

MODULE 4

# Video Summaries



# Video 1: Introduction

- ▶ Module 4 is a head-exploding module but remember to have fun and don't expect yourself to understand totally everything first time around.
- ▶ This module is about the nature of time and how it affects the way we see our stories in motion, and how we co-create our reality based on our perception of time, our perspective on the past, and our intentions for the future.
- ▶ When we started in Personal Mastery we learned about the daily card, which helped us to stay in a 24hr compartment. What's important about this is that the more we 'work on ourselves' on a day-to-day basis, we get used to setting in motion a future that is implicit in the moment, meaning we're creating everything in the moment, the 24hrs.
- ▶ Our past ends up taking us hostage because it starts to rise up in us when certain conditions are met in the outer world, or within ourselves, that takes us 'off course'.
- ▶ We have to take into account that time is always in motion; our story is always in motion.
- ▶ When we add 2 more cards to the 1 card, we initiate time because something is going to flow from that anchor card and tells us what we're moving into.
- ▶ We're learning to track all of this complexity in the course.
- ▶ We don't know everything. We can't truly imagine what the form of our future is going to take because our perspective changes on everything. As we transform in the moment, everything changes, including our past.

- ▶ Hover over our story and be as neutral as we can.
- ▶ You're being introduced to concepts of different dimensions of consciousness.
- ▶ We typically understand the world in 3D.
- ▶ We enter the fourth dimension because our intuition starts to look at the invisible. This neutral space has more of a heart center to it because we're coming from a place of compassion and non-judgment.
- ▶ The 5th dimension is where the action is; where we are engaged in a partnership with Spirit and we're manifesting much quicker. It's a natural progression of doing your cards every day and looking at time in a different way, automatically going up and down in this ascension process.
- ▶ What we're going to be looking at in this module is the concept of time, different dimensions of awareness, and how our cards help us to make the real transformation because it can take us out of our connection to a fixed past, present and future moment.
- ▶ Be gentle with yourself. Don't expect yourself to really understand it intellectually.

## Video 2:

# The Past and Predictions

▶ In this video we're talking about the past and how it influences the future.

▶ Be aware that the videos will overlap because the concept can't be taken apart and put back together like a puzzle because it's more of a Quantum Reality.

▶ We're not making predictions in this course.

▶ The reason people have used Oracles over the centuries to make predictions is because the future is implicit in the moment.

▶ Some who have the capacity to see the grid of potentiality can see the possibilities and describe them. This course is not training you to do that.

▶ We live in artificial time and have done since we stopped using the lunar cycles as a method of telling us where we are as well as light.

▶ Natural cycle that occurs in the human body for us to be 'in sync' with the planets and with the whole Universe, that are based on light, time of light, seasons, and cycles that we all go through. These are not reflected in the calendar.

▶ The introduction of the calendar began a way of looking at the world, and was particularly 'hammered home' at the time of Newtonian physics, where we started to see the world as separated parts. We began to see time as linear.

- ▶ Instead of seeing time as cyclical, we began to see time as something we could mark in organized pockets of experience. We began to see time as going from left to right.
- ▶ We all believe that time is in some way linear because we've been conditioned to see it that way and through our loss of natural time.
- ▶ Have to work with what we've got and need to unlearn the concept of cause and effect because when you only look at cause and effect as linear you're viewing the past as fixed.
- ▶ Through Personal Mastery and now Shared Wisdom you know that as you have transformed by doing your daily process work your perception and perspective on your past has now changed. So you can, in fact, re-write your past.
- ▶ Start thinking about the past not being fixed.
- ▶ Scientists are now in agreement with indigenous cultures and the early cultures on earth that we consider primitive, that the future is implicit in the now.
- ▶ Everything that arises up from the moment has within it the seeds of the future.
- ▶ We're memory based creatures and we're going to be influenced by the experiences we had in the past.
- ▶ Unless we're willing to look back at our past and see it with a different lens, we're going to be indentured or enslaved by the stories we tell ourselves about the past. This has an influence on where we're going to go next and what we're capable of achieving.
- ▶ The past lives in our subconscious, which also lives in our bodies.
- ▶ In module 3 we were seeing our sensitivity spectrum but we also have stories in the invisible that talk to us and to our memory, and we start to encourage conditions or see ourselves in those conditions.

