

OS 2018 Personal Mastery Live Call 4

Colette: Hi everybody! Doug is now the host. Colby Thompson is number one on the panelist board. Nice to see everybody. Massachusetts is in the house. Look at everybody here. How great is that? It's the first time I've ever done this class in the daytime. I'm in Hawaii, and I have better internet in this hotel than I did in my house, so it's pretty cool. Aloha. That's right—Aloha. Yeah. Traveling is hard, so hard.

I find it really hard to stay healthy. I'm pretty clean with my food but then I get very swollen, so I don't like it. But I love traveling. I got a chance to be with some amazing people, and I saw some of you guys at the conference, so that was exciting. And I still have my glasses with me. What can I say?

This is so off topic, but if anybody likes TV shows, I just finished the entire season of *The Chilling Adventures of Sabrina*. It was so good. It was really camp and very—whatever.

Doug: I've heard it's really good. I heard it's a lot of fun.

Colette: Yeah, Marc doesn't like it because it's not his thing. He's not going to watch a teenage girl turn into a witch. I thought it was so good. Hey Corrine, from Canada. Donna, Linda—we're just waiting for some of you guys to settle in with us. And I know, aren't Doug's glasses great? Oh, *The Worst Witch* is fun too? OK, I have to watch that too, *The Worst Witch*. Hi from Australia, Massachusetts, Texas, New Zealand. I love New Zealand.

Doug: I'm in Texas today, actually. I'm in Austin, Texas. So we've got a little bit of Texas in the house here.

Colette: Woohoo. That's so great. I'm so happy to be past that full moon, heading into the new moon. I'm excited about that—much nicer energy. I spent this morning with Debra Silverman, as you all know. You hear her on my radio show and we're

doing a course for all you guys, at some point, called Stars and Cards, and how you mix the two. We can't look at the world's chart, when the world was born, but we can look at the country's chart. So, we looked at America's chart and what's going on, as well as Canada, and some of the European countries. It was kind of cool to be able to see how everything is settling in now. The progressed mood of America is in Capricorn, just settling in and getting grounded now. So, it's all good.

We're still waiting for people to come in. We've only got a few people on the call. Today is break week, but we're so excited. I'm just going to mention a couple things that Anna sent me to chat with you guys about. Aren't you guys enjoying her Headmistress Corner? I think it's so fantastic that she's doing that. It's so much fun. And this going exactly as we expected that—and you guys were asking the funniest questions, which is great. So, usually by now everybody seems to be settling in. And a lot of people are deep in the work. We know that those of you who are not posting, it doesn't mean you're actually not doing your work. It's a deepening of the process and you're over the hump. So, I can tell you from now on, it's a very different experience in this course. And you're going to be moving into a lot more processing in terms of that intimacy. You're no longer figuring things out and learning how things are going to go. You're really in it now and we've been keeping an eye on everybody. I know—therapy was easier, Colby? This is better than therapy.

Oh Maggie, this is your third time doing Personal Mastery? I love that. And that, by the way, says a lot for us and means a lot to us, that so many students come back and take the course again. We love that.

What we're noticing is that you guys are starting to post more, which is really, really great. So, we want to talk a little bit about the idea of what grit is and what that actually means, and why we say, "The pearl, not the grit." And somebody asked a fantastic question in the Main Hall, and I'm going to pull it up. It's from Lizzie Oliver, and she wrote the best question ever. So listen, I'm going to read this to you guys. The grit is not about not telling a story. We want to make sure

you get that. That it's not saying you're not allowed to tell a story. But how you tell the story is to go from the grit to the pearl. What we mean by grit is when somebody just posts the victim story and says, "Can somebody help me?" I'm a perfect example of that. So, I could just leave my story at the fact that I was gang-raped when I was 19, and that I had all this violence in my early 20s, and I have all these bad relationships, and things like that. And then I could go, "Can somebody pull a card for me and help me?" That's the grit. But think how it would be different if I were to tell the same story again and say that what it did was a couple of things—that I had a near-death experience, and I was able to leave my body, and that I found it was easier for me to tune in intuitively.

And it also showed me that I had to really work on forgiveness and being accountable, in my way, for choosing people that could possibly challenge me without boundaries, because, as a result of it, I had difficulty with the boundaries. So, what I can do is share the pearl and say, "And here's what I did for that: I watched my oracles, I stayed clean and sober, I went to therapy. I did these things. And the revelation that I had after the experience was that I was the common denominator in creating these same realities in order for me to get onto the other side."

So, this is how you share the grit and the pearl. You tell the story, but in a general way. You don't share all the details. I didn't tell you all the details. I gave it to you generally. "Here's what happened. Here's what I was like. Here's what happened to me and here's what I'm like today. And here's how I processed through that. And here's my pearl." So, before we post we always have to go back over it and say, "OK, am I just posting the victim story, or am I posting the process that I went through to go from the grit to the pearl?"

Because what happens is if we just post the story of being a victim, or of being emotionally abused, or being emotional, or whatever—what happens is that there's no resolution around it. It's no longer like dropping a pearl in a clear glass of water, it's like dropping some ink. It muddies the water. Then we don't get to

the other side. So, that's why we ask you not to post all the details of being a victim.

Now, Lizzie Oliver asked a great question, and I'm going to answer that because I think she asked it in a beautiful way in front of everybody. She asked, "So, I would like to better understand the story process. We humans make our distinctive difference by certain facilities that allow us to place meaning upon things." So true. And I'm going to stop there. I may have seen the meaning of those experiences of sexual violence that I had in my early 20s—and I'm telling you there was a lot; I should not be alive. So, I had a lot of trauma in my early 20s. And if I were to tell you what that meant—well, in my 20s, until I got clean and sober, that meant I was a victim and that I was meant to have that experience. That that was going to be my experience. And that meant that I was wounded and that the world did something to me, and it happened *at* me. That's the meaning that I would have placed upon that experience. But today, the meaning that I place on that experience is so different. And I think that's what's really crucial to represent a story.

Lizzie was saying, "Is this capacity not only cognitive, but emotional, that either fulfills or restricts us, or somewhere in between?" It can both fulfill and restrict. The journey of life is somewhat about reframing the meaning in order to gain great freedom, 1000 percent. You are 100 percent on-target with this, "To live in oneness with our greater self and, therefore, a universal source—whatever that is known as." Brilliant. "In essence, to live at peace with ourselves." Also brilliant. "Part of that process is linked to what I currently understand to be the unique balance of individual identity and universal oneness." Put another way, it's about raising our vibrations which, by default, means letting go of all that vibrates at the lower frequencies. "All of this to say I'm attempting to refine my process of communication, to master the art of sharing." And that's not easy, by the way, because it takes a little bit. "I could easily chunk up things and just cite my learning pearl, which is not what we're really going for. However, something happens for me when I self-disclose my struggle."

Yes, well, nobody would identify with you if you don't, in a general way, describe this. So you want to be able to describe your struggle but not tell the details and be in it. And I love what you said—yes! Without getting stuck in the story. "It helps me identify with others while distinctively owning my own story and how it's evolving." So far, so good. "Could you please further clarify these dynamics in order to assist me to better understand the process and what we are doing? I understand that it is about re-identifying with our greater self and letting go of the victim story. However, for me it was very powerful to actually share that I was struggling with stuff. And while others can't comment, I was sharing me with them and felt like we were all on this journey together."

So, I'm assuming—and I can't know because you're not here—unless you are here, in which we could have you come on—but if your post was removed, it may be because you only posted about struggling and, instead of asking for—oh, Ok, it was not removed. OK, wait. Let's get Lizzie up. I saw her. It'd be a lot easier to talk. Can you bring her up, Doug?

Doug: Yeah, I did. She's becoming a panelist now.

Colette: Awesome.

Doug: There she is.

Colette: Hey, Lizzie! That was such a great post.

Lizzie: Thank you.

Colette: I loved your post. I was like, "Oh my God, this person's so smart." OK, so, let's refine it. Certainly by what you described, you know all this like the back of your hand. But still, we're in a group, and we want to be able to communicate with others and find a way to identify. So when we share our story, what we want to do is share our experience, our strength, and our hope. In other words, "Here's my experience." Now, let's just say you experienced something—because I don't know what the post was—and you were struggling with something and you didn't put *#mentor*. You just posted it in there. If you had posted *#mentor*, someone

could then come in and respond to you. No? So, why don't you just tell me exactly what happened?

