crumbs. There is no, "Teach you how to read Oracle cards," course. This has never been told that you are ever going to get. This is so much bigger and better.

And here's the other thing so important for you to know. There is no closure of a container in this course. This is not a, "How to do this and at the end you're going to be good at X." There is never that. This is an ongoing process that will keep going for years and years and years, which is another reason why people keep coming back, because I need you all to see this as an ongoing story that evolves.

It's an evolutionary process that you will continue to mine if this ... and that's the most amount of gold that you're going to get out of this course as you continue to mine it and not look for a beginning, middle and an end, that gives you some kind of boxed structure because it's not going to be. And that's not going to serve you. I'll be doing introduction to Oracle cards probably next year, which probably somebody might even want to take because it's like the step by step.

How do you do a reading, all these things ... and that. But you're doing something so much deeper and meaningful here. It's for the evolution. Exactly. Thank you, Roberta. So when you read for somebody else, don't ... just reminding you that this is a conversation you're entering into with somebody. It's a new way to witness someone. You get their permission and then they give you their permission and it feels a little awkward in the beginning, but it's cool.

You got to just let it be a little weird and even if you giggle and say, "Oh, this is weird," it's good. Okay? And do as many with as many people, as many as many people. Okay. So let's-

Doug: Can I add one thing to that, Colette?

Colette: Yes, of course.

Doug: I think another piece that we never really talked about, but I just want to mention is that know that each of us are all unique. And so when you get on a call with someone, especially if it's someone you don't know and you've not worked with before, just match



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their style, match their approach a little bit, pay attention. If they're more introverted, be aware of your own. And if you're more extroverted, be aware of how that might show up, or vice versa. Just be aware.

I think one of the things we want to be careful of is not to let anything get in the way of what we're doing. So kind of meet them in the middle is the way that I often describe it when you're having a conversation, so that you both feel like you can really be yourself, fully be yourself, but also that nothing gets in the way of what you're doing. So I just invite you to kind of be aware of that space of curiosity that we talk about nonjudgmental, as Maria says. I mean, that's just being in that space. Just something to think about.

Colette: Okay, let's get the people up.

Doug: All right.

Colette: Where are you in the deep end?

Doug: So if you want to do role models, raise your hand. I'm going to get a bunch of hands up and we're going to pick two people at a time. So this is ... and we're going to go through as many of these as we can. So each pair, we'll do one card for the others. So a couple things, you need video, you need audio and you need your WotO cards with you. Please have all of those things set up and ready and raise your hand and we'll pull up a couple of people.

If you don't have them, we won't be able to have this work the way we need it to. So please make sure your video is working, your audio is working, and you have your WotO cards with you. All right.

Colette: We're talking about card readings. Yeah, we're never, And you've only heard of astrology reading. I'm not referring to astrology readings ever. Usually, when people go sign up for a card reading for somebody, they're looking for a psychic reading from somebody or an intuitive reading that the person's going to tell them about. That's what I wanted to differentiate here. This is a sacred conversation. Just like Maria Ayat says, a sacred conversation where we partner in this course.

Doug: I'm going to bring up Martha Tarkington and Laura Johnson. So let's see. Laura Johnson, you're coming up. What? Where was Laura? I lost her. Let's find her. There she is. All right. And Martha, I'm going to unmute you. Hi there. How are you Martha?

Martha: Hi, how are you?

Doug: Good. It's good to see you. Welcome.

Martha: Great to be here. Thank you. See you next week, Colette.



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Colette: Oh, good

Martha: I love 1440. I'm up there all the time.

Colette: Oh

Doug: It's great. All right. And-

Colette: I will be giving you readings in the other way. I'll be doing those kinds of readings.

Martha: I'm looking forward to those kind of readings.

Doug: All right. Laura, I've asked you to start your videos, so let's see if that's working and then I've ... you should be un-muted. We can hear you I think. Laura, you want to talk?

Laura: Can you hear me?

Doug: Yeah, perfectly.

Laura: I think I had all my stuff muted, but I don't see me, so I don't think I'm on here.

Doug: Well, you're here, but your video is not playing yet or it's trying to play. There's something going on, but we definitely hear you. Just try stopping and starting the video one more time. Let's see if that works or if there's any dialog boxes.

Laura: Okay.

Doug: Because it's wanting to work. I can see it.

Laura: Oh, stop video. Okay, got it.

Doug: And then start it again.

Colette: Do you have something covering your camera?

Laura: I did and I took it off, so I don't know. I don't know-

Doug: Okay. One final thing, just make sure it's picking the right camera under the video menu, but we might be able to do it with audio here since we can at least hear you pretty well.

