

MODULE 5

*Getting To Neutral*  
VIDEO SUMMARY



# Video 2:

## Getting To Neutral

- ▶ Getting to neutral is about understanding that we have two selves at play - small self and Soul self
- ▶ Reason we get to neutral first is that the small self is defined by the past and the Soul self is not and we want to get the two in-sync
- ▶ Soul self is not inhibited by memory, experience or boundaries of limitation
- ▶ Clear the filter so that your life experience and personality has the smallest amount of impact on a reading
- ▶ Always coming from the Soul self when in Observer Mode
- ▶ Soul needs the container of the human in order to have an experience, but they need to be integrated
- ▶ Small self is the self that runs the human until the human being recognizes that there's something greater
- ▶ Spend our lives rediscovering that we are first a spiritual being before we're a human being
- ▶ Small self/Ego regularly thinks something is going to go wrong
- ▶ Soul says 'let's be curious' and this is the part that's going to explore rather than needing to be right
- ▶ Meditation calms the mind and enables you to activate different parts of the brain that enables the intuitive part of you to be accessible
- ▶ The more you meditate the more results you'll see because it brings you into a state of calm receptivity where information can come in and you don't need to know where it came from
- ▶ Ensure you're aware of what's going on in your environment and staying in a connected, positive mindset with the Universe to prevent empathy overload

- ▶ Dominant energy is a key piece when you work with Oracle Cards for yourself and others
- ▶ Need to be clear and neutral otherwise you can impose your energy on a reading with somebody else
- ▶ “Relieve me of the bondage of self so that I may better do thy will. Show me how best to serve this person.”
- ▶ Be in neutral, receptive place on behalf of the person you’re witnessing with the Oracle Cards as your guide
- ▶ Your calling will come in a specific form or container
- ▶ You want it to be in a container because if it wasn’t limited, you wouldn’t be you
- ▶ Relax and let yourself get used to your new pot
- ▶ Safe container here in Oracle School
- ▶ Go through the exercises
- ▶ Soul needs container of human body in order to express itself in the world
- ▶ Soul evolves through the human experience
- ▶ Here to create a new reality
- ▶ Infinite potential is in essence going to be limited because of the container in which to grow and expand being specific to you
- ▶ Limits we have imposed on us relate to our past, conditioning, ideas, and beliefs we have about ourselves about what’s possible
- ▶ You’ll be your own version of the best self that you can come up with
- ▶ Container for your talent, inspiration, gifts you have and how that’s going to manifest in the world
- ▶ Need willingness to do what it takes to make it happen
- ▶ Start to define yourself and have a better sense of the container that is right for you, through exploring the questions in Personal Mastery
- ▶ Important to know your Point of Vantage when you’re reading for someone else

# Brief OVERVIEW

THIS VIDEO TALKS ABOUT THE IMPORTANCE OF THE INTEGRATION OF THE SMALL SELF AND THE SOUL SELF.

The Soul gets a chance to be active through getting neutral and opening a connection to the Universe. The importance of meditation is also highlighted. You will learn how empathy overload might show up for you, as well as how to track your energy to know what your Point of Vantage is.

BEING AWARE OF YOUR VANTAGE POINT ALLOWS YOU TO KNOW WHERE YOU'RE COMING FROM.

