

MODULE 6

Lunar Cycles
VIDEO SUMMARY



Video 6: Lunar Cycles

▶ Lunar cycles are split into 4, sometimes 8, but we're only looking at the simple ones – the New Moon and the Full Moon.

▶ Important when it comes to working with Oracle Cards, being in alignment with our UAI life, and getting to a place where we have transformed to the point we feel comfortable in sharing our wisdom with others.

▶ New Moon – most potent time for manifesting something and always going to be in the same astrological sign as the sun. It brings in and solidifies the energy of the astrological cycle, regardless of your sign or chart.

▶ Full Moon will always be in the opposite sign.

▶ Every person in this class is going to have a different desire for manifestation.

▶ If we go 'off track' we can always be influenced by people who are 'on track', and in alignment.

▶ New Moon is when the sky is darkest meaning there's an emptiness there waiting to be filled with something.

▶ New Moon is a time to pray, clear the decks, meditate, make space, make a decision and in that decision/intention surrender it to Spirit, to the void, which is a symbol that we don't know the form.

▶ 2 weeks after a New Moon there's a Full Moon, which is when the Sun is brightest in the sky meaning it illuminates everything that we want to look at or everything that we need to see.

- ▶ Full Moon means we're in the most intense energy, looking at the opposite energy to the sign that the moon is in.
- ▶ A Full Moon is the perfect time to take a look at what has sabotaged you.
- ▶ Full Moon is a time when you need to increase your self-care, especially if you're an empath.
- ▶ We co-create our reality with Spirit and we also have to surrender to life on life's terms.
- ▶ Full Moon is not a time for judgment it's a time for discernment.
- ▶ You will be provided with a specific spread every 2 weeks to keep 'sweeping the floors' so that we keep making space for what we want to manifest.
- ▶ One of the first questions asked in Personal Mastery was 'who do you want to become?' This new becoming is what is solidified in Shared Wisdom.
- ▶ Even if you're not seeing material evidence yet, you have been aligning and becoming the person who can have the things you want to set in motion.
- ▶ Stay in the 24hrs and keep 'sweeping the floor', making space, moving the boxes, staying on your bird, responding as best you can, stay more in the magic than in the muggle, and notice you are a magnet for miracles, a manifesting master.
- ▶ Remember you have plenty of time. You'll receive a schedule of what to expect over coming months.