

MODULE 6

Video Summaries



Video 1:

Bringing Your Magic Into The World

- ▶ One more week after this one then everyone moves from the small room into the Main Hall where you can continue to practice
- ▶ Continue with daily cards when you move into the Main Hall
- ▶ Next level is Shared Wisdom and you will be informed when that starts
- ▶ This module is an invitation to look deeper into your experience and everything you've learned up to this point
- ▶ Time to take an inventory of your evolution from Observer to Manifester
- ▶ Invitation to go back to earlier posts and recognize how you've changed as a result of being in Personal Mastery
- ▶ Can you see how synchronicity has shown up for you in a personal and more consistent way?
- ▶ In Oracle School you start to recognize the flow of things and are not as attached to an outcome
- ▶ How many times did your birds change during the meditations?
- ▶ What kind of birds have shown up?
- ▶ Can you trace what they mean by looking at the progression?
- ▶ How have they interfaced with you when you're working with the content?
- ▶ What kind of bird shows how you've moved to a new layer and level of understanding and awareness?
- ▶ Remember you came here to claim your Unique, Authentic and Inspired Life, open to your own magic, and connect to the magic of the Universe, using Oracle Cards as the tool to help you get there

- ▶ Start to see how much deeper, vaster and wider your understanding of Oracle Cards has become
- ▶ See correlation between what you feel, see, symbolism of cards and notice in your outer world
- ▶ Integral relationship between you, visible world and causal world

Brief OVERVIEW

This video invites you to take an inventory of your experience so far in Personal Mastery through reviewing your posts, meditation experience, relationship with your Oracle Cards, and what is being reflected to you in your outer world.

THE VIDEO ALSO BRIEFLY DISCUSSES THE PROCESS OF WHAT WILL HAPPEN AT THE CONCLUSION OF THIS FINAL MODULE.



Video 2:

Unique Authentic Inspired Life

- ▶ How do we use the Oracle as a means of finding out what a unique, authentic and inspired life means to us individually?
 - ◇ Thinker - indicates we're already a unique self. Looking at logic and self definition...the Ego self that does know who we are. We have everything we need already, all the information about who we are already and who we could become. Can't skip over who we are now
 - ◇ Time To Go - want to leave behind the parts of us that we think about ourselves, that don't serve us.
 - ◆ Part of choosing UAI Life is the willingness to let go of what doesn't serve us, the way we identify ourselves, the continuation of unhealthy patterns we engage in
 - ◆ Time To Go about releasing the old self in order to welcome the new one
 - ◇ Chop Wood - the work that is necessary for us is our awareness, willingness to be aware of patterns and self you want to become...calling into being. Daily practice of doing the things you need to do
- ▶ Stay present in the day-to-day
- ▶ UAI Life comes to you by being you and getting to know yourself
- ▶ Do small thing in front of you...logical next step
- ▶ Leaving behind the self that doesn't work for us
- ▶ Day-to-day, lifetime process

Brief OVERVIEW

IN THIS VIDEO A REMINDER IS PROVIDED TO REMAIN PRESENT IN THE DAY-TO-DAY, AND THAT YOUR UNIQUE, AUTHENTIC AND INSPIRED LIFE COMES TO YOU BY BEING YOU AND GETTING TO KNOW YOURSELF.

Through a 3-card demonstration using WOTO, guidance is provided in response to the question 'How do we use the Oracle as a means of finding out what a unique, authentic and inspired life means to us individually?' The reading advises to do the next thing that's in front of us as we leave behind the self, while remembering that this is a day-to-day, lifetime process requiring us to take small steps to get to the big ones.



Video 3: Authenticity

- ▶ Authenticity is the motive and energy behind uniqueness...effortless
- ▶ Taught to wear masks
- ▶ Motive driven by the Soul...all truths without shame
- ▶ Empowered because your authenticity is your motive to serve
- ▶ Authenticity is the pure sense of freedom that you have when you're being yourself
- ▶ Sometimes things can get twisted e.g. authentic self/motive is to heal but the Ego grabs it and then the motive is to be needed
- ▶ Difference - One is driven by authentic need to just be of service, bringing life force energy through you. Other wants to be needed, popular, seen a certain way; the Ego gets involved so that you lose sight of why you're doing it, lose boundaries, are affected by other people's stuff etc.
- ▶ In this program we learn how to see and be aware
- ▶ Can't be all things to all people
- ▶ Ask 'How do I allow my energy to be depleted?'
- ▶ Manage energy, check motives and knowing that being authentic will make you feel free and feel good no matter what happens
- ▶ What is the next right action for all of us to really get in alignment with our soul?
 - ◇ Time To Go - we move from an old life and go towards a new one. Leave behind the baggage that doesn't serve us. If it comes up for us we don't make a fuss about it instead 'that's interesting'. Soul is adversely affected by our carrying around so much baggage and it can't explore more unless we let it

