

MODULE 5

Video Summaries



Video 1:

Energy And Others

- ▶ Going to be doing readings for others
- ▶ Learning how to:
 - ◇ Witness someone else
 - ◇ Understand how your energy impacts a reading for someone else
 - ◇ How you get to know yourself better
- ▶ How you can understand human beings better
- ▶ If you're a professional this is a different way to enter a dynamic with another person
- ▶ Lots of meditations in this module
- ▶ Don't overload yourself
- ▶ Taking a look at how you as an energy being, and how others an energy being, affect each other when the cards come up between you
- ▶ Way to help you get to know someone better
- ▶ Work with someone you don't know is the best way
- ▶ The less you know, the more magic you will see

Brief OVERVIEW

This video talks about what you will learn from this module, and what you will gain from it.

Video 2:

Getting To Neutral

- ▶ Getting to neutral is about understanding that we have two selves at play - small self and Soul self
- ▶ Reason we get to neutral first is that the small self is defined by the past and the Soul self is not and we want to get the two in-sync
- ▶ Soul self is not inhibited by memory, experience or boundaries of limitation
- ▶ Clear the filter so that your life experience and personality has the smallest amount of impact on a reading
- ▶ Always coming from the Soul self when in Observer Mode
- ▶ Soul needs the container of the human in order to have an experience, but they need to be integrated
- ▶ Small self is the self that runs the human until the human being recognizes that there's something greater
- ▶ Spend our lives rediscovering that we are first a spiritual being before we're a human being
- ▶ Small self/Ego regularly thinks something is going to go wrong
- ▶ Soul says 'let's be curious' and this is the part that's going to explore rather than needing to be right
- ▶ Meditation calms the mind and enables you to activate different parts of the brain that enables the intuitive part of you to be accessible
- ▶ The more you meditate the more results you'll see because it brings you into a state of calm receptivity where information can come in and you don't need to know where it came from
- ▶ Ensure you're aware of what's going on in your environment and staying in a connected, positive mindset with the Universe to prevent empathy overload

- ▶ Dominant energy is a key piece when you work with Oracle Cards for yourself and others
- ▶ Need to be clear and neutral otherwise you can impose your energy on a reading with somebody else
- ▶ “Relieve me of the bondage of self so that I may better do thy will. Show me how best to serve this person.”
- ▶ Be in neutral, receptive place on behalf of the person you’re witnessing with the Oracle Cards as your guide
- ▶ Your calling will come in a specific form or container
- ▶ You want it to be in a container because if it wasn’t limited, you wouldn’t be you
- ▶ Relax and let yourself get used to your new pot
- ▶ Safe container here in Oracle School
- ▶ Go through the exercises
- ▶ Soul needs container of human body in order to express itself in the world
- ▶ Soul evolves through the human experience
- ▶ Here to create a new reality
- ▶ Infinite potential is in essence going to be limited because of the container in which to grow and expand being specific to you
- ▶ Limits we have imposed on us relate to our past, conditioning, ideas, and beliefs we have about ourselves about what’s possible
- ▶ You’ll be your own version of the best self that you can come up with
- ▶ Container for your talent, inspiration, gifts you have and how that’s going to manifest in the world
- ▶ Need willingness to do what it takes to make it happen
- ▶ Start to define yourself and have a better sense of the container that is right for you, through exploring the questions in Personal Mastery
- ▶ Important to know your Point of Vantage when you’re reading for someone else

Brief OVERVIEW

THIS VIDEO TALKS ABOUT THE IMPORTANCE OF THE INTEGRATION OF THE SMALL SELF AND THE SOUL SELF.

The Soul gets a chance to be active through getting neutral and opening a connection to the Universe. The importance of meditation is also highlighted. You will learn how empathy overload might show up for you, as well as how to track your energy to know what your Point of Vantage is.

BEING AWARE OF YOUR VANTAGE POINT ALLOWS YOU TO KNOW WHERE YOU'RE COMING FROM.



Video 3: Continuing Your Daily Practice

- ▶ Daily Oracle Card becomes more important because you're going to be looking at it differently
- ▶ How's your daily card mirroring you?
- ▶ What energy is your anchor card reflecting?
- ▶ Point of Vantage helps you to understand where you begin
- ▶ Point of Vantage shows the flow of the story...Where you are which helps to determine where it goes and what needs to be course corrected
- ▶ 24hr segment helps you to stay in the NOW
- ▶ Follow anchor card loosely because it doesn't follow linear time
- ▶ Can define Point of Vantage on the first card, but the card evolves with you throughout the day
- ▶ Sometimes the anchor card won't make sense until the end of the day
- ▶ Motion takes time so allow it to percolate
- ▶ Understand how relationship to Conscious Universe works in tandem with your intentions for something greater
- ▶ Cards help you stay in alignment, including showing you things that will happen later, because it's not linear or time dependent
- ▶ Showing energy rather than prediction
- ▶ Energy in motion and you're evolving throughout the day
- ▶ Energy evolving through your responses, reactions and experiences that flow

- ▶ Oracle is teaching you to remain in response to the world rather than be reactive to it
- ▶ When you're judgmental you don't allow course correction
- ▶ Not erasing our humanity, rather being reminded to wake up, stay in alignment and in state of observation

Brief OVERVIEW

THIS VIDEO COVERS THE IMPORTANCE OF YOUR DAILY CARD, UNDERSTANDING YOUR VANTAGE POINT AND OF FOLLOWING YOUR ANCHOR CARD LOOSELY.

