

MODULE 4

Introduction

VIDEO SUMMARY



Videos 1:

Introduction

- ▶ Module 4 is a head-exploding module but remember to have fun and don't expect yourself to understand totally everything first time around.
- ▶ This module is about the nature of time and how it affects the way we see our stories in motion, and how we co-create our reality based on our perception of time, our perspective on the past, and our intentions for the future.
- ▶ When we started in Personal Mastery we learned about the daily card, which helped us to stay in a 24hr compartment. What's important about this is that the more we 'work on ourselves' on a day-to-day basis, we get used to setting in motion a future that is implicit in the moment, meaning we're creating everything in the moment, the 24hrs.
- ▶ Our past ends up taking us hostage because it starts to rise up in us when certain conditions are met in the outer world, or within ourselves, that takes us 'off course'.
- ▶ We have to take into account that time is always in motion; our story is always in motion.
- ▶ When we add 2 more cards to the 1 card, we initiate time because something is going to flow from that anchor card and tells us what we're moving into.
- ▶ We're learning to track all of this complexity in the course.
- ▶ We don't know everything. We can't truly imagine what the form of our future is going to take because our perspective changes on everything. As we transform in the moment, everything changes, including our past.

- ▶ Hover over our story and be as neutral as we can.
- ▶ You're being introduced to concepts of different dimensions of consciousness.
- ▶ We typically understand the world in 3D.
- ▶ We enter the fourth dimension because our intuition starts to look at the invisible. This neutral space has more of a heart center to it because we're coming from a place of compassion and non-judgment.
- ▶ The 5th dimension is where the action is; where we are engaged in a partnership with Spirit and we're manifesting much quicker. It's a natural progression of doing your cards every day and looking at time in a different way, automatically going up and down in this ascension process.
- ▶ What we're going to be looking at in this module is the concept of time, different dimensions of awareness, and how our cards help us to make the real transformation because it can take us out of our connection to a fixed past, present and future moment.
- ▶ Be gentle with yourself. Don't expect yourself to really understand it intellectually.