

MODULE 6

Obstacles

VIDEO SUMMARY



Video 5: Obstacles

- ▶ Typically an obstacle shows up with our resistance e.g. resist a situation in front of us, don't want it and want to keep going the way we are. This becomes something that's somehow preventing us moving forward doing what we want.
- ▶ Whenever feel resistance to something, it's considered an obstacle
- ▶ Find out: Is this obstacle for my highest good? Am I projecting the concept of an obstacle onto something that isn't one?
- ▶ Always looking for proof outside of ourselves for what we feel, think, believe and conceive is true
- ▶ Have to work with the obstacle that shows up no matter where it came from
- ▶ Group reading - 2-cards looking at what is the nature of the obstacle that I perceive and what is the next right action for us all to do when a perceived obstacle prevents our growth or from moving forward? Both cards are anchor cards because what we're looking at are two sides of the same coin, two faces of the same thing.
 - ◇ Loyal Heart (P) - speaks about being stubborn, overly tenacious about an idea, being so attached to something that you don't know how to let it go. Look at outdated beliefs, old ideas, and misplaced loyalty. Betrayal is only a signal it's time to prune away all who don't deserve your trust and have a place in your life. Be new, think new, open your heart to new things. Make some room. Is there a gift in this?
 - ◇ Milk and Honey (P) - turn to pleasure and comfort to escape what's going on. Practice extreme self-care before engaging in behaviors you'll regret. Feel love and compassion for yourself. Turn troubles over to the Divine for healing. Reminds us to step back and let go.
- ▶ Take a breath and remember the Oracles can help us navigate around, over, under any obstacle, and see how we are responsible for our reactions, helping us to shift internally so our outer world responds in kind.

Brief OVERVIEW

THIS VIDEO TALKS ABOUT OBSTACLES, POINTING OUT THAT THEY COME FROM RESISTANCE WITHIN US, AND CONSEQUENTLY ARE OUT-PICTURED INTO THE WORLD.

Two examples of obstacles are talked about. A 2-card reading regarding obstacles, both cards being anchor cards, is provided and this advises us to release attachment to an outcome. Remembering to take a breath and engaging with the Oracles to navigate obstacles and resistance is also talked about.