Laura: Checking the camera.

Doug: Oh, some people can see her.

Colette: They can?



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Martha: I can't see her.

Doug: No, I can't see her. That's what I thought.

Martha: I think she might be in the little thing.

Doug: Okay.

Colette: Doesn't matter. Let's get going with this. I don't want to waste-

Doug: Let's do it. All right, so we'll do it with audio. Is that okay, Colette?

Colette: Oh, yeah. Totally.

Doug: Okay, perfect. So again, Martha, I'm going to invite you to draw a card for Laura first. So the first thing you do is both of you just want to check your own energy. Go ahead, Colette. You start.

Colette: Yeah. So I was going to say the exact same thing, Doug.

Martha: I got to drop my brick.

Colette: Okay.

Doug: Yes. Drop your brick.

Martha: I'm good.

Colette: All right. So you're going to want to just start by giving each other permission very casually like, "Do I have your permission to do this with you?"

Martha: Okay. Hey Laura, it's nice to meet you.

Laura: Hi, nice to meet you too.

Martha: Thank you. I'm looking forward to seeing you better. Do I have your permission to draw a card for you?

Laura: You do. Yes. Thank you so much.

Colette: So I might start and stop you Martha, so it might feel a bit weird, but you're up for it. Or I might just let you talk. Let's just see what you say. So you're going to pull the card for her now.

Martha: Okay. So permission to pull you a card, Laura?



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Laura: Yes.

Colette: Okay. Now, here's what we have to do before we pull the card. We know why we're pulling the card. You just prepped your head. You're pulling the card, you're asking the universe to show you some pertinent information that is impacting her today. All right?

Martha: Okay.

Colette: Yeah. So like what card does that?

Martha: Can I do that quietly or do you want me to express it?

Colette: Whatever is comfortable. I talk all the time. So it's like I just go, "Okay, I'm going to get this down for you."

Martha: I'm the best talker ever, so yes. So we're just going to ask the universe what's relevant for you today and what could we bring forth for you to pay attention to.

Colette: Perfect.

Martha: So I'm going to draw the card now. Laura, are you ready?

Laura: Yeah.

Martha: Okay. So the card that came forward is a fork in the road and it came in in a protection mode. So how is that resonating with you?

Colette: Oh wait, first, you summarize it.

Doug: You got to go to the guidebook first. Yeah.

Colette: You go to the guidebook. Yeah, you don't just say that you're just going to say that.

Doug: Because she may not know anything about it.

Martha: Oh, right.

Colette: You can't just assume ... don't assume that anybody knows.

Martha: It's 13, which is interesting. I like that number. So it's in protection, and so I protection, do we go straight to protection or do we do the essential first?

Colette: How do you feel?

Martha: Right?



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Colette: What do you want to do?

Martha: Well, I tried this. I was working with some the other day and I just came to the essential meaning of it, like what that's going to resonate with her. And then I just came into the protection mode, which is, "This is just more information for you to consider and receive and let's see where it goes from there."

Colette: Perfect. And remember, it's not going anywhere. Let's see where it goes for you. Exactly.

Martha: "What goes for you," is that how I would say that?

Colette: Well, it's just ... Okay, so I'm stopping you just for that, just so you have a mental picture that you don't want to say, "Let's see where this is going. We don't go anywhere." We're just like, "What's in front of us today?" I love the way you started, "What do you need to pay attention to today?"

Martha: Right.

Colette: Right? Yeah.

Martha: So go for that. And then I personally, been in the essential meaning to present it forward. Let's go into protection.

Colette: Yeah, do it.

Martha: Is that-

Colette: Right. Just do it. Do it because

Martha: Okay. A walk on the road ... and the essential meaning from the book and from what's being said is, "Time to make a decision, considering the constant consequences as you prepare to act, owning up to your own obligations to make a necessary choice." And so with that in mind, we're going to go into the protection and see how that resonates with you and let's have a conversation around it.

Colette: So I would say if you're going to use the essential meaning, because the essential meaning is say you'd say ... this subject is about decision making.

Martha: Okay.

Colette: Because the essential meaning then gives you the subject matter, but the protection message is the message.

Martha: Okay. I'm not seeing this card. It's my first time with it.



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Doug: Yeah. Great.

Colette: Yeah, that's great. So it's like, "Oh, this is a-

Martha: Pattern.

Colette: And it's about decision making. Awesome.