Lizzie: I haven't had a post removed. I'm just trying to understand what's behind it.

Colette: Oh!

Lizzie: I haven't done anything wrong. I'm just wanting to—

Colette: Perfect. So let me tell you the philosophy of this. How's that? OK. So, this is this philosophy behind it, and it starts with empathy—empathy overload. It really starts with the fact that 90 percent of our students are empaths. So let's say someone posts and only posts the grit. By grit I mean like, "Oh, my God, I'm having so much trouble. The tech is wrong. And I can't do this. And blah, blah, blah. And why is this? And where's Module 3? And I can't get into my phone," or something.

And if you leave it at that, then everybody feels it. The other way of doing it would be like, "You know, I couldn't get through my tech, and the thing went off, and I was very frustrated. But then I pulled a card. And the card, basically, told me to chill the *F* out. And boy, was I mad. But then I wasn't." Do you see what I mean? The pearl is the process, and what it does is that everybody can then go, "Oh, yeah, Lizzie, I've been there, too. Oh, that's cool. Right, pull a card. Good idea. And isn't that cool that it said 'breathe?'" Maybe that was your card—that it said breathe. Doug, you can carry on, too.

Doug: Yeah. Well, I just think this is such a great question, Lizzie. We really loved it when it came in. And one of the things that I think is so important is that grit and pearl are also, as Colette said, about where you are in the process. So it's about the point of view, or your vantage point. If you're still in it, and you're still processing it, you might be over-identifying with the emotions of the story, rather than the result of the story, or where you've gotten in the learning. Maybe it's not the result that matters, but what you learned from what happened. And what we want to do is really focus on sharing when we're at a place of learning, *aha!* We love the ability to share those things about how we got here. I often talk about some of my

own stories, as well. Whether it's trying to be straight for 12 years—which didn't work, in case anyone wondered—or the process of going through a lot of painful therapy that was not therapy. But that process is not about staying stuck there. It's about realizing, "I'm OK exactly as I am." And that's the *aha* that I had for myself. So, what we want you to do is really make sure you notice where you are in your own process and share it from the learning. Another way to think about it is in terms of learning. What have you learned from this? And kind of think about that vantage point that you're at, as well.

Colette: And the other thing, too, is to imagine that we're all in a circle and there's some things that I've borrowed from experiences I've had in other programs and schools because I study a lot, too. I've been through all kinds of things. And I've studied something called Nonviolent Communication—which, if you guys are interested in it, and you sound like you're interested, Lizzie—that's a great book for you to read because it talks about how we share in a group. How do we share to identify? But what we don't want to identify is the victim piece, even though somebody might say, "Wow, I haven't processed that yet. I'm there right now," because that's where their head's going to go. So, we're sort of setting this up so that your understanding of sharing is really about, "Here's my process." And you can even say, "You know, I'm not on the other side of this yet, but I totally get why I'm doing it." And then what it does is it defuses the over-edgy thing that can happen when people are in a desperate, chaotic state of mind. Which, by the way, everybody's being conditioned to be in a desperate, chaotic state of mine. So we're really trying to watch that. Because if you go on social media, Lizzie, haven't you noticed everybody's nuts?

Lizzie: Yep. And it's just leading down a pathway of, "I'm not OK." And so what I'm looking at here is that cohesive sense of identification with part of me that I'm not OK with. It's OK to be not OK, but it's not OK to stay there. And yeah, it's that process and it's like the purpose of this whole learning structure is to refine that process.

Colette: Exactly. And, by the way, too, Lizzie, because your houses are on Facebook, it feels a little strict in the beginning—the way we're trying to get everybody to shift from one Facebook mindset to our Facebook mindset. In the one it's nuts. You notice how people will say anything. On a thread I was reading the other day about somebody helping a puppy, there were people that were shaming each other. It was crazy. We know that's not a safe place to be.

Unfortunately, and fortunately, our houses are also on Facebook. So, it's about learning a different style of communicating in a place where everybody else is used to doing it another way, right? And it's awkward in the beginning. It really is a bit awkward, and we know that. But you seem to understand this perfectly.

Lizzie: So, I was playing with it and trying to make sure I was hitting at the level where you were trying to work. And then I was trying to understand what purpose you're working at that level for and what comes next.

Colette: Well, here's the thing to add to that. We get to a place where it's a little bit neutral, the way we share, even though we can still pour our hearts out. And we're saying, "OK. So I poured my heart out, and I pulled a card and, gosh, here's what it reflected back to me. And I totally get where I was at here, because this told me where I needed to go." It's like we don't leave this next part out when we do it, because then it gives us a solution, even if we haven't fully processed the solution, the solution is available. So we always want to have a solution available.

Now say, for example, somebody doesn't have the solution and they really need help. That's what *#mentor* is for. "Can somebody come and help me?" Or Anna will come in, because she's going in all the rooms, so she might jump in too, or whatever—and you'll get help. But what we don't do is we don't help emotional content. We're not therapists. And I know you didn't ask that, but I'm just adding it in. We're definitely not therapists. The mentors aren't therapists, they're just students who have been there and have experience, and they have probably asked the same questions. So, our philosophy and the psychology behind what we do is to maintain respectful neutrality, even though we're sharing some personal content that could be painful. Does that make sense?

Lizzie: Yeah, it does.

Colette: I loved your question. I want to reread it. It was very good.

Lizzie: Did you read the second bit?

Colette: Sure, let's do the second bit. There was a lot of good stuff in it.

Doug: So, in the second bit she said, "I was wanting to better understand how we, through this program, make lifelong friends. I'm sort of wondering if I've missed something. Anyhow, I just sincerely want to say thank you for being your amazing self and sharing so generously with us all. You truly inspired me. I watched and listened for quite some time before jumping in, and before I was bold enough to jump in and own this as where my heart wanted to go. I'm so pleased I did." So, lifelong friends, Colette?

Colette: Yes. And you can actually ask some of the mentors about that. So, typically, by the end of the course, nobody ever wants to go home. That's how we ended up with all different versions of letting people stay, because nobody wanted to leave. People got to know each other in the rooms. Now, it's still a little early. But the people who really get into it are the people who go into Shared Wisdom, which is Level 2, because they're there now for another six months. And when we have OraclePalooza, we had people come from all over the world to meet in person. And also, when people do the Gina Maria thing—now we're all related. Yeah. I'm in Australia, and now I have a friend in Canada.

So, you start to get to know each other as you post. In the beginning it's a little awkward. Oh, Lenora just wrote something, "The learning how not to jump in and help was the best thing I could have ever learned in Personal Mastery last year. It was so new to me. Best way to post. And I love reading grit and pearls together. I learned so much from others."

And who was the person that said, "My guess is probably no one in here is a Facebook troll"? True. "I feel there is so much emphasis put on what not to say, people are hesitant to share freely." That's actually only because it was a rule for

new people to help people understand how to post. So, if you interpreted that as too much of what not to do, then it's kind of more your own personal experience with the *nots* than *woulds*. Lizzie's experience is very different. It's more like you're trying to analyze what's the point and what's the purpose. Connie, I hope this helps clear things up for you.

So, making friends here is so cool. Everybody cried when they met each other in person. And also, in Shared Wisdom, you guys get together yourselves on little Zoom calls, when you share readings and things. You get to know each other on Zoom, and not with me. We're going to introduce that bit by bit, and that's how come people just fall in love with each other once they start to share readings with each other. Right now, it's all still baby steps. But yeah, we get personal without making the victim story a part of it. But the personal story is meaningful. I think that was a really important point that you made, which is, "I want to share myself. I want to share what I went through," because, then, that's how people identify and get to know you.

Lizzie: Yeah. Thank you so much.

Colette: OK. Awesome. Yeah, Crystal said she's been here since the beginning. She didn't want to leave. We couldn't get her to leave. Yes, and, "It's very empowering to learn to stay in your own lane." Yes. Let's talk about staying in your own lane. That's really just about being in your own process and having fun. But don't get feeling too much like there's too much control on you. We want you to enjoy yourself and explore. And even if you are asked to redo a post, who cares? It's only to teach you a different way to language things. It doesn't mean you're bad or wrong.

