

MODULE 3

Close a Reading
VIDEO SUMMARY



Video 5:

Close a Reading

In Personal Mastery you learned how to open yourself to a reading. You know you have to come to the Oracle from a place of serenity, reverence, awe, and humility. Why? Because you're going to be in the Observer seat. You're not going to do it perfectly all of the time.

When you're working with someone else you **MUST** get their permission e.g. May I open this conversation with you? May I witness this story in motion with you? May I do this reading? Be mindful of the language you're using.

Personal reading – sometimes it doesn't feel completely finished, that you didn't understand it, and you're looking for clues etc. This is a dangerous place to be because that's where you enter a state of identifier and being attached.

To end it you want to do something energetic e.g. ring a bell, wash your hands and say 'that's it'. If you're journaling at the start of the day, which has cleared the story in motion for the day and you're not thinking about it, at the end of the day look over your day at what actually happened. You might want to clear your expectations.

Working with others – could say 'we're complete', 'are we complete?' Some options are provided in the PDF.

What if your ego got involved and you're still thinking about the stuff that happened? This means it's still living with you somehow.

Visualise yourself covered in a shawl that's not yours but is on you, and you take it off and hand it back to the person.

Imagine yourself looking at a violet flame that's inside a circular stone fireplace, toss into the flame, dispersing the energy.

There are many different ways to use your imagination in the right kind of way, to identify yourself as separate from the energy that you want to get rid of and then to move it. This will be discussed in the call with Doug.

Partner Play

This week we are sorting everyone in groups of three at the end of the week.

Choose one person and one card, and tell them their story in motion according to the cards, and if you have insight (fact-based, not opinion/advice), share that and allow for feedback and discussion.

Choose another person in the group for two cards (two different decks).

Choose another person in group for three cards (three different decks).

Track your experience and journal.