Martha: Right. So we're coming ... it's decision making and so we're going to read the protection message. That's in the dark, almost. You've come as far as you can on the part of your journey and now you are faced with the choice. Inherent in this choice is the need for change for evolution and for bettering of your circumstances. Narrow it down to a single question. Who do I need to become and what do I need to believe in order to live a life of prosperity?

Doug: Can I just pause you, Martha, because I think you're reading prosperity instead of protection.

Martha: Oh, I am? Sorry.

Doug: Flip the page over. That's okay.

Martha: Where's my glasses?

Doug: That's okay. I totally can relate to that.

Martha: I apologize, Laura. It's protection.

Laura: Okay.

Doug: Okay.

Martha: So now, we are in protection.

Laura: It's here in my video prosperity.

Doug: There we go. And by the way, let's all just give really good vibes to Martha because she's gone first as a volunteer here.

Colette: Yeah, and she's so great.

Doug: So just really acknowledge that as we're doing this.

Martha: I'm a coach, so I really come from this perspective, but bringing it all in and kind of-



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Doug: Absolutely.

Martha: this conversation, but we always have an invitation at all times.

Doug: Absolutely.

Colette: You're doing a great job, Martha.

Martha: Trying to bring some blend to it and get some and it'd be helpful if I had my glasses on. So here we go. So protection message, Laura. Indecision is extremely frustrating and will lead to anxiety, loss and confusion. At this juncture, you can't remain in place without losing your way altogether. Avoid the tendency to let others choose for you which amounts to a subtle refusal to take responsibility. Don't give your power away, not even to this Oracle. I like that.

By not making a choice, you are making a choice for which you must be accountable in this choice. If that choice leads to undesirable circumstances, then take heart. Spirit never tires of giving you second chances. You can always start again once you've learned this valuable lesson. So Laura, how is this resonating with you? Do you want to have a conversation around this? And what would you like to share?

Laura: Yeah. That is totally resonating with me. I actually got that card the other day, so that's pretty interesting. And I have some choice. I have ... kind of a choice. I don't know if it's a major choice, but I have a choice that I am going to make. So yeah, that does resonate with me.

Martha: So Colette and Doug, so at this point I would like to get more deeper into it. As you know, where's your struggle with that? Or is this something that you're weighing really heavy or confusion around? Is that something you would ... because that's the coaching piece in me, so-

Doug: Yeah.

Colette: So I'd run it in a little bit. You're just ... right now, because you're-

Doug: Yeah. Not for this.

Colette: Not yet. You're witnessing somebody. So this is your first time, right? So remember, we're not teaching coaching with Oracle cards just yet. Okay? That's level two. So really, our first thing is the witnessing piece like and just say, "Yeah, you know when I get this, I know it feels for me that indecision"

Martha: Okay, to bring it up like that.



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Colette: Because you're 50-50. You're not coaching somebody, which is yet again, it's a little more active, but the client is the passive receiver who gets to be active with you, but you're still the coach. The power dynamic is not equal.

Martha: So it would look like some something like ... I experience these frustrations too when I come in to these, the unknowing and the fork of the road and sometimes, I just ... For me, I would have to take pause and give it some time.

Colette: "For me," exactly. What happened to Laura? Did we lose Laura??

Doug: No, she's still here. She just ... video's gone off for a second, but she's here. She's here with us.

Colette: She's there? Okay. So now it's Laura's turn. That was great Martha. And by the way, your coaching acumen, there's two different ... so I didn't bring up coaching because I used to have a coaching institute. So coaching with Oracle cards is still not clean co-witnessing. It's still active, passive. It's just a different kind.

The person is still active cause they're responsible for participating in the conversation. They take away to go do something that you've given them to do, but you're not sharing. You're not like, "Oh, you're my equal and we're sharing these things." Right?

Martha: Yeah. And I just probably to put a blend of that in finding that ... I think it's more of a finding language in conversation around it and just-

Colette: Yeah. How do you have a conversation at-

Martha: Trying to change that paradigm a little bit. And this is ... so, yeah, I'm trying to ... Yeah, I get that. So thank you.

Colette: Imagine that you're having a conversation with somebody at a party that you've agreed that Oracle is-

Martha: Is it like more an exchange of give and take? Okay.

Colette: Exactly. It's a sacred exchange.

Martha: Okay, thank you.

Colette: All right. It's your turn to be witnessed now. So Laura, ask Martha if she gives you permission.

Laura: Martha, do I have your permission to pull a card for you?

Martha: Yes, please. Thank you.



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Laura: Okay. Martha, I've pulled clean it up, not in protection.

Martha: Okay.

Laura: Just in prosperity. Hang on. I'm going to read in the guide book.