But lots of people are posting right now, which is awesome. "Great explanation of how you can set boundaries and feel safe sharing." Yes. "How not to go the worry, self-doubt path. I didn't quite get that part." Well, receive without the emotional charge. Exactly. You have the thing. "Staying in my own lane is good because going to help you is a way to avoid helping myself." That's right! Pat said that. "Staying in my own lane is good because I will go to help you to avoid

myself." And we've done this. Over 2,000 students have come through the school now, and I'm telling you, we know that that's what happens. I've been doing this for 30 years, guys. We know that healers are going to want to avoid themselves and make themselves feel better by showing how much they know. Same with the professionals, by the way, too. The people who have the easiest time are the people who have never done this before. So, let's look at some of the other questions, Doug.

Doug: Yeah. So just a couple of other things. Just a note from Anna, and then I think we can wrap up and go to the questions from the Main Hall. Guys, as you get practicing and you start to share, we'll guide you. If we feel like there's a little too much grit and not enough pearl, we'll help you with that.

Colette: Yeah.

Doug: Don't worry about it. But just remember it's about where you are in the process. Mentors, we might even suggest that you could identify some best practice posts or some posts that are real pearl posts. So, if you see one, mentors, just let your folks know, "Hey, this is a great example of sharing from a place of the learning of the pearl."

Also, just as a reminder, we ask that you not private-message the mentors. If you want to talk to them, ask them questions in the house using *#mentor*. That's really the best way to post there and is the best way to place those questions.

Colette: And no shaming. Absolutely. So, in terms of the mentors, this is my rule. I don't allow them to communicate with you guys. You guys can make friends after school is over, and whatever. We have really nice boundaries around everybody. And nobody learns if it's done behind the scenes. So that's why you put *#mentor* so that it's public in your small house, so that everybody sees how you got through something. It teaches everybody at the same time. So, if you private-message them they just won't answer you. And if you don't get answered, it's because they're not allowed to answer you. And they may not even see it because

sometimes Messenger goes to that little box—somebody messaged me six months ago and I didn't even know it was there.

Doug: All right. You ready for some other questions, Colette?

Colette: Yes. Let's look at some of those. OK. Some of them were really good. And by the way, I answer personally on the Main Hall when you ask questions there. I'm going to go to a question from Robert Wadley, "I'm feeling a little overwhelmed now, not seeing the correlation between the daily anchor cards and the events of the day. How can I get more in tune with the wisdom of the Oracle and see the correlations that are eluding me?" So, Robert, a really great way to understand is to ask yourself what could this mean? So, we talked very early on about this in Module 0, and if you haven't seen Module 0, there are some fantastic webinars in there that talk about your dominant energy. So, rather than looking for a correlation between the events of the day, what we want to take a look at, if you can't see that, is what could it be meaning? What could it be reflecting?

For example, one of my friends, who I've been teaching how to do this, her husband was very sick. So, she was looking and asking the cards, on her daily cards, and she was really looking at finding another job. But it kept talking about chaos. Now, she really wasn't in chaos. She actually had the best job on the planet. She just was bored, and she wanted something else. There was no chaos at all. So, she got super confused. And then there was another one where there was loss. So, there was a sense of the *Never-ending Story*—and her husband was very depressed. But she didn't correlate that her daily cards reflected how she is the energy that was dominating her environment, that was not her own. And that's very important for you to learn that.

Mariette—you said, "I'm with Robert." I'm not sure what you mean by that. But I would love for you to go back over that because you probably put him in your journal, and say like, "Oh, what could this mean? Since this doesn't reflect the events of the day, what could it reflect?" What could it reflect?

"In Module 0 there is a second page that I found the other day—lots of great information." Perfect. "I was aggravated with my boss trying to give me more work today. I drew *Chop Wood* and then *Not for You*. I just laughed." So, we know that the cards don't lie. So that's why that question was excellent, Robert, because they don't lie. So what do they mean? So what are they reflecting? Could this be somebody else?

Oh, I love this person here. They said, "I loved the fact that I wasn't allowed to wallow in my dirty diaper when I joined last year. It's so great to focus on the lessons life offers rather than staying stuck in it and Colette taught me to fish so I could feed myself. Sometimes I drop the fishing rod, but I pick it back up, dust myself off, and fish again. So much gratitude." Listen, me and Doug have to do the same work as you guys. So, this doesn't come easy for anybody. It's like looking at what needs—for example, I'm traveling right now and I'm really out of sorts. I'm a Cancerean. I need to know where my home is. And I traveled so much this year, but this trip was particularly hard. I called Anna and I got in my dirty diaper for a second, and she goes, "Did you pull a card?" And I was like, "Right!" So that's all funny. OK, so Tabby Johnson says that the song *Nothin' from Nothin' Comes Nothin'* keeps coming in her head. "How am I to discern what is my very active imagination or the truth of the card? Are they perhaps the same? Monkey-brain is a moniker I'm working to change. It's very powerful, and I feel this work will lead to less confusion in my head. Asking too much?" This is my friend, Tabby. Yes.

So, both/and. Active imagination comes from our unconscious. You're a creative person. I know you well. I've known you for 40 years. I know how your mind works. So the idea that, "Are we projecting? Is this our imagination? And whatever," and you have to remember, the imagination is a tool. So, the conscious universe works through our imagination, it works through our intentions, it works through our inspiration. They come together. The imagination gets used in order to discern the truth of the card, so they're working together. And yes, it will lead to a lot less confusion in your head if you do the Get on Your Bird exercise in

particular, and you use the meditations on a regular basis. Doug, do you want to read the next question?

Doug: Yeah, so this is from Yoko Suzuki. She has a question on jumpers. “Why can we not count on jumper cards? I went through all the modules, but I don’t think either Colette or Doug have taught us the specific reason on this particular thing, which I’m dying to know.” So, I think we’re at a place where we can talk about jumpers. Do you want to talk about that?

Colette: Yeah. You can use the jumpers now. It’s only in the beginning that we don’t want you to use them, just to simplify things for yourself, so now that we’ve done three modules and we’re in break week, you can totally use your jumper cards, if you want. I just wanted to train you how to use the cards differently, since you used your jumper card—or one of the people there—made sure that their jumper card was the card. So, the jumper card, for us, is an extra card, not the card. It’s a jumper and you put it to the side.

Yeah, and Deborah Grey, if you have read Module 3, you’re pulling three cards now. So, yes, the anchor card, your daily card, is different from the other cards that you’re going to do. And Babs asks, “Do you think that we should look at a cumulation of pulled cards over days to find a bigger meaning?” Yes, you can. And if you look at your journal at the end of the course, you will see that.

Doug: I’ll say something to Yoko’s question about jumpers, which I love, Colette. I want to just read it because it’s really important, because she has this thought that I think is really interesting. She says, “And this is my own assumption of why Colette is telling us to put the jumping cards back or just put it aside. Could this be because relying on jumping cards could reinforce your pattern of giving away your power to the cards? Over the years, I’ve been carding for myself, made [indiscernible 0:33:13.2] the jumping card or cards will give me the answer to the question. This worked very well, until I began this...”

Colette: No. OK, so I need to address this right now. You have a whole other conversation going on here. So, your way of using jumper cards—that would be the way you

pull your card, your first card—that has nothing to do with the jumper cards that we talk about, and no, it has nothing to do with giving your power over to the card. If you make the decision that the jumper card is your anchor card and it jumps out of your card deck—and this is prior to this course—then that’s how you did your readings. All you’re doing now is learning a different way of doing it. For us, a jumper card is an extra card. So, right now, we say just put it back in the deck and learn to choose or learn to use synchronicity. The way you described it is that it was your way of working with synchronicity. So, it’s really just because in your head, that was the way you did it. Would you agree with me, Doug?

Doug: Yeah, I think so. I do think—what I really liked about what she said is that she started saying, “I choose the card.” She said that when she said that, it stopped jumping. And she thought that was really helpful for her. So, one of the things that I think is important is that this is a partnership. And we can talk about it as a co-creative partnership between the Oracle and the deck and between the Spirit and you. So, it’s important to remember that you are in partnership. If you give your power too much to any of these parts, then you might be in a place where you’re not owning your personal responsibility in the process. I think it is important to remember we have personal responsibility in that.