It highlights the need to work in 24hr compartments to remain in the NOW. Through engaging with the 'Get On Your Bird' meditation you are able to remain in a state of receptive curiosity. Your daily card allows you to track your energy.

THIS VIDEO ALSO DISCUSSES THE EVOLUTION OF ENERGY IN RELATION TO YOUR ANCHOR CARD.

Video 4:

Dominant Energy

- ▶ Dominant energy that you bring to the table can cause a glitch
- ▶ Cards in response to a question that don't appear to relate because reflecting dominant energy of you or another
- ▶ Attachment to outcomes can cause a glitch
- ▶ Common for attachment to an outcome to surface often in relation to job/career or relationship
- ▶ Attachment prevents us from understanding the cards or hearing what the Universe has in mind
- ▶ Feel the cards resisting you because they don't want to talk about the question you're asking...They want to show you your dominant energy
- ▶ Cards showing you to ask a different question or look at what you're not looking at
- ▶ Identity can get too involved in a question translating into not getting a proper answer
- ▶ See things with broader curiosity
- ▶ Be careful about over-identification with the question
- ▶ Remain detached enough to receive the answer
- ▶ Watch your attachments and expectations and stay in state of receptive curiosity
- ▶ Some dominant energy readings can be helpful for you to understand how other people in your environment influence you, as well as your moods and how they impact a reading

Brief OVERVIEW

THIS VIDEO TALKS ABOUT THE GLITCHES THAT CAN ARISE IN A READING AND THEIR CAUSES.

It highlights the impact of dominant energy, attachment to an outcome, over-identification with a question, and identity on a reading. A discussion about the importance of noticing when the cards are resisting you is also provided.

GUIDANCE AROUND STAYING OPEN, NEUTRAL, CURIOUS AND RECEPTIVE IS ALSO PROVIDED IN THIS VIDEO.



Video 5:

Hidden Influences

▶ Demonstration: 2-card reading showing what hidden influence could show up to throw us off-course, and what we need to do in order to stay in alignment, not allowing our dominant energy to provide a glitch in a reading

▶ What hidden influence is going to affect us from getting the best possible reading?

- ◇ Orphaned - when we feel alone, thinking only the small-self counts, we forget that the Universe is our co-creative partner and that well being and abundance is the Law of the Universe. We might see ourselves as separate and living in a separated Universe.
 - ◆ Once we get orphaned energy and sense of being disconnected, scrambling to find something, we're back into fight/flight, instinctive mode and out of intuitive mode
 - ◆ Immediate antidote is to reconnect to Source, Spirit, Conscious Universe

▶ What do we need to do to get our dominant energy back in alignment?

- ◇ Clean It Up - go back to personal inventory and explore how you cut yourself off from Source
 - ◆ The minute you can name it, naturally cleans it up
 - ◆ Be present in the moment
 - ◆ Clean it up in the NOW

▶ Play around and percolate the cards when you get them

▶ Journal and track dominant energy, allowing you to notice how the outer world is affecting you and how that's affecting your readings

Brief OVERVIEW

◇ This video provides a 2-card group reading that gives guidance on what hidden influence could affect a reading and throw us off-course, as well as what to do to re-align.

Video 6: Reading For Others

- ▶ Find a practice partner, preferably someone you don't know
- ▶ Give yourself permission to be wrong
- ▶ Explore with curiosity
- ▶ Go in with beginner's mind
- ▶ Start with 1-card - it can tell you so much
- ▶ Start with guidebook
- ▶ Can choose second or third card but DON'T go beyond 3-cards
- ▶ Focus on connection to the Conscious Universe as it speaks through the cards
- ▶ Feel connection between you, Spirit, Oracle Cards, and other person
- ▶ When you're 'off-base' altogether you'll see how you projected your own thoughts, feelings and desires onto the reading
- ▶ Can ask how you're seeing the person as a reflection of self
- ▶ How else could it have been interpreted?
- ▶ Give yourself permission to have a conversation
- ▶ Cards are never wrong
- ▶ Important to figure out what they're reflecting
- ▶ Exploratory method of curiously finding out how Spirit wants to communicate with you through another person, on behalf of another person, through the Oracle Cards, in a way that isn't personal to you

- ▶ Not about being right or wrong
- ▶ Conduit for the information
- ▶ Heightened sense of awareness...Intuitive gym
- ▶ There's no fear when you're curious
- ▶ Always remember to have fun
- ▶ Have an 'OMG you can't make this shit up' moment!

Brief OVERVIEW

IN THIS VIDEO INFORMATION ABOUT THE STEPS TO TAKE IN READING FOR ANOTHER IS GIVEN.

It is advised to find a practice partner that's someone you don't know. The importance of staying in beginner mind is discussed. We are reminded that it's okay to be wrong and give ourselves permission to be present to the experience.

The reason for starting with 1-card is given. What happens when you're off-base and out of alignment is talked about as well as how to get back into alignment. This video additionally covers the kind of questions to ask about what you saw. You are exploring yourself through somebody else and in a heightened state of awareness because it's like you're in intuition gym. The importance of having fun is also talked about.