- ◇ What are we going to leave behind? Round and Round (P) - patterns. See the cycles you want to let go of once you figure out you have the key by the awareness. Fire the automatic pilot! The minute we recognize, we can get out of it quicker and have the tools. Remember other people's opinions and projections of you aren't about you, it's about them
- ◇ Never Ending Story - all about drama. For us to be in alignment with our Soul we have to let go of drama.
- ▶ Trust you have the key and the power to decide to change the way you think, feel, and believe at any given moment, even if we go into automatic pilot temporarily
- ▶ Stay out of the past and future and stay in 24hr compartment

Brief OVERVIEW

◇ THIS VIDEO REMINDS US TO LEAVE BEHIND WHAT DOESN'T WORK AND DISCUSSES THE DIFFERENCE BETWEEN AUTHENTICITY AND UNIQUENESS.

It draws to our attention the difficulties that we all get into when the Ego mind looks at what the authentic Soul expresses and wants to make it its own, thereby shifting from being of service to being needed. We are reminded to take accountability for our patterns, and through a 3-card group reading receive guidance from WOTO about how to get in alignment with our Soul. As we move forward into our true authenticity we need to let go of the past and not allow our victim story to limit us. In this video we are reminded that we are being empowered by being ourselves.

Video 4: Inspiration

- ▶ Inspiration means to be filled with breath
- ▶ Spirit fills us, so we're breathing the Divine
- ▶ How am I inspired by the world?
- ▶ How can I move myself aside so that Divine inspiration can move through me, so I can focus on my UAI Life and things I need to do to get there?
- ▶ Group reading - How do we take an action to become more inspired, more in-tune, with what makes our heart sing?
 - ◇ Treasure Island - you don't have to look outside yourself for the beauty and opportunities. You have everything that you need. Invisible resource that means you don't have to 'come up' with things to do etc. It's a feeling state when you get out of the way. Spirit is our manifesting partner.
 - ◇ Exchanging Gifts (P) - if we see ourselves in a particular way, are we willing to do what it takes to get there? You have to do the leg work and stay open to Spirit for the inspiration that's uniquely yours. Easy to follow through with actions when you're inspired. Follow through is key!
 - ◇ Tick Tock - there's always enough time. What is yours won't go past you. When you're inspired, whatever is meant to happen will be in appropriate Divine timing, for your highest good.

Brief OVERVIEW

IN THIS VIDEO WE LEARN WHAT IT MEANS TO BE INSPIRED, AND REALIZE THAT WE'RE IN PARTNERSHIP WITH SPIRIT THROUGH WHICH WE BREATHE AND ARE FILLED WITH INSPIRATION.

Using WOTO as our guide we receive a 3-card group reading highlighting what action we need to take to become more inspired and in-tune with what makes our heart sing. This video also draws our attention to the importance of doing the necessary legwork because Spirit is not going to do it all for you, even though the inspiration is there already. Additionally, the importance of trust and divine timing is talked about, reminding us that what is meant for us won't go past us.



Video 5: Obstacles

- ▶ Typically an obstacle shows up with our resistance e.g. resist a situation in front of us, don't want it and want to keep going the way we are. This becomes something that's somehow preventing us moving forward doing what we want.
- ▶ Whenever feel resistance to something, it's considered an obstacle
- ▶ Find out: Is this obstacle for my highest good? Am I projecting the concept of an obstacle onto something that isn't one?
- ▶ Always looking for proof outside of ourselves for what we feel, think, believe and conceive is true
- ▶ Have to work with the obstacle that shows up no matter where it came from
- ▶ Group reading - 2-cards looking at what is the nature of the obstacle that I perceive and what is the next right action for us all to do when a perceived obstacle prevents our growth or from moving forward? Both cards are anchor cards because what we're looking at are two sides of the same coin, two faces of the same thing.
 - ◇ Loyal Heart (P) - speaks about being stubborn, overly tenacious about an idea, being so attached to something that you don't know how to let it go. Look at outdated beliefs, old ideas, and misplaced loyalty. Betrayal is only a signal it's time to prune away all who don't deserve your trust and have a place in your life. Be new, think new, open your heart to new things. Make some room. Is there a gift in this?
 - ◇ Milk and Honey (P) - turn to pleasure and comfort to escape what's going on. Practice extreme self-care before engaging in behaviors you'll regret. Feel love and compassion for yourself. Turn troubles over to the Divine for healing. Reminds us to step back and let go.
- ▶ Take a breath and remember the Oracles can help us navigate around, over, under any obstacle, and see how we are responsible for our reactions, helping us to shift internally so our outer world responds in kind.