▶ Why are Oracle Cards important to us? We have a tool, an amazing, magical tool that can help us to re-write our story of our past to give more opportunity for our future.

▶ A fixed past allows us to be in a specific, small, space with only so much availability based on the story that we tell ourselves about our past because we have certain limiting beliefs, limiting concepts of what's possible for us, which are inherent in the story.

▶ If we change the story, more possibilities open to us, more potentiality, because we're not limited by the perspective or perception of a past that we believe is fixed.

▶ Dr. Bruce Lipton 'Biology of Belief' – we can't store all of the information consciously in our memory banks that we need to know. The human mind is not capable of having access to all of that information, all the time. The stuff that gets stored in the unconscious, the things that come up for us when we get triggered, are the things we want to take out of 'the basement' without being attached so we don't get triggered.

▶ Oracle Cards don't re-trigger us because we're hovering over our story.

▶ We become really strong conscious manifestors because we're constantly moving above the story that would normally keep us there.

▶ Does not mean that we won't have drama, or get triggered, or engage with energy again that has no bearing on or desire that we have for our future, but we can cycle out of it quickly so that it doesn't become part of our implicit now, which tells us what the future's going to be like.

▶ The greatest gift is for us to re-write our past and completely empower ourselves in the moment so that we don't carry that baggage with us as we move forward.

▶ Enjoy the homePlay in the PDF. Don't stress about it and take your time. Just know that it is there for you, and it's powerful.

## Video 3:

# Linear Time Vs Fractal Time

▶ Last video we talked about the past and considered that the past might be fixed or not fixed, and how we see ourselves in relationship to cause and effect.

▶ In linear time there are a lot of things that happen that are not taken into account.

▶ Oracle Cards are a mirror of the things we cannot see, in other words, the things we don't have in our conscious memory banks, and the stuff we can see that is hidden which is activated by other people, world events, our environment; all the things not accessible with 5 senses.

▶ The natural way to experience is to move up into another dimension of consciousness which is always what we're doing when doing our 'Get on your Bird' exercise and hovering on our hovercraft or magic carpet above our story. This immediately takes us into 4D consciousness.

▶ 3D World – we know the past is behind us...that was then, this is now, and then I'm going to go 'over there'. We see the world limited. Our eyes only allow us to see what we can see, in a very limited and specific periphery.

▶ A bat and dolphin have sonar so they experience our world in a very different way. Their senses allow them to see and experience things out of time.

▶ Dragonflies, one of the oldest creatures on the planet, can measure an insect's trajectory. They can calculate (because they have a particular sensory capacity) and measure mathematically the exact trajectory of an insect as to where it's going to fly, even if that insect is not going to fly in a straight line.

▶ These creatures, as an example, experience reality in a way we have no concept of because we're stuck in our 3D world.

▶ The way we get out of 3D is to go up into the 4th dimension, get into the consciousness that's just above where we see everything and where we don't see it with an opinion.

▶ Even in 4D we only have so much capacity to see because we are limited.

▶ Only when we move up to the co-creative platform of the 5th dimension is there that 'just is' feeling; where you choose something from the unlimited potential in the Universe and you called it into being. You do it, you've done it, and in this course you're going to learn how to do it.

▶ Gregg Braden 'Fractal Time' – talked about time as having patterns much like the fractal in nature.

▶ Fractals are a mathematical truth and everywhere. They are a repetitive pattern that is very unique and implicit e.g. leaves, nautilus

▶ Going to see things, not that they repeat in a circle, but more repetitive when conditions show up that mimic or mirror the conditions where we had our first primary experience.

▶ The wound will give us evidence that we need more compassion, opens up our heart and a lot of positive things can come out of being wounded.

▶ Choice Point – we foster choice points when we work with Oracle Cards. We're pushing ourselves to a place where we can get the choice point, seeing the patterns, and wanting to behave differently. Since we're living in 24hr compartments in this course, you can because you have a choice.

▶ We can't control anything that's outside of us but what we do have is a moment, a zero point, when we recognize a pattern, give ourselves an opportunity to hover above it, and make a new choice without taking it personally.

▶ How do we make a new fractal? Through acting on the epiphany and paying attention to our behaviors that will come, because our subconscious will tell us we need to behave in a certain way to prove that our past idea about ourselves is correct.