Doug: That's card number 21 for anyone who wants to follow along.

Laura: Okay. So the essential meaning is getting to the core of a situation, freedom from a burden, cleaning house, sweeping away what is no longer needed.

Martha: Should I respond?

Doug: Hang on just a second, Martha.

Laura: Should I read the Oracle message or just-

Doug: Yeah. I would start with the Oracle message since we're talking generally, rather than going to relationship or prosperity. And so focus on the Oracle message after that and then again, share from your perspective and then see what resonates with Martha.

Laura: Okay. Ever feel so bogged down with emotional junk that you can't think straight? Could you be surrounded by physical clutter in your home? Also, too much work, overwhelmed, time to clean house. Every item out of place natters away, even unresolved resentment. Every comparison to others that leads to a sense of black takes up energetic space.

Every unpaid bill just adds up to an unnecessary feeling of being overwhelmed. Now is the time to free yourself by energetically cleaning house. Just do it. Make room for the miracles that are lining up for you.

Doug: And so this would be a good time, Laura, for you to say how it connects to you, how you connect to that card. There's something that you can resonate with and then to ask Martha if she's had any experience that resonates with her and her life right now.

Laura: Yes. I've had some resonates with that where I actually do need to clean some stuff up, like legit stuff. Yeah, like in my basement and some paperwork and things like that lately. So I've had that and cleaning out the clutter kind of thing.

Colette: I'm going to interrupt. So again, thank you for ... you guys are right up front in learning this. So first, I would do, 'So Martha, does that make any sense to you while you're thinking about that?' And Martha will go, "Yeah, I can apply." "How does that apply? Does that make any sense?" I always like to say, "Does that make sense to you?"

Martha: Yeah, I like that.



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Colette: Because then, you can say, "Well, it makes sense to me." "No, it doesn't make sense to me, but it sure makes sense to my husband." And then you can have the conversation. Let her talk first. So it's rather than you tell, "Oh, yeah, when I get this card," because you've pulled her card, that's not when you add yourself. Sorry, Doug. I would let her talk first and then you say, "Oh, my gosh. When I got that ..." right? It's like ... you're doing great, by the way. Laura, you're doing great.

Laura: Oh, thanks. Should I keep talking or-

Colette: Let Martha talk.

Martha: Yes. That's better.

Laura: I'm not inviting you-

Colette: We want to hear from you, so it's your call here to talk.

Laura: Do you have any thoughts?

Martha: Because I can't stand it. I just talk. Let me talk. So have you asked me to talk yet, Laura?

Laura: Yeah, you're talking.

Martha: Okay. So, yeah. I'm in a massive transition piece and I'm giving away close then clearing the clutter, getting rid of the ex boyfriend. I'm in this massive mode. And it's interesting because I pay my bills on the first part of the month and I've missed bills this month. Not intentionally, but I just have missed because I've been so preoccupied with just cleaning and just getting rid of it and distracted a little bit.

Because I really want to step into this at a pretty high level, but I've got to clean things up to even go forward. And so yes, very much.

Colette: So what you guys can do is acknowledge each other, right? So it's like, "Oh yeah, that was amazing. You really ..." because you pulled the card for her and she pulled that for you. You're rocking it, right? Say like, "Oh wow, that's so cool. We both were able to see this in each other." So we want to kind of get acknowledged like, "Oh, that's cool." If you really wanted to pull another card, like clarification card, you could too. Like, "I'm really taking you to the next place."

You could stay together and go ... After that one card, you could say, "Do you want to pull another card?" Right? So let's say, "Is there more information?" So I want you guys to be able to take the one card and then pull a second card. So before ... Well, we're going to pull other people up to do that. Okay?

Colette: Okay. Laura, thank you so much. I was ... so-



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Laura: I thought I was in the video. I have no idea why it keeps-

Martha: You put some insight on that and the support. I really appreciate it.

Colette: And yay, you're being witness. That's Awesome ladies.

Laura: Thank you.

Martha: Thank you very much.

Colette: Okay. I love that. Yeah. Sorry, I interrupted you on that because yes, that was true. But Doug, you didn't do anything wrong. It's because sometimes that works when they're are a lot more used to each other. You know what I mean? Like you and I do that because we know each other so well. Like, "Oh, my God, this card came up for me too. Oh my God, Doug, this is what happened," blah, blah, blah. And then you-

Doug: Yeah.

Colette: ... Right? But for new people, you need to be very brave.