Brief OVERVIEW

THIS VIDEO TALKS ABOUT OBSTACLES, POINTING OUT THAT THEY COME FROM RESISTANCE WITHIN US, AND CONSEQUENTLY ARE OUT-PICTURED INTO THE WORLD.

Two examples of obstacles are talked about. A 2-card reading regarding obstacles, both cards being anchor cards, is provided and this advises us to release attachment to an outcome. Remembering to take a breath and engaging with the Oracles to navigate obstacles and resistance is also talked about.



Video 6: Relationships

▶ Learning about relationships and how to deepen the conversation between you and another person, or how to understand what's happening between you and another person.

▶ Teaching you a 2-card reading

- ◇ First card represents you - who you are, what you represent and what your experience is
- ◇ Second card - how the other person perceives the experience for themselves (or haven't experienced) or how they see you
- ◇ Pulling a third card which acts as an advice card, providing information on what's in the highest good

▶ Regardless of the position of the cards, upright or in protection, you're getting information about the dynamics between two people

▶ Not looking solely at you or another person, rather, how you perceive and interact in the dynamics of a relationship

▶ Demonstration using Colette and Marc as the example

- ◇ 1st Card (Colette) - #22 Blessed
 - ◆ Colette and Marc have best relationship she's ever seen or experienced. Always felt blessed that he came into her life when he did considering her colourful history with partnerships that didn't work. Feels like the Universe literally said 'here' because even the way they met was bizarre.
- ◇ 2nd Card (Marc) - #40 Co-Create
 - ◆ Marc's perception of relationship is a partnership. He's her business partner, life partner, partner in goofy etc. Simply put, Marc is Colette's partner and they create together.

- ◆ As a result of Colette's sense of being blessed and Marc's sense of them being in a partnership, together something greater is born between them

▶ When you do this relationship reading you get an opportunity to see where you're coming from in the relationship and how the two cards together are making a relationship with themselves too. Dynamic relationship.

◇ 3rd Card (highest good) - #25 Round and Round

- ◆ They've been together a long time so patterns have come up. They know they're accountable and responsible to fix the pattern. This card in protection for Colette and Marc means that if anything comes up for them they stop and work it out and don't go to bed angry.

▶ First Card - Where you stand in the relationship and your perception of it

▶ Second Card - Where the other person sees him/herself in the relationship

▶ Third Card - Tells you more about the relationship, what you need to do, how the relationship is evolving, if you need to course correct etc.

▶ Why would you do a relationship reading? They give you a greater depth of understanding as to why things are happening.

▶ Typically we don't take into account how another person feels or thinks because we're not walking in their shoes

▶ Relationship reading brings depth of understanding and ability to communicate with a person

▶ You NEVER do this over and over again looking for information about somebody unless they are present and have given you your information otherwise it constitutes Oracle Abuse

▶ If don't have someone's permission remember you're looking at the dynamic, therefore you can have a second card relating to the DYNAMIC of the relationship

▶ Not recommended that you do a reading on someone else without their permission because you'll be projecting what you think the card means

▶ Always have to ask about the dynamic that you're perceiving because you'll get the truth back

Brief OVERVIEW

THIS VIDEO IS ABOUT RELATIONSHIPS AND HOW TO DEEPEN THE CONVERSATION BETWEEN YOU AND ANOTHER PERSON, OR HOW TO UNDERSTAND WHAT'S HAPPENING BETWEEN YOU AND ANOTHER PERSON.

Relationships are always about a dynamic force between two people. The video includes a demonstration of a relationship reading using Colette and Marc as the example.