Colette: I love that. That made even more sense than what I was saying because yeah, it’s a partnership. I think that was the missing link. And also, I didn’t read the last part where she said, “when I choose the card”—that’s actually true. Now that I went back over what you said about giving your power away—in a way, you were. It was like, “Well, if it jumps out, I’m not responsible. It jumped out of the deck by itself.” So, let’s discuss what that means. Not everybody gets jumper cards. Like I always say, if it falls to the floor, it comes to the door. So, something is meaningful with that card. But it just came out.

So, don’t rely on the jumper cards. But now, at this stage in week four, if a jumper card shows up, put them back. They’re not extra special. It’s kind of like, “Oh, that’s an extra card. That’s interesting. I wonder what it’s going to tell me.” But

it's not the main focus. Babs says she finds her jumper cards are basically a slap in the face, saying, "Listen up."

Typically, jumper cards are curious cards, and to be quite honest with you, sometimes with a jumper card it's like, "I don't know what that was for." They're not a big deal, so I'd rather you guys don't make it a big deal, but make a note, "Oh, I wonder if this can tell me something extra? What else can it be?"

OK, there's so many things coming in. "Can I pull a daily card but then reshuffle?" Yes. You always have to put it back and reshuffle.

"How can you tell when a jumper card is meant to be or if you're just bad at shuffling?" You just feel it. Honestly, I know.

Doug: I ask, actually.

Colette: Yeah, me too. You know. You ask. You really feel it. We don't want you guys to make a big deal about the jumper card. It's always a "that's interesting" sort of thing.

Doug: All right, so more questions? While we're talking about jumpers, someone said, "What's the difference between a clarification card and a jumper?"

Colette: So, a clarification card is when you personally choose another card. If you're feeling like, "I'm not 100 percent sure what this means; I need more information," then you choose the clarification card that's going to clarify the meaning of the anchor card. So, it's the second card. And actually, Doug, pull a card for, "What do I need to know about my meetings on Thursday?"

Doug: OK.

Colette: What did Anna say? "If you get a whole bunch, you're just bad at shuffling." I love that, that's very funny.

Doug: I got *Come to the Edge* in upright, Colette.

Colette: Ooh, OK, so I'm going to be taking a risk. Now, what does that mean, I'm going to be taking a risk? So, Doug, could you pull me a clarification card that will give me more information about what risk I need to take?

Doug: *Here and Now.*

Colette: Ah, OK. Be really present. I am taking a risk. I am going to be doing something that's different, I've never done before, and I just need to stay present in the room. That's really good. Take the risk but be present. Don't get stuck in the future of what might happen after those meetings. Bingo. OK, so let's see who else is in here, and maybe we can pull somebody else up.

Doug: Yeah, just a reminder—do your daily anchor cards, and then do the additional three-card readings about specific questions as in the Module 3 homeplay, guys. You still do your daily anchor card, but the three cards are about specific questions you might have. We had a couple people asking the same question, so I just want to address that.

Colette: Yeah, and if you don't know what your card is saying, then that means that you're not letting it reflect, or you haven't percolated on it. Somebody said, "I don't get what my card is. I drew another card, still no clue. My cards were for Observer, and the next card is *Yang*. So, my question was, 'What do I need to know today?'" So, stay in the Observer, which means stay detached and watch the world move in front of you, in a neutral way, and then take appropriate action when you need to. That's very simple.

Sometimes, by the way, you can actually pretend that you're looking at cards for somebody else. What would these mean to another person? And that way, it's like, "Oh, it could be this, it could be that." And then you can bring it back to yourself going, "Oh, now I get it." Like, that was just easy. In a nutshell, this is what it says, and then that. So, it's action after the Observer. Once you are observing and you are detached, then you can take an action. That was for Kat, who asked, "Do we need to do the three-card spread every day?" No, you do not. You're just learning different ways of doing three-card spreads, so your three-card

readings are more about learning how to use them. Remember, I gave you three cards with, I don't know how many different card positions—so it's really for you to learn the positions. It's really about the variation. You pick one and see, and then you learn, “What would it mean if it was these three?” So it's really for you to understand, rather than for you to do more earth-shattering readings.

Diaz said, “For me, sometimes it's just simple. It might not be an earth-shattering card each day.” Simple. Yes. “Do you put the first card back and reshuffle?” No. I always pull another clarification card.

Doug: Yeah. And if you're doing a single reading, so a card plus a clarification, or a three-card spread, then you only shuffle once and pull all the cards in that layout, or in that spread. So, in that case, you don't do it. But just as a reminder, anchor cards and three-cards are two separate spreads, so you treat those differently.

Colette: Exactly. And you'll get the hang of it. It's like, “What's my card for the day? Oh, well, that's interesting.” And then it's like, “Oh, I don't...” So, you don't pull the clarification card right away if you're asking a specific question and you don't get it. “Couldn't you use the same three cards to answer all the three-card spreads?” Well if you're learning it, you could, if you want to apply those and see the different meanings of it. “Explain what you mean by ‘extra’ versus ‘clarification.’” An extra card is a jumper card that flew out of the deck, and it may or may not have any relevance. And the clarification card is one that you actually choose because you want more clarity on the card you picked.

“Should we pull the cards one at a time or shuffle in between?” I don't shuffle the cards in between, I just—

Doug: It depends on the spread, Sammy. If you're doing a three-card spread, then you shuffle and you draw. And the way I do it—and this is just what works for me—but after I shuffle, and I'm doing three cards, I divide the decks into three stacks, and I draw one card from each stack. Now, that's my approach. You could just draw three separate cards from the same deck. But I don't reshuffle after I've done that. So, you just pull in that way. I'm wondering, Colette, do you want to

bring up someone else, maybe to practice a three-card reading with some folks, or practice some clarification cards?

Colette: Yeah, let's get Ivy up, because she's having trouble understanding us.

Doug: Ivy, you're coming on.

Colette: There's Ivy. Hi, Ivy! We love you. OK, so let's talk about the extra card, and let's play with this. So, we're going to do a card for you, we're going to show you what it's like, only we're going to bullshit an extra card. OK, so we're going to pull a card for you. What time of day is it where you are?

Ivy: It's 6:41.

Colette: Where do you live?

Ivy: Austin, Texas.

Colette: Oh, you and Doug are in the same time zone. OK. So, it's 2:00 in the afternoon for me.

Doug: I'm right up by you.

Ivy: Oh, it's awesome. Great energy out here.

Colette: OK, so let's pull a card for you about what does Ivy need to know about working with cards. How about that? That's a great question, right?

Ivy: Thank you.

Colette: Doug pulled the card for you, which is *Truth Be Told*. So, when you're working with the Oracle cards, their function for you is to tell you the truth and reveal to you not only what you already know, but what may be hidden from you. So it's the total truth, right?

Now, let's pretend a card fell out of the deck and it's *Chop Wood*.

Ivy: I get that a lot.

Colette: Oh, isn't that funny? So, in this case, because you get it a lot, like you're, "Oh, wow, that means something." It means you've just got to keep working at it. Chop wood, carry water, chop wood, carry water. But pull another card, Doug, for anything. Just pull another card for the hell of it. *Cool Create* upside down. So in this case, you'd be looking at it like—well, actually, that's also very meaningful for you, I think.

Ivy: Yeah. That's so funny, I get that one, too.

Colette: In this case—OK, so the cards want to talk directly to you, and they want your jumper cards to mean something to you, so that both of those felt like, "Oh, they really are hers." So, you'd be looking at that going, "Oh, wow, I'm forgetting that I'm in partnership with the universe. I've been thinking I have to do this all by myself."

Ivy: Yeah. I think that's why I'm like, well, clarification versus extra—

Colette: No, so here's the deal. Now let's go back to your original *Truth Be Told* card. You asked the deck, and then those other ones show that the universe wanted to say that to you, too, in case you weren't paying attention. And then sometimes, maybe you got something that just made no sense at all, and that can happen, too. So, you go like, "Oh, that gave me a little extra push." That's the extra card. But when you do not understand your card—pretend you don't really totally get *Truth Be Told*. What more clarity can you get on the card *Truth Be Told*? Now, how about for fun, you pick a card out of your deck?