Doug: Yeah. I think what I want to make sure we're doing, and I think the way you've described it is perfect. One of the things we don't want people to do, I know, is to just let the cards stand on its own. I mean, the card stands on its own, but we want to make sure that you're not just assuming that someone gets it, especially if this is someone that's not in Oracle school, which we don't ... We're not talking about doing that for now, but you want to be sure that you're really clear about helping bring it to life.

And so doing that after you ask them what resonates for you as you've just described, Colette, really is a great way to just bring that part in to ensure that we're giving some examples from my personal life because what that does is it gives that ... it brings the story to life. It brings the card to life for someone else. So great.

Colette: Exactly. Yeah, person.

Doug: Yeah, Okay. And bring up a couple more people. Roberta, you're coming up first and Miss Valerie is coming up next.

Colette: Brave people. And you guys will have so much fun doing this. Oh my God. Once you get a taste for this, you will love it.

Roberta: Unmute. Unmute. Can you hear me?

Colette: Yes.



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Doug: Yes, we can definitely, Miss Valerie. Roberta, I have unmuted you. Are you there as well? I've asked you both to start your videos. Hopefully, that will work.

Valerie: Hi.

Doug: Hi.

Colette: And I wanted to say something else too about the guidebook. We look up this ... I look up my own guidebook all the time because you never know, because sometimes only one sentence feels like it's speaking to you. And it was done that way. So the guidebook is your friend.

Roberta: Agreed.

Valerie: Perfect.

Colette: All right. Well, let's do this guys. Who goes first? Put up your hand. Which one? Well, obviously, no. Both of you put up your hands. Doug, pick who goes first.

Doug: Okay. Ms Valerie, you're going to go first. So go ahead and start the process with Roberta.

Valerie: Okay. Roberta, can I draw a card for you?

Roberta: Yes, you may. Thank you.

Valerie: Okay. And I'm going to ask the deck. I'm going to ask WotO what you need to know about your day for your highest good. Is that okay?

Roberta: It's perfect. Thank you.

Valerie: Okay. I have the sound production line, so I feel like I can't hear myself. It's very fascinating. All right. So I've pulled to the sea and so there it is to the sea and my very blue room. So that's number seven. Tim is going to get my book here. And I opened it really quickly to it. So the essential meaning is being in flow, returning to source, recognizing how pieces fit together and natural pattern of events.

The Oracle's message, isn't it wonderful when you feel yourself in the flow of life, when events and conditions seem to engage you in a way that is fluid and effortless? This card reminds you that going with the flow is exactly where you need to ... what you need to do right now. Ride and wave ... sorry. Ride the wave of opportunity formed by perfect conditions. Allow trust and faith to guide you forward as you flow like a river into the sea of life.

Doug: Beautiful.



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Valerie: How does that card resonate with you?

Roberta: It does. It resonates just to go with the flow and to trust the process. And I'm always questioning the process and this is a message that I need to just go with the flow and not question.

Valerie: Well, I got goosebumps. It's beautiful.

Roberta: Thank you.

Colette: And Valerie, Miss Valerie, have you noticed too? Yeah, when you get that card?

Valerie: Yes. Oh sorry. I'm awestruck. I really am. This is ... I'm sorry. Have you noticed-

Colette: No, you. You talk about you and going, "Yeah, me too. Oh, wow. This card spoke to me too." Or "You know when I got this the other day ... I know when I get this card it really means that ..." right? Or you could say, "Yeah, but it doesn't tell me to go with the flow. It tells me that things are flowing."

They are coming together because remember that's what ... we're in the now. It's not a, "You need to do this in the future." This is what's happening now. You are in the flow. Things are coming together and there's a natural flow in that.

Valerie: Beautiful. Look at that. You just helped me out.

Colette: Yeah, I know. That was like ... yeah.

Valerie: Yes, when I have drawn this card for myself, I do notice that ... it reminds me as well to be in the flow and to just have faith and I have to trust that things are going to be okay.

Doug: And I'm curious, Roberta. Is there some place where that's true for you right now? You said that it resonated with you, but is there something specific that, Roberta, for you, that this speaks to you about something that's been happening in your life recently?

Roberta: I've been pulling that card a lot. It's just been one of the cards that's just come up for me several times, so I've read the booklet many times. And just for me right now, I'm in a big transition phase as well. I need to give some things up, integrate and to do less, better.

Doug: I love that. It's great. And by the way, there's a comma after that do less, better. Right?

Roberta: Do less, better.

Doug: Less, better. Because we don't want you to do less better.

Colette: No, not less better.



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Valerie: Wow, yeah.

Roberta: Thanks Doug for the help. I'm a little bit nervous.

