

MODULE 6

Home Play



In your journal answer the questions posed in

Seeing The Magic In Everything

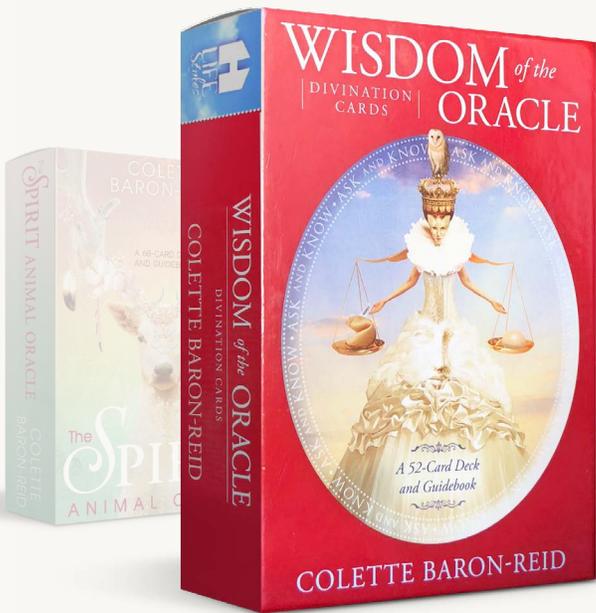


- ◇ Review what you've learned so far - how have you changed?
- ◇ Do you know yourself better?
- ◇ How do synchronicity events show up for you now?
- ◇ Can you see now that you are a story in motion - that there is no one perfect destination?
- ◇ Has the story you used to tell shifted?
- ◇ You have a new way of looking at the world what do you notice most now?
- ◇ Nature is an Oracle.. when you notice things in your environment you will begin to see a correlation between your oracle reading, your meditations and what you see in them- birds, and landscapes. Your innerworld will be informing you through the outer. (This is a sneak peek of things introduced in level 2 - Shared Wisdom)
- ◇ Example: When you do the "Get on Your Blrd" meditation, and notice what you see in it, look up the symbolic meanings online and discover an extraordinary co-relation between them.



Just take your time and try to journal about a different one each day. Don't try to answer it all at once. Really give yourself a chance to percolate on all you have learned about yourself, your relationship to Spirit and the magic in your experience in the Personal Mastery Course.

ALSO DO THESE EXERCISES.