Ivy: Right now? OK. I'll just pick the top one. I got *Time to Go*.

Colette: Right. OK, so the clarification is, you're spending way too much time trying to analyze it, wondering about all this stuff you have to do. Time to go, "Stop it." It's like basically, the cards are going, *slap*. And *Time to Go* means—I think, too—this happens to everybody. So, sometimes, what happens is that we try so hard to get it right that we get stuck in our head, and we try to make it work, instead of just allowing it to speak to us. We overanalyze. The nervousness that comes in, it's like, "I need to get it right, I need to get it right. What is this course

teaching me? I can't get it right." That happens, especially for people who want to succeed.

I'll tell you, I had an experience in that, with unified physics theory. I'm not sure what was I doing in a quantum physics course, but whatever—I took it. And like halfway through, I was like, "I can't do this. This is too hard." And my card said *Time to Go*. So, I was so trying to get it right. So, you see what I'm saying? It's kind of like, "Oh, yeah, right, I don't have to overanalyze this." Plus, I realized that some of it I didn't need to understand because I really got what I needed. So, if we try too hard to understand and we try to be perfect about it, then we kind of get ourselves locked up in a knot.

Ivy: Yeah, stagnant.

Doug: I think this is a common experience for a lot of people, Ivy, too. So, by coming on tonight, you've actually given some wisdom out for some of the folks in the room, I know.

Colette: Yeah, you helped a lot of people. And you've got to remember, Ivy, you have to just be yourself and love the process. Just let go, and what you've got to be is hootless. Just don't give a hoot.

Ivy: I'm working on it.

Colette: Right? When's your birthday?

Ivy: December 14, 1980, so I'm Sagittarius.

Colette: What's your rising sign, or your moon?

Ivy: Cancer.

Colette: There you go. You want to be at home, and Cancers are tenacious. I know that because I'm a Cancer. You're very psychic, and you're all over the place, and then, yeah, your Sagittarius is all that philosophy. So, just love all of it, and be OK with all of it. And here's the other thing. Our motto in Oracle School is "That's interesting." Just look at it and say, "That's interesting, look at that."

Ivy: I'm trying to go with "that's interesting."

Colette: Well, you're doing great. Thank you so much for coming on with us.

Ivy: Thank you.

Colette: All right. Hoot-hoot. OK, so who shall we get next? I love having everybody up. Or do we have more questions on the chat?

Doug: We do have more questions, and we can pull them up for sure.

Colette: Yeah. I'm enjoying this. Are we having fun? I'm having fun. Somebody just asked a really good question up there. "Can we use the cards to ask small things, for example, what would be the result if we go to the party tonight?" Honey, I used to ask these kinds of questions all the time. "What would be the result if I stayed home?" Exactly. And I actually got a very clear message not to go somewhere, at one point, and I went anyway. And everything happened—chaos, conflict, whatever. That was like, "Oh, wow." Yeah, so the cards are good at small questions, too. "What can I expect if I make this choice?" So, yes, you're totally going to learn how to do that as we go along.

Yeah, *Not for You*—I made these cards, and I ignored *Not for You*.

Doug: A question from Darley Byron came to the Main Hall, and it says, "In the Get to Know Your Deck spread in Module 3"—now, this is the spread that you do when you're getting to know your deck—"I'm curious, when my deck presents itself in the protection position, what is it telling me? Is there any added significance? Is it telling me it knows me, and that when a trouble spot happens, it will give added guidance to help me circumvent it?"

Colette: Oh, I love that. Yes, yes, and yes. So, here's the thing. You're getting to know your deck intimately. You're getting into a relationship with your deck. Now, we have a whole video on protection cards. You need to go watch that. Also, Module 0 has all the extra stuff that we gave you there. Protection cards always ask you to slow down and look. Really take the view from the vantage point that you're approaching. I always say slow down when a protection card comes in.

And may also tell me that I am thinking in a way that's not in alignment with my highest good. I might be resentful, or I might be stepping into something that I don't need to learn again. So they are protection, for real. They are protection. Next question, "*Not for You*, it can trip one up." Yeah, I love that card. It wasn't always the case, though. I love protection cards. The tarot is a few hundred years old, and there is a tradition that if the cards were upside down, it meant that something bad was going to happen, and we all kind of come from that understanding.

"Do you ask the questions out loud?" I do. By myself, out loud.

Doug: Colette, we have another question from V. McDonald Batiste that I think is really an important one to talk about. "How far can we go without asking questions about other people without their permission? I will assume our intention plays a role, and that there is value the message brings to our personal learning and growth." It's a good thing to talk about.

Colette: You can ask about your relationship to that person, but you can't ask for that person, unless they give you permission. Shared wisdom is different. We approach all that in Level 2.

"Why no health questions?" Because the cards weren't designed to answer health questions, and health questions are very specific. I never created my decks to answer health questions, and you run the risk of not really understanding what the cards mean. When people ask about health questions, they tend to project what they want, or what they're afraid of. So, yeah, definitely not. We just don't ask those questions.

"I did a read before I knew the process. I did it correctly once I learned more, and the flow is mind-boggling. I follow the second one, correct?" Yes. That must be Tabby, Tabby Johnson. Oh, yeah, baby. You did it once—you got it. "I have not done my Get to Know Your Deck spread yet. Is this something I should do with all my decks at the beginning of using them?" I suggest it because you're in a relationship with the deck, and the deck—now, I give birth to these things, and as

crazy as it sounds, they're alive to me, and they have personalities, and if you use different decks, they feel different. They talk to you in a different way. And Sammy, if you want to redo your Get to Know Your Deck spread, sure. I actually redo my deck spreads once a year to see if they're meant to speak to me. At the end of the year, I say, "Which one feels right to me?" Or, "Which one do I want to use?" That's the other one. "Are you going to speak to me? Are you going to speak to me?" They all feel different, but they all work together.

One thing you guys should know—every single one of my decks were created so they could work as a huge council. So every time I make a new one, it has to speak to the other ones. I think I'm the only person creating oracle cards that does that, specifically.

Doug: Colette, we have a question about the three-card reading, and I'm wondering if it might be something that we could bring someone up to talk about, as well.

Colette: Sure. Go ahead and grab somebody.

Doug: OK. So, let me first see if the person who asked the question is on the call. Is Laurie Shriver here?

Colette: I will say this about the *Wisdom of the Oracle* deck, which is the most comprehensive. This deck was specifically created to be a teaching deck, and it is the most comprehensive of all my decks, and so you need to give it time to connect to this.

Doug: Laurie's not here, but I think it would be good to do a three-card reading and talk about it briefly. If you'd like to have a three-card reading, please raise your hand and we'll kind of walk through that process with you and talk about that.

Colette: Everybody's putting their hand up, great.

Doug: Yeah, we'll have folks raise their hand, and we'll pick one in a minute.

Colette: Perfect. That's a great idea. It's better to teach with people on the call. "Colette's Collective," I love that. Oh, I love that. "Sometimes if I need clarification I [indiscernible 0:55:34.6]." We don't do that yet, guys. We do that later, using a

second deck. So right now, we're at the stage in this course where we're only using *Wisdom of the Oracle*, for now, and we want everybody to be working with the same deck. "What is Getting to Know Your Deck?" It is in Module 3. The *Goddess Deck* is coming out in February.

Doug: I'm going to go ahead and randomly pick one, Colette, so are you ready for that?

Colette: Yes.

Doug: OK, so I'm going to just scroll up and down, and I'm picking Dana Fulman-Manning. So, Dana Fulman-Manning, you're coming onto the panel list.

Colette: I know Dana Manning. Dana!

Dana: Too funny.

Colette: How are you?

Dana: I'm good, and I knew you were going to pick me.

Colette: I have known Dana—I don't know, how long have I known you?

Dana: Since May.

Colette: Oh, just since May?

Dana: Yes, Stars and Cards.

Colette: Right. Oh, wow. We have these small workshops Debra Silverman and I do together, so sometimes it's like, you think you know that person because I know your progressed moon, et cetera. So, it was only then—that's so funny. All right, so let's do a three-card reading for you, only you're going to pick your cards.