Doug: No, you guys are doing great.

Colette: You're doing great. The other thing too I would say is you don't want to just say, "Oh, yeah, that makes a lot of sense." You're like, "Yeah," you want to give them a reason why they said that to you. You can also interpret a little bit, read the guidebook, you say it out loud, say this, "You know what really stuck out for me was this sentence. Does that make sense to you that that would be the thing that stuck out with me?"

As opposed to like, "Here's what it says. Does it all make sense?" You might see, like Valerie might say, "Ooh, that one line." So that's when you say, "The one line that really stuck out for me, and I'm not sure if this is true for you, but that's what it felt for me." And then Roberto would be able to say, "Oh, my God, yeah. I'm in this big transition. Oh, that was so accurate. Thank you.

As a matter of fact, this is what's happening to me," and that's how we have a conversation. I know it feels weird and awkward because you've never done it, right? But it will get a lot easier when two of you are sharing. And you got to-

Doug: You said something really important, Colette. It's conversation. That's the important thing to remember. So in a conversation, we both have to give and take. We both have to share and listen and talk about it. So it's so important to read it out loud as Anna is saying in the chat, but then also really highlight it like, "Yeah, this is what's been going on for me."

And in the safe container of that conversation, you'll be able to talk more. I mean, obviously, we're on live with everybody in the world school, but with just the two of you, it'll be easier.

Colette: So then you go like, "Oh, yeah." You read the whole thing and go, "You know what? That whole thing ... you know that part here where it says by not making a choice, you really can wear my mind." And then it's like, "Oh, that really stood out." So you read the whole thing and then go, "You know what really stood out for me about that for you is this. Does that make sense?"

And then the other person will go, "Yeah. And you know what? The other piece that really stood out for me was this piece and here's why." So then you go, "Oh, wow, is it my turn?" "Yeah." "Okay, cool." And then the next person does it. And that way, you start to get used to having no small talk.

Valerie: That's really helpful. I like the fact that you said that and stated as a conversation, because I tend to speak too much. So here we are, live. Am I going just to say very little?



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So I felt very ... like hold myself back. So it's very nice for you to say it in that way that makes it much more comfortable to approach. Yeah.

Colette: And remember, you're both coming with the same intention. Because you guys are students, your intention is to learn and be curious how the dynamic unfolds. And you go, "Oh, wait, I didn't say that." Like, "Oh, I wonder why." So you guys can talk like that too, say, "Oh, that was weird and awkward. Can we do that again?" Right? It's okay because nobody's proving anything. You're just learning. Roberta, it would be your turn.

Roberta: Valerie-

Colette: Can you keep this going?

Roberta: ... May I have your permission to pull a card for you?

Valerie: Yes, you may. Yes.

Roberta: So I'd like to know what is in Valerie's best and highest good at this time, what's the message that she most needs to know. And the card I got is chop wood. Didn't we get that earlier? Chop wood?

Roberta: Oh, we got it earlier.

Roberta: 42. Sorry. 42. Okay. And it was not in protection. So chop wood, essential meaning, being grounded in everyday experience, humility. The Oracle's message, there are times when the big dream is meant to lie dormant in your consciousness so that you can pay attention to the simple chores in your life. Consider why pruning a tree is the forerunner of delighting in the beautiful blooms when it is in full blossom.

The mundane act of pulling off dead leaves, watering the soil and then leaving it to be, to let nature take its course is an important step in manifesting. Taking your attention away from your goal brings you into the state of reciprocity. This is the deeper purpose for releasing attachment. When you engage in everyday tasks in a meditative, contemplative way, you clear your energy to receive your aha moments, which brings you even closer to what you seek. Should I go on with the relationship message?

Doug: No, not for this. These questions are about general. We're just focusing on the Oracle's meaning.

Roberta: Let's go to the first one.

Doug: Yeah. So go ahead.

Roberta: So for me-

Doug: Ask her first what she connects to in it.



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Roberta: Yeah. What did you connect to in that, Valerie?

Valerie: Oh, there's actually quite a bit. The meditation piece for me is very big right now. I'm grounding myself down, still dealing with a lot of stuff and just when I think I'm on a path, there's more pruning that has to happen and I feel like I'm back where I was. And so for me, and even just the fact that I'm trying to learn how to take care of myself again because for so long, I've just dismissed the fact that I actually need to take time for myself and I've just always done for everybody else.