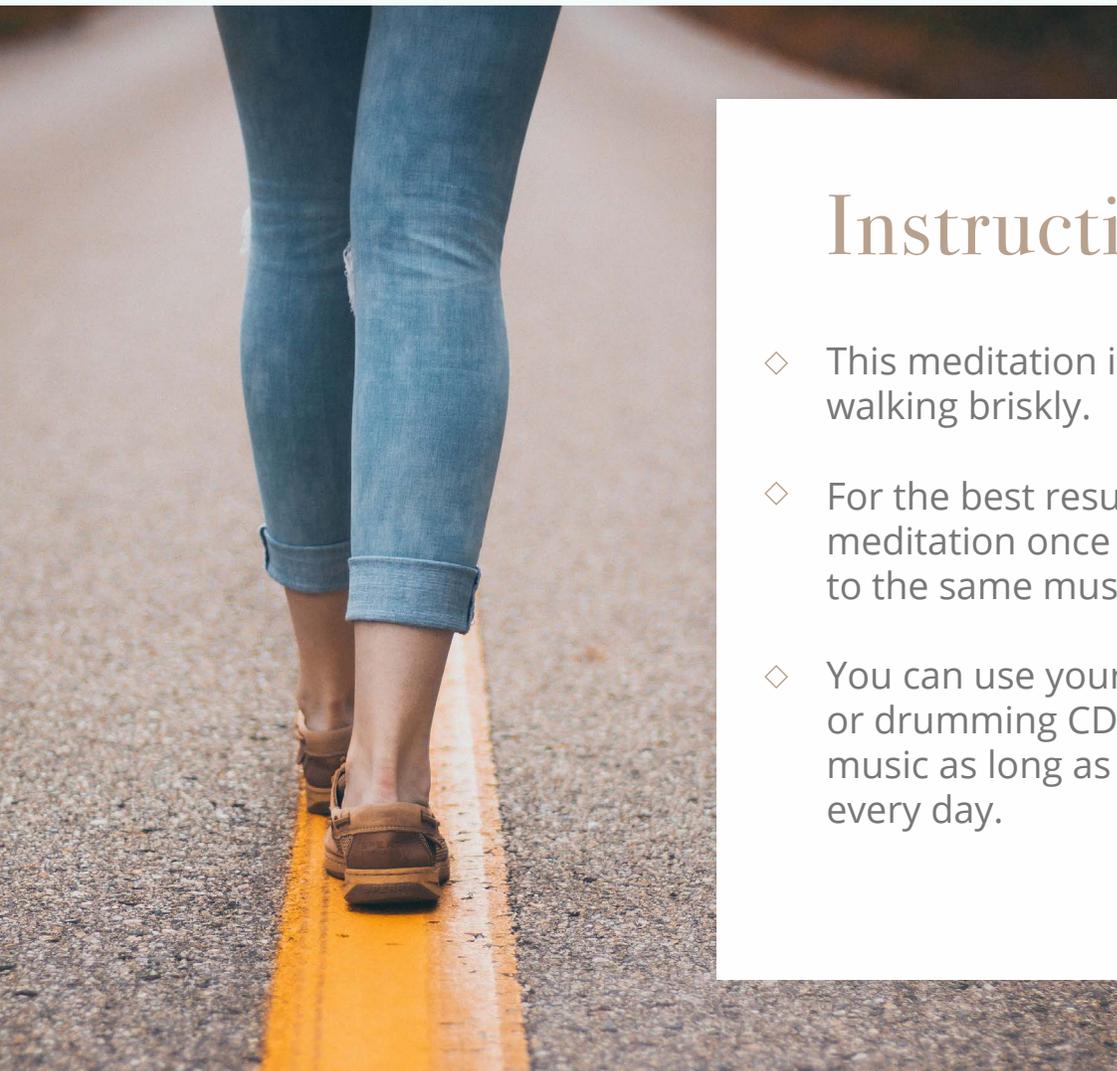
- ◇ *Next Right Action Reading*
- ◇ *Chair exercise*
- ◇ *Three Oracle perspectives with 3 decks (if you don't own all three, go to my website to use my free app-you will have many decks to choose from)*
- ◇ *Deepening relationships reading*
- ◇ *Walking meditation (see next page)*

Walking Meditation

Walking Meditation Claiming The Power of Your Unique Authentic Inspired Life

The purpose of this meditation is to bring the experience of consistent deliberate intention, thought, and imagination to a physical activity, thereby creating a consistent signal to engage the Laws of Thought, Frequency and Magnetism, tuning into the Law of Infinite Potential and the Law of Abundance.

This helps you embody the energy of your future self in the “now”.



Instructions:

- ◇ This meditation is to be done walking briskly.
- ◇ For the best results do this walking meditation once a day listening to the same music
- ◇ You can use your favorite mix tape, or drumming CD or any other music as long as it's the same one every day.

Walking Meditation

This is a truly personal choice. You need to feel connected to the music.

Before you begin choose a point in time 3 years from today and allow your imagination to show you glimpses of who you will become as a result of this new path you are on.

Walk as if you are that person now, each step confirming a vision of yourself, who you could be, but owning that energy and essence as if you were living that life now. Walk with confidence and gratitude and celebration. "Have" this new life rather than "want it" or wait for it to appear "down the road".

Affirm this new version of yourself is your truth , your essence and you are excited to see the Form of it show up in divine timing.

Celebrate with Gratitude.

Repeat daily for 7 days.