Dana: Oh, you want me to do it with my deck?

Colette: Yeah.

Dana: I don't have it in my hand. Hang on.

Doug: While Dana's doing that, I just want to remind you, the Getting to Know Your Deck and the three-card reading are in the homeplay for Module 3. So once

you've completed Module 3, these will be available to you. And in the video, Colette does eight different examples of three-card readings. I just want to be clear because we had a couple of questions from people who thought, "Am I supposed to do all eight of these?" No, these are different types of three-card readings.

Colette: That you could do. And then I showed you how the cards would change depending on where they sat. And so, it's just good for you to learn those, and also, how a card's meaning would be nuanced a little differently if it was in a different position. OK, there's Dana.

Dana: Ok, so here's my biggest challenge with my cards. I have a hard time doing this. And then I never am sure, because I don't have a feeling of where to pick. I also do the app a lot, which I feel like is cheating.

Colette: No, the app is great. I use my app all the time. Use your app!

Doug: Yeah, I love the app.

Colette: I use the app. If you're more comfortable with your app, pick your three cards from your app. I think the issue that you're having is that they're in your hands. You have more of a sense. Yes, WOTO is on iTunes, you guys. But if you're more comfortable with the technology of an app, it works exceptionally well. And my apps are all I use when I'm on the road.

Dana: Well, and then I pull my card, and I save it and date it.

Colette: Good for you.

Dana: Yeah, and it just kind of works for me.

Colette: You can totally shuffle it in a million different ways, too. But seriously, if you're really comfortable with the app, let's use the app. Use what you love. There's a lot of people that don't like the app at all.

Dana: And my hands don't seem big enough.

Colette: Well, there you go. You can sense the cards on the app, too.

Dana: Yeah, and the card chooses you. So, my first card is *Serendipity*, upright.

Colette: Great. Doug, come on. I want you to add to this one.

Doug: Are you kidding me? Dana, seriously. If there is ever a card that is to answer that question about trusting that it's the right card... You pulled *Serendipity*, so I am going to just break up the deck.

Colette: Oh, that's funny.

Doug: This is the awareness of synchronicity, a magical alignment of events. Luck and good fortune. This is absolutely a card to say, "Yeah, you got this. You got it." In your case, what it's saying is that you're in a space of opportunity aligned with readiness. You've got what you need to do to trust yourself on that.

Dana: And that's what all of my cards have been coming up with, except for, "Get some stuff done, Dana. Clean this out." Which I try to do, but I'm such a scatter-brain.

Colette: Well, wait. Right there is that it's giving you good, solid advice, but you're saying, "But I'm such a scatter-brain." So, then you have an opportunity to use a meditation to unscatter your brain. We're giving you more than one tool, in order to help you get out of scatter-head. And everybody's scattered lately because it's that time of year, and the elections are coming up in the States. Even if you're Canadian, there's all kinds of stuff that's going around globally. So, how do I get out of scatter-brain? The scatter-brain doesn't have to be your current story. It's kind of—I hate to say this, but sometimes scatter-brain is an excuse.

Dana: Well, and part of my issue is that my progressed moon is in Capricorn, and it's making me get all kinds of things done, which is really not my nature, because I'm an Aries and I just go with it.

Colette: But this is also a way to help you get things done, right? So, the cards will help your progressed moon in Capricorn because they give you tangible evidence through *Serendipity* for you to take appropriate actions and think a different way. It's actually quite practical for your progressed moon in Capricorn. The Aries wants to get it done fast and immediately. The problem is the juxtaposition

between the Capricorn progressed moon and your Aries. Now, even though this is Stars and Cards stuff and that is not the class that we're in at the moment, I'm just saying that this is probably part of the issue. And you're uncomfortable with the actual card, so just give yourself some time with that. But you already know you can get to the point with that. What were your other two cards?

Dana: OK, second card: *Go the Distance* in protection.

Colette: And what was the third card?

Dana: *Imagine* in protection.

Colette: OK, so let's just tell you the story. First of all, it's telling you to trust that *Synchronicity* is true. And then remember, the cards tell a story from first card to second card to third card. Now, we just did a general three-card reading, kind of like, "Tell me a story." So, it's reminding you not to catastrophize, which is the *Imagine* in protection, which is what you're saying: "I can't get it right. My brain is scattered." That statement—your old story—was your *Imagine* in protection. And what was the other one in protection? The middle card? Doug, do you remember?

Doug: *Go the Distance*.

Colette: *Go the Distance*, yeah. Aries doesn't go the distance. Aries is a sprinter. You're a sprinter. And the Capricorn moon is forcing you to go the distance, but you're not comfortable yet. You want to be comfortable, and it's causing you to feel all these things. But your job is to keep plodding along and go the distance.

Dana: I'm working on slowing down.

Colette: Good. There you go.

Doug: Letting go of things that don't matter, too. That's the other thing of *Go the Distance* in protection—what are you holding onto that is keeping you from trusting the *Serendipity* that we started with? Is an old story? Is it an old way of thinking? Is there something you're holding onto that's getting in the way of that? When you think about it, does that make sense?

Dana: Yes, it does.

Colette: Thank you so much for coming on, Dana. I hope that was helpful. Tabby Johnson says, “How much does your astrological chart knowledge feed into WOTO readings?” Right now, nothing. I happen to know this stuff, and I’m teaching another course. Tabby was at a course I taught with Debra Silverman—that’s why she brought it up, but that has no bearing on any of you right now. There are meditations I would recommend for scatter-brain. The Sound of the Sun meditation has a buzzing in the background that is the sound of the sun from NASA. It was the recordings of the audio recordings of the sound waves. That is going to make you relaxed and get you very focused, very focused. The other one, of course, is Get on Your Bird, because then you’re in neutrality. And scatter-brain is monkey-brain, or rather monkey-brain is scatter-brain.

Yeah, protection prayer before pulling a card. I always make a statement, “Make me a channel for your divine clairvoyance. Myself, I am nothing. Spirit doeth the work, relieve me of the bondage of self so that I may better do thy will. Let there be light, let there be only the highest good.” So that’s what I say. Get on Your Bird, exactly. More questions, Doug? Let’s bring some more people up. This is fun.

Doug: Colette, can you just explain that we do have the two meditations you recommend that we do every other day? You alternate between the two, just to be clear, starting with Empty to Be Filled, doing it four times a week, and Sound of the Sun three times a week. So, we want to make sure that you’re alternating between those two every other day.

Colette: Yeah. And that was interesting that somebody said that they felt sad when they listened to the Sound of the Sun meditation. I love melancholy music, so I’m singing in the background there—that was me singing, and I love the kind of forest sound from Gregorian chants, so there is that little bit of tension in there, there is a teeny bit of melancholy in the music. But it’s about opening. So, *Empty to Be Filled*. Remember, we’re releasing, we’re surrendering to the universe. We’re just letting go, saying, “Thy will be done through me. Thy will not mine be

done.” The form is in your hands, that’s why you’re doing that. And then it’s like you’re empty, and then the next one, of course, is allowing yourself to be in that healing experience with the sound of the sun.

Doug: OK Colette, I’m going to go ahead and pull another one from the list, just randomly. We’re going to pull Lenora.

Colette: Oh good, Lenora. She posted something, and I wanted to say something to her, too. Hi, Lenora Hi, darling. You actually made a really good point earlier, and then I was thinking about you, and then it went away. So, what was your last comment, besides, “I love the Sound of the Sun”? Hang on, I’m trying to find you in here.

Lenora: Something about shuffling the cards—

Colette: Oh, here it is. You said, “I don’t have the cards in hand because I only have Android devices.” By the way, WOTO is on Android. Yeah, Hay House has not figured out how to create apps for iPhone and Google Play, but that is not a Hay House product. It is an Ocean House Media or Beauty Way product, until they take it off the market. So, you can get the Android version, and you will always work. Yeah, you can get Google Play.

Lenora: Because I just saved your websites and where they are I just go to the list, and use it whenever I have to, but I actually have a little carrying case that I use to carry my cards around with me all the time. So, I’m very seldom without them.

Colette: I like to use my app, but sometimes when I’m going to my friend’s house or something, I carry my actual cards, and I put them in a little velvet pouch in my purse, so I get it.