Video 7:

Working With Multiple Decks

- ▶ All of Colette's decks designed to work with each other
- ▶ They're like a counsel together and you'll learn more about that in Shared Wisdom
- ▶ Getting a taste about what it's like to work with multiple Oracle Card decks in a 1-card reading
- ▶ Every deck has its own personality and isn't going to speak to you in the same way...even the guidebooks are written differently
- ▶ Different feel to each deck but all are willing to speak to the same subject and give you a different perspective on it
- ▶ Invitation to use 3 different decks. The first deck you choose is your anchor deck. Feel free to choose a deck other than WOTO!
- ▶ Demonstration using The Enchanted Map, WOTO, and The Good Tarot to tell us what we need to know about working with multiple decks
 - ◇ The Enchanted Map - #7 Into The Unknown
 - ◆ All about taking a risk, jumping over to something you don't know. Brand new experience. No clue how it's going to go. Need to surrender, to come to the edge, and take a risk. Image of blindfold on the card...blind to what this is. How we want to enter into this relationship with multiple
 - ◇ WOTO - #2 Yin (tells us more about 'Into The Unknown' card)
 - ◆ Means to be receptive in order for us to understand and experience working with multiple card decks. We need to be receptive to the messages we hear. Receptive and passive to be able to take in the information first, so we can percolate on it and sort it out. We don't know and have to be receptive.

- ◇ The Good Tarot (2 cards because one was a jumper) - 3 of Water and 7 of Water
 - ◆ 3 of Water is a celebratory card that says celebrate the gifts that everybody brings to the table. Celebration, getting together with friends, literally getting together with 3 different Oracle Card decks.
 - ◆ 7 of Water refers to our imagination. Anything we could imagine is possible when you open up to your connection to the Universe.

Brief OVERVIEW

THIS VIDEO HIGHLIGHTS THAT ALL OF COLETTE'S DECKS ARE DESIGNED TO WORK TOGETHER, EACH HAVING THEIR OWN PERSONALITY AND PERSPECTIVE TO SHARE ON A TOPIC.

When working with multiple decks, the first deck you choose becomes your anchor deck. The video includes a demonstration of working with multiple decks using The Enchanted Map, WOTO, and The Good Tarot decks to inform us about what we need to know about using multiple decks.

Video 8:

The Chair Exercise

▶ Introducing you to 'the chair exercise' which was taught in the Invision Process training course.

▶ Embodying how you want to feel is sometimes the best way to change the way you do feel.

▶ Chair Exercise – line up three different chairs. The middle chair is your chair, the one on the right is your goblin's chair and the one on the left is your observer chair.

- ◇ Middle chair– represents your personality as it is. When you first sit in it your state your name and a few details about what's going on in your life that day, and physical details of your surroundings.
- ◇ Observer chair– you get neutral and tune in to the expansive self that is well and curious. You sit and connect to a much more calmer, observant energy.
- ◇ Goblin chair– this is where your challenging narrative sits. Tune in to all and everything that this narrative entails in that energy. This is the part that runs separation and anxiety.

▶ Process for chair exercise –

- ◇ Begin in the middle chair.
- ◇ Next, move to sit in the observer chair on the left and notice how you feel.
- ◇ Return to the middle chair and notice the difference in how you are feeling.
- ◇ Move to sit in the goblin chair on the right. In the goblin chair, close your eyes and allow the narrative and all the emotions associated with the goblin to be there. Picture the energy sitting right inside of you. Here, you are tuning into the emotions, so pay attention to your posture and how you change physically. Allow yourself to embody the uncomfortable, sabotaging energy.
- ◇ Go back to the observer chair. Sit down and identify that you are separate now from the goblin energy. How do you feel? You should feel different.
- ◇ Go into your personality chair. Which chair do you prefer to sit in?

- ◇ Move the goblin chair into a corner or as far away as possible and turn the chair so that the back of the chair is facing you.
- ◇ Now you only have two chairs...the personality chair and the observer chair. Develop a relationship between these two and temporarily put the goblin challenger chair 'on-ice'.
- ◇ Which chair would you choose to sit in?

▶ The real reason we do this exercise is to separate out the various states of the mind and create a physical experience of them so that we can make a choice.

▶ Don't analyze any of this. Feel the energy.

Brief OVERVIEW

◇ THIS VIDEO IS FOCUSED ON THE 3-CHAIR EXERCISE TAKEN FROM THE INVISION TRAINING COURSE. IT DISCUSSES WHAT EACH CHAIR REPRESENTS AND GUIDES YOU, STEP BY STEP, THROUGH THE PROCESS.