And so there's a lot. For me, chop wood is like, "Chop, chop. Get to it." Right now, I have to get to myself. So it's a big learning curve and I have to give myself, allow myself to do something for myself. And like Colette said earlier, sometimes I have to say no, which is really hard. And that my card today actually was pulled earlier. I had deep knowing in protection and I posted in the Thunderbird house today in and I was really connected, actually, quite connected to this card in a way. So it's just another affirmation for me, I suppose.

Colette: Great, if I could say. It's really good. Really good. Really good.

Valerie: We're trying.

Colette: No, it's good. It's really good. So then you'd say, "Yes. So thanks. That that was spot on," right? Because that's ... she said it was spot on because it was her that pulled the card. Right? But I would also say, Roberta, if you saw something that really stood out for you, because you aren't a talker-

Roberta: I'm a talker. I am a talker.

Colette: And she doesn't go off a whole lot. So you might go back and go ... Roberta might say, "There's this one line that really stood out for me. Does that make sense to you too?" Like you say, "Ah," or like, "Oh, yeah. From what you said, that was the line that really stood out for me." Because you're also witnessing her with that card. You chose the card to witness her, so then you still have to be part of the conversation.

Roberta: The part that stood out for me-

Colette: If there was anything. If there was anything that stood out for you.

Roberta: Definitely was the act of pulling off dead leaves, watering the soil and then leaving it to let nature take its course. And then that resonated with the whole analogy that you had about how we've been trans-planted into these new pots. Sometimes when we're in these new pots, we need to grow and to be a part of that. So part of that is deadheading the flowers so that more blooms can come about. So is there something in your life you need to deadhead?



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- Valerie: Well. And sometimes, I guess it's the situation I'm dealing with right now that's pretty kind of tragic. A part of me needs to do some pruning and let it go. I have to let it rest because if I prune too much, I'm probably going to kill my plants. So I need to do a little pruning and give it some water and rest instead of too much pruning.
- Roberta: And let nature take its course, which is the message.
- Valerie: And trust that Spirit's got a bigger plan for me.
- Colette: This is good.
- Roberta: Amen.
- Doug: This would be a great time too where, Roberta, in the conversation ... We won't do it tonight, but this'll be your time to ask, "Maybe can I pull a clarifying card for you about that pruning?" This would be a good second card. You could-
- Roberta: Let's actually do it.
- Doug: You want to do it? Great.
- Roberta: Yeah. Yeah. Let's do it.
- Doug: So is that okay, Miss Valerie, if Roberta does that?
- Valerie: That would be great. Sure.
- Doug: Perfect. So just pull a clarifying card.
- Colette: And then we just want to show you tonight, right? That what you can ... because I think-
- Doug: Yeah.
- Roberta: I got a jumper. So the one I pulled was yen which is just going with the flow and not just fishing. It's being more receptive and a change in the wind. I don't know if
- Valerie: That's ... wow, okay. I'll let you do your part, but I'm just like, "Woo. So much going on."
- Roberta: Okay. So should I go to the book? We're going to go to yen?
- Colette: Yeah. Maybe just the essential meanings for both, just from a time perspective right now.
- Colette: Yeah, just to show you.



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Roberta: All right. So yen is number two ... sorry. Eight, two, yen. Essential meaning, the feminine principle of reciprocity. Letting someone-

Doug: Receptivity, yeah.

Roberta: Oh, sorry. Oh, receptive. Okay. Receiving, receptivity, letting someone else make the first move. Gathering information and taking in cues, the art of conscious allowing. Ooh, that's beautiful. Conscious allowing. Does anything resonate for you?

Valerie: Yeah. Just like I said earlier, I just need to let things take its course and I have to just have some trust in the process of it all.

Roberta: Let it come in. And then a change in the wind is number 12 and the essential meaning for that is a sense that unseen change has been initiated. Preparation for a storm, awareness that your plans are not on firm ground. Feeling a shift, uncertainty about which direction the winds will blow.

Valerie: So on yen to the receptivity, I'm a giver, not a very good receiver. I've been trying to seek help but having a hard time receiving it and I'm trying to do more than I can allow it to come in. And with the change in the wind is the jumper. Just a few hours ago, I had a storm of information come my way that blew me out of the water, sent me in tears just before the call and I thought, "Oh, my God, I am in a place of chaos and I don't know where this is going to go."

And I am honestly throwing my hands to the air and saying, "I hope you've got a bigger plan for me." And I hope this all works out because at this point, I'm very uncertain and I'm very nervous and I don't know what the outcome will be and I am just hoping and praying that it all works out.

Colette: Beautiful. Beautiful. So-

Roberta: And all of these are two, so you have more

Colette: Yeah.

Doug: Yeah, we are all with you.