Lenora: Yeah, I have a little blue case that I looked for so they would be protected. I don’t always have them in their box, but I’ll carry just this in the case with a pretty little thing around it in the case so that they fit.

Colette: Perfect. Doug, do you think we could do one specific—pick your three versions?

Doug: Yeah, so looking at the homeplay activity, do you have a specific situation that you'd like to ask a question about, that you'd like to know more about? Or a specific relationship you'd like to ask about?

Lenora: OK, sorry. I'm self-conscious.

Colette: You're perfect.

Lenora: I've got a question been going around my head that I have been actually very worried to ask about because I don't know if I'm neutral, and I can't seem to get neutral about it. Or when I have asked in past, I'm afraid, every time I've pulled, that it's not been neutral.

Colette: OK. Can we ask what subject it's about? Is it about a love relationship?

Lenora: No, it's about finishing my master's class. It's about continuing school. And it's about taking out more student loans to finish the master's class.

Colette: That's a big thing.

Lenora: Yeah. It's, "Will this further me, or is it just taking out more money?"

Colette: But you can't ask, "Will it?" The way you ask the question can't be a yes or no answer. So, it's really, "What do I need to know for my highest good about taking out another student loan to complete my master's?"

Lenora: Can I write that down?

Colette: Yes.

Lenora: I'm sorry, I don't want to take all this time.

Colette: No, we got you on here so that you could take up some time. And you can watch this video again. Yeah, remember you can watch it again, and around 20 minutes before the end of the call is when you should look for yourself. So, the question is, "What do I need to know about taking out another student loan? What do I need to know for my highest good about taking out another student loan to complete my master's?" Basically, it's, "What do I need to know?"

Everyone gets afraid if they're afraid of the answer, or if they want it to be a certain way. And plus, your identity is tied up in your master's. I'm just telling you why I know it's hard to be neutral, because you think without that, you're not going to be the person you wanted to become.

Lenora: Yeah. Who am I?

Colette: I came from an academic family, and I went to law school. I totally understand this. I had a huge chip on my shoulder, just until even recently, that I didn't finish my psychology degree, so there you go. So, Doug is going to pick your three cards—or should we get her to pick her cards?

Doug: I've got them picked already, if that's all right.

Lenora: That is perfectly fine.

Doug: So, here's what I did. I used the reading of current situation, hidden influences, and highest good. Let me just check—does that make sense, Colette?

Colette: Yes, good choice. Current situation, hidden influences, and highest good.

Doug: So for current situation, I have *Clean it Up* in protection.

Lenora: That's been coming up a lot.

Doug: Yeah, well, there's a reason for that.

Colette: Doug's going to read it.

Doug: When you look at *Clean it Up* in protection it asks, are you focused too much on other people right now? Are you trying too hard to be helpful? Does taking on what belongs to others make you feel needed or desired? Perhaps you think it's your calling to relieve people of their burdens, but what is the cost to you and to them? Don't clean up someone else's side of the street. You're not helping by freeing him or her of responsibility. You're also not doing yourself any favors. You just might be adding an even greater strain. You are loved as you are; you do not need to be needed to be loved. So, if I were to interpret that card in the context of your question, what that tells me is that you are exactly as you need to be.

And in your current situation, you're in a place where you're questioning even that. So, I think it's kind of a reminder that whatever this degree is, it's not about helping you love yourself any more. You are already fully complete and fully loved and fully present. That's the current space of that. And it's also to check—I don't know if this is true for you, Lenora, but is there any aspect of this that's about expectations from other people? Are you doing this because someone said you should do this, or someone has a story that you have told that's about that? Does that make sense?

Lenora: Yes. That does.

Doug: OK, so that's just the current, right? Anything you want to share? I see some emotion going on there.

Lenora: I've been pulling it. I've been asking that question. I have been afraid of the pulls, thinking, OK, who am I? What do I need to clean up? Who am I taking other's—I never looked at money. That's a different interpretation that I didn't look at. And that hits. It's like a piece of the puzzle sliding in. It just slid down and hit.

Doug: So now, the second card is *Hidden Influences*. And when I first saw this position in Colette's first deck, *Wisdom of Avalon*, I loved this. Because for me, we may think we understand what it's about, but we really don't. And here's what it's really about. And for you, it's *Chop Wood*, upright. So, what this situation is about, what you need to know about completing your master's is that your work right now is to focus on just being grounded in everyday experience. It's do the work, work the process. Do what you need to do. And if you look, it says, "There are times when the big dream is meant to lie dormant in your consciousness, so that you can pay attention to the simple chores in your life. Consider why pruning a tree is the forerunner of delighting in the beautiful blooms when it is in full blossom. The mundane act of pulling off dead leaves, watering the soil, and then leaving it to be, to let nature take its course, is an important step in manifestation." Listen up. "Taking your attention away from your goal brings you into a state of receptivity. This is the deeper purpose for releasing attachment. When you engage in everyday tasks in a meditative, contemplative way, you clear your energy to

receive *aha!* moments, which bring you even closer to what you seek.” Do you want to talk about that card, Colette? I think that’s pretty right there, on the money there, for that one.

Colette: I was just thinking, when did I channel these messages? I’m going, “This is so good.” So, with this card, I will say this—and I know it’s so important for you and that’s why I’m linking these two cards together—that you took on an idea that you would somehow be *less-than* if you didn’t complete this. Would you say that’s true?

Lenora: So very much.

Colette: And you were given enough information that told you that you would either be punished in some way, like psychically punished, or something bad was going to happen if you didn’t do it.

Lenora: It’s like starting a race and not finishing.

Colette: Right, exactly.

Lenora: I’m halfway through, you know.

Colette: So, here’s the thing. The second part is saying you need to take a breath. The second part is saying you need to step out of this. Take your head out of asking the question, and just let yourself be. The *Chop Wood* card means don’t even look at that. Wash your dishes, clean your house, declutter. Do just your task at hand. You don’t have to finish it right now, either, but let’s find out the last card, because what is your highest good is the last card, *Flexible*.

Lenora: That’s the one card in the deck I don’t understand. I really can’t wrap my head around that.

Colette: Well, I’m going to tell you what it means to your circumstances. Doug can read it, but I’m going to tell you this. You have a rigid story around what you are going to be when you grow up. You have to be that way, that is the way it is, and it’s only going to be this way, and you don’t give yourself any other option besides your master’s. Does that make sense to you?

Lenora: That is so true.

Colette: So, *Flexible* is a need for you to really give yourself a hall pass, and with deep compassion, too. You've been fed a storyline that has hurt you. This is not helping you. You've lost why you love learning, and you want to put yourself into debt for this thing. There are all these practical things that have come up for you. So, take a break with the *Chop Wood*, and you need to allow yourself, with that second card, to see some flexibility around how else could you become this person, because I think you're being so challenged right now about your old story.

Lenora: Oh, yeah.

Doug: I think what's so important, Lenora, and for everybody listening, when we get into three-card readings, is that we're getting out of the anchor card where we're talking about just our day. We're now talking about a very specific situation. What do you need to know, for your highest good, about going back and pursuing your master's? And the ultimate message is really about you have to be open-minded. The way you've been fixated on this and not flexible, it will not be in your highest good.

Colette: It's hurting you, yeah.

Doug: It's actually hurting you.

Lenora: I've had such nightmares last week, it's just terrible, I know. I haven't had nightmares for years, and years, and years, and now all of a sudden, I'm having them. And I'm like, "Where are they coming from?"

Colette: They're coming from your unconscious because your unconscious is trying to work them out. So, remember this, too. When you are seeing yourself as *less-than* and unworthy if you don't complete something, they are going to haunt you. It's a sense of, "I'm not enough. I'm not going to be enough if I don't do this. I'm willing to hurt myself, put myself in all kinds of debt." Now, it doesn't mean that you aren't going to go into debt, and you aren't going to take out a loan, and you aren't going to finish this. That's not the point. The point is, what is motivating it?

And that's what these cards teach us, is what motivates us. Maybe you're motivated by sharing and learning and whatever, but you've lost all that, because you're being led now by the identity piece that is coming from your wound.