▶ Reticular activating system is a part of the brain that's using our eyes to only look at what we've already agreed upon as our truth.

▶ To manifest a different reality we have to become the person that has that reality.

▶ In the new fractal we want to create a new fractal, meaning to create a new pattern, consciously and deliberately choosing that reality on a daily basis.

# Video 4:

## Story in Motion

▶ Invited to look at things as evolving into many different lines rather than one straight line, as in the threads of a fabric.

▶ Once we shift a pattern we create a new pattern, and many threads determine that pattern.

▶ Viewing our stories in motion as intersecting with the rest of the world helps us to recognize that we're not alone.

▶ When we shoot our arrow into the air and think in terms of linear, we're going to know that our arrow is going to go straight and hit the mark because we can calculate the distance.

▶ If a wind comes from out of nowhere that we couldn't have known was coming, our arrow will hit another point. So we are also influenced by the intersection of our environment, other people's choices, world events and all of these different layers to the degree to which our arrow is going to land.

▶ We have to remember that we as the archer have to have eyes in 360 degrees because we can't judge correctly. We can't do that, but Oracle Cards can.

▶ Form is not as important as the essence of the experience. 'Uncharted – The journey through uncertainty to infinite possibility' goes into detail about co-creating reality based on essence, what is invisible, our feelings, and our ideas rather than the specific form that we think we're going for like a linear goal. Highly recommend reading if you haven't.

▶ Story in motion means we're always in an emergent state.

▶ If we're doing transformative work in the now then our past is going to change. If our past changes then our vantage point changes. At any given moment we could be moving into another experience.

▶ Going to have some fun in this module predicting, or seeing, what you think is about to happen to demonstrate how you hit the mark, or don't hit the mark, in terms of working with your cards. Why is this being brought up? Everybody looks to the future possible card as fixed.

▶ As we get the hang of seeing the future cards as a snapshot we never look at the cards the same way because we're not looking at a fixed past, we're looking at a perception of the past.

▶ Our vantage point changes according to how we evolve and how willing we are to re-invent ourselves along the way, including our perception of our past.

▶ We cannot re-invent ourselves if we haven't forgiven, released, disengaged, dismantled, known, put names on boxes in the basement of what has affected you up until now, on a conscious level.

▶ It's hard work because we're built a certain way, our subconscious is going to wake up ahead of us some days, and our little goblin's going to sit at the end of the bed and say something like "you're not worthy".

▶ Whenever we up-level there's a new devil. This is why we need to always be engaged to the best of our ability in that hovercraft or sense of feeling detached, and in that 4th dimensional awareness where there's more heart-centered awareness.

▶ We're looking at the future as a potentiality not as a fixed time.

▶ The way you're going to learn what's being talked about is through doing the exercise.

## Video 5:

# Fixed vs. Mutable Future

▶ Most of us have been taught that you've got to have a goal and do whatever you can to get to that goal.

▶ If we look at our intention as a goal, we have to have a form or how else will we know we've hit the goal. We'll get stuck in the idea of a fixed future.

▶ You can have goals e.g. making a certain amount of money, being more organized, but the intention is freedom.

▶ We're going to have goals in co-creating our unique, authentic and inspired life and helping others to do the same, but that is not going to be our fixed choices. We are going to have a much broader sense of our life's intention and we can only do that when we allow the future to be mutable.

▶ The easiest people to do predictive readings from are those who aren't going to change, who have no interest in becoming aware and who are going to continue doing what they do.

▶ We all have a bias so we have to tell ourselves, and others, that this is a potential, mutable reality not absolute determinism of the future.

▶ We rob ourselves of our experience if we think anything is absolutely determined, even if looking back we have seen it.

▶ We are not the ones determining. We'll prevent ourselves from choosing something beyond that because we limit it the minute we name it and we claim it as our goal.

▶ It's okay to have those limitations.

▶ What are our non-negotiables to have a sense of freedom, movement and motion in our lives in order for us to be most effective and gain access to 5th dimensional awareness, where our intentions meet Spirit, play there, set it in motion and let it go?

▶ If we think something is fixed we're going to be attached to that.

▶ Think about what you think you're supposed to be and what did you actually become?