Colette: Both people don't have to pull the extra card, the clarification card. It's just to further the conversation when you both go like, "Wow, that was so good. That's what I would say." And Roberta, in giving the reading to Valerie and sharing that, witnessing her, did you also feel that this could apply to you too? Was there something that you identified with?

Roberta: Oh, absolutely. I mean, it really related back to the sea card which was going with the flow, letting things happen. It's being more yen, allowing things to come to you, being part of the wave. So I think there was some connection between all three of our cards.



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Colette: Right. I agree.

Roberta: Thank you so much.

Doug: Thank you both.

Valerie: Thank you, Roberta. Thank you everybody.

Doug: Great job.

Colette: Sorry, I'm going like this with my ears, but when the fall comes here, I get these really itchy ears. I don't know why. Do you ever have that happen?

Doug: I do actually. Yeah, probably it's an allergic reaction. For sure.

Colette: That was so good, you guys.

Doug: It was great.

Colette: We don't have time for another person, but that was good enough for you guys to see. So-

Doug: I do want to say something Anna wants me to say, guys, because Anna wants you guys to know that she's going to send out the information about doing the readings tomorrow once she gets home. She's traveling tomorrow across the country. So please know they'll be posted a little later in the day, but watch for those tomorrow evening America Times. So just FYI.

Colette: America Time?

Doug: Yeah. You know what I mean. No, Canada Time, North America Time. North America Time.

Colette: Okay.

Doug: I'm sorry.

Colette: That's so funny. Well, we do have students in 36 countries.

Doug: I know. And I do often jokingly say that I'm from the Southernmost province of Canada because, Canadians all the time in my life. There we go.

Colette: Yeah. I understand. I love that. That's so funny. Eastern Standard, because that's where she lives. Okay. All right. So let's do our meditation. I'm on America Time. That's right. I love the little. Okay. First of all, let me thank the four people that came up tonight. You



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guys were amazing. It is a little nerve racking and kind of weird when you're put on the spot like that, especially when I'm interrupting you or Doug is, whatever.

So you did fantastic, given the circumstances were really, really good. It was very brave and I think you gave a wonderful example for everybody. And just know this, that stay curious with each other and be open and honest with the other ones about how you guys feel. And remember, we're all in this to learn, right? So you can't do anything wrong. It's more about, "Oh, that's curious. I kind of felt like that.

I wonder if this ..." so just go in knowing that you're there to be curious and you have a partner, that it is the universe. Conscious universe is going to guide your hand to choose the right card for the other person, right? Really, really, this will work for you. Okay? So let's get into our space where we are taking a deep, deep breath. And first, let's drop our anchors.

So let's all imagine ourselves at the top of the crystal mountain, our Oracle school personal mastery mountain of crystal, and we're high, high above the ground, so high that we're in the center of the black velvet night's sky where we're surrounded by tiny stars, sparkling like diamonds. There's a kind of stillness and community, a sense of the tribe that we are mutually interdependent and consciously in community with one another. Not everyone is at the same stage, but we are all equal here.

We are all balls of energy here to express more of ourselves. And imagine that it is relatively dark, but we're all lit up like balls of light, each one of us. I don't know if you guys saw ET, but when ET's heartlights shine, there's this pulsing heart. And so from here, as each one of us pulses with light and life force and energy, we're going to call in the thread that connects us to the center of the universe where consciousness begins. It goes into the tops of our heads and down through us.

And then there's this golden light that occurs and moves all through our bodies and then forms like a heavy gold brick that just drops deep into the center of the earth. And remember that when we are here together and our intention is that everyone flourishes equal to the others in each one of our unique, authentic, inspired lives or special to the individual as well as our contribution to the whole, that is where our equality comes from because each person brings their special, unique purpose, life purpose to this world.

No one's better than the other. No one more important. This is very important. and how together as a community, our consciousness, just by being present, is enough to light us up even brighter. Well, let's hold our hands to our hearts and one hand open, both giving and receiving. We offer ourselves to the others here in this group and a light shines and connects us all to the threads of our intention for good and also receiving that at the same time from our hearts to each other.

Blessed be, and so it is. We love you all Have fun with this guys. This is the most fun part of Oracle school. It's when we start this process of connecting in the sacred



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conversations. We're going to say goodnight, everybody. Hope you felt that. We love you.

Doug: We do love you guys. And the partner information will all be posted tomorrow, so wait for that till tomorrow, everybody. Have a great rest of your night.

Colette: Night, everybody. Bye. Thanks Anna, wherever you are.

Doug: Thank you.

Doug: Thank you. Bye.