Lenora: That's very much true. I lost the reason to finish. I lost the reason of wanting to—I really don't know what I'll do with it.

Colette: You don't need to know this minute. And you don't need to know right now, on the phone with us. You don't have to come up with the answer right now, but I want you to percolate on this. And really, I'd love you to get Nancy Levin's book, *Worthy*, about worthiness. It's so important. She was our event director at Hay House, and it was incredible just what she was willing to tolerate for perfection because she was driven by a sense of unworthiness. And I think that that's what happens to all recovering perfectionists is to realize that when we lose our motive for doing something because we love it, instead, we're doing something because we have to accomplish something that's going to somehow elevate us, but by whose standards, and by whose rules?

Listen, I identify. I never finished my degree. My parents were academics; that was the biggest problem. Oh my God, I had a chip on my shoulder the size of the Rock of Gibraltar. I said to the president of Hay House, "Well, don't you think I should finish my psychology degree?" and he looks at me and goes, "Oh, they don't care whether you have a psychology degree or not. Your fans don't care. You could probably teach some of the psychologists." You know, I never finished the degree.

And so, I had to completely face that, what made me unworthy. I sat in your shoes. A long time ago, but I know what it feels like. And Doug knows.

Doug: I've been doing executive coaching with CEOs and C-level execs for probably 15 to 20 years, and now all of a sudden, I've been questioning myself, "Do I need to get a coaching certification?" No. I could write a coaching certification. I don't need to get one, I could teach it. So, I think what's important for us all—and when you're hearing this, Lenora, I think it's so powerful, not just the context, but it's

allowing the message of the oracle, and what spirit's saying to you—it's almost like, "You're being so hard on yourself, you don't need to do that anymore." Like Colette says, it's the hall pass. You can give yourself permission to be open to what's next and let that path be for someone else.

Now, that doesn't mean that in the future something may come to you that is right, but this path, you're being way too rigid about, and it's time to be flexible and just—[sighs]. It's almost like, if you've ever done yoga, it's like that last pose, the Shavasana pose, where you just fall into the floor, because it's like you've been holding it so tightly, and it's time to release.

Colette: I'm going to pull one more card for you, OK? See my app? I trust my app. And this is for everybody because everybody's relating to you right now. You've helped everybody, Lenora. So, I'm going to say, what last thing does spirit have to say to you about this situation that could really help you? One card.

A Leg Up. You don't have to do this by yourself. The cards can help you, the people can help you, give you good advice. Right? You don't do this by yourself. This isn't just you and you. The Oracle is your partner, Spirit is your partner, and you've got friends here in Oracle School. Maybe you're seeing a shrink, I don't know. You have help. You are not alone.

Lenora: I can't tell you how much Oracle School has meant to me. Being here again has just improved my life so much. Oh, thank you.

Colette: We love you.

Lenora: This has really been my leg up.

Colette: Oh, wow. Thank you, Lenora, for coming. Oh, my gosh. We love you.

Lenora: I just pulled *A Leg Up* in protection today, and the *Trick or Treat* in the [indiscernible 1:24:40.7] house. And it was, "Let people help you. "

Colette: Let people help you. Yeah.

Lenora: So, that's amazing.

Colette: We love you so much.

Doug: Thank you, Lenora.

Colette: Now you see, this is what happens, you guys. Nobody leaves Oracle School. She already went through Personal Mastery once, and Shared Wisdom, and she came back to Personal Mastery again. This is kind of how we play it here; nobody wants to go home. And thank you for letting us witness you like that, Lenora. That was so powerful. Wow. Let's choose one more person to come up.

Doug: All right. One moment.

Colette: I'm going to cry. No, I'm not going to cry. No crying.

Doug: OK, just randomly pulling up, I've got Valerie. So, Valerie, let's see here. Here she comes.

Colette: Oh, Valerie, you have no camera.

Doug: Maybe not tonight, Valerie.

Colette: We're so sorry, Valerie. OK. You know what—we only have six more minutes. I think that was kind of a sign, maybe we need to all hold hands, because I'm going to do a three-card reading for everybody tonight. So, I'm going to do it off my phone, and then we're going to do a meditation. And I really do think that I'd like to sort of percolate on that experience for all of us, because I think every one of us has identified with her, me and Doug included. Everybody, thank you for coming on tonight. So let's choose three cards for what do we all need to know, for our highest good? Yes, Mariette, we're going to do another call like this. This is what happens now, as we go. This is all our calls now. We get people up every week from now on. It's just the first three weeks we don't.

This is how we share, right? Is to get you guys up. OK, so I'm going to do just the three—the story. What three things do we all need? *Go the Distance*. We all need to hang in there. We all need to hang in there and not give up. We just have to trust that this is not a sprint; it's a marathon. We have to keep going, we have to keep being part of this process, and not expecting it to be answered and solved

right away. And then we can't overanalyze. We have *Why* in protection. It's the idea that we try so hard to figure it all out, and there are certain things that only Spirit knows. We don't need to know all of the way the mechanism works. We just need to trust, and have faith, too, that this process actually does work.

And last, but not least, we have *Soul Mates*: that we're here together, and that we're not alone. That there's a sense, a feeling, that the world will reflect back to us everything that we need. The right people are in our life. The right people are in our life. The right people are here in Oracle School. Your mentors, Anna, Doug, and me, and your fellow students, and you're starting to share more and communicate. And we start connecting each other towards the end, I think in the fifth lesson, as we're going to get you guys paired up and stuff like that.

So, I love what Jeana Maria said, "Our little pea brains don't have the cosmic vision." We have to trust that there is a cosmic vision, and that we are here together.

On that note, I'm going to ask everyone to hold hands in their minds. So, we're taking a deep, deep breath, and let's just allow ourselves to settle into our chairs. Make sure your legs are not crossed and that your feet are on the ground. And I'm imagining that I'm holding Dougie's hands, and Anna's. And we're all together—Doug is on one hand, Anna's on the other, and then we keep going around in a circle, and that all of us are here together in a circle. And we're breathing deeply, and we're feeling our feet grounded into the center of the earth, as if we have roots, like a tree. So the energy from the bottoms of our feet pushes deep into the earth.

And imagine that from the top of our head is a silver coil, silver thread, and it moves right through us, all through our energy centers, down through our spine, down into our legs, and down into the ground. It really connects us to earth energy, and the earth sends up golden light. So it's like—both gold and silver moves through us. Everything is connecting together and we're allowing our bodies to be flexible, just noticing the rigidity that we might have around our jaw,

how we hold our shoulders and our hips, and just letting ourselves feel a softer way to hold hands, too.

Now, we can release our hands, but in front of our hearts let's imagine that there's a ball of pink light. And it's called a qi ball, actually, so we have life force energy, and we can actually push it with our hands, and it'll push back. Just allow it to be so gentle. You can watch me in the video, actually, just how my hands go. And I feel it pushing, like there's this pushing light. And I push in, and it pushes me back. You can make them huge, but I don't want you to go past your shoulders.

And just feel how this is this energy ball, and the insides of your hands should be tingling. This energy is light and love. That's what it is, is good wishes. Genuine, genuine support and good wishes that we have coming from our hearts. And a desire for peace, and kindness, and compassion. And we're going to blow it into the circle. All right, everybody. Thank you so much for coming today, we love you so much.

Doug: Love you all so much.

Colette: Yeah, this would be a great video to re-watch, since we had people come up. We are going to be starting to do this every week now. This is our next part of the process, where we're having you come up and talk with us. It was a really wonderful evening—or afternoon, for me, in Hawaii. Thank you, Anna, thank you Doug, thank you all the mentors for your hard work, and of course, the lead mentors, as well, too, and every single one of you who came on the call and shared with us. We really appreciate your candor and your willingness to be open to our support for you. We love you. And if there's more questions, you can go to the Main Hall. It'll take me a few days to answer. Anna will probably post something about—she always does—what your take-away was, et cetera. If there's any questions that weren't answered, you've got to give me a few days to do it because I'm on the road and traveling. So, don't be impatient if I don't finish.

Doug: Yeah, and the few people that we didn't get to on the call tonight, on the Q&A— if you could repost your questions in the Main Hall, that would be really helpful. Thanks, everybody.

Colette: Bye everybody, we love you. Take care. Thanks.