

MODULE 6

Inspiration
VIDEO SUMMARY



Video 4: Inspiration

- ▶ Inspiration means to be filled with breath
- ▶ Spirit fills us, so we're breathing the Divine
- ▶ How am I inspired by the world?
- ▶ How can I move myself aside so that Divine inspiration can move through me, so I can focus on my UAI Life and things I need to do to get there?
- ▶ Group reading - How do we take an action to become more inspired, more in-tune, with what makes our heart sing?
 - ◇ Treasure Island - you don't have to look outside yourself for the beauty and opportunities. You have everything that you need. Invisible resource that means you don't have to 'come up' with things to do etc. It's a feeling state when you get out of the way. Spirit is our manifesting partner.
 - ◇ Exchanging Gifts (P) - if we see ourselves in a particular way, are we willing to do what it takes to get there? You have to do the leg work and stay open to Spirit for the inspiration that's uniquely yours. Easy to follow through with actions when you're inspired. Follow through is key!
 - ◇ Tick Tock - there's always enough time. What is yours won't go past you. When you're inspired, whatever is meant to happen will be in appropriate Divine timing, for your highest good.

Brief OVERVIEW

IN THIS VIDEO WE LEARN WHAT IT MEANS TO BE INSPIRED, AND REALIZE THAT WE'RE IN PARTNERSHIP WITH SPIRIT THROUGH WHICH WE BREATHE AND ARE FILLED WITH INSPIRATION.

Using WOTO as our guide we receive a 3-card group reading highlighting what action we need to take to become more inspired and in-tune with what makes our heart sing. This video also draws our attention to the importance of doing the necessary legwork because Spirit is not going to do it all for you, even though the inspiration is there already. Additionally, the importance of trust and divine timing is talked about, reminding us that what is meant for us won't go past us.

