

Colette: Let's do this. Oh, my gosh. Look how everybody is here. Say hi in the chat. Diana's saying hi. There's Brenda, Natalie, Tenecia, and Nicky. I'm so excited to be talking to you guys. There are some people from Australia. Donna is here. Texas, Wisconsin is in the house. Hey, hey. Halifax—let's say where you're from—Phoenix, California, India. Oh, my gosh. It's going too fast. Vienna. We have Portugal, New Zealand. Is it Tamara? It's freaking Tamara. I love it.

All right. I feel so much better you guys are all here. We have so many things to talk about. Look how thick the pages are. It doesn't look like a lot of work, but it is a lot of work. We're so proud of you guys. I want to thank you. So many of you have been writing us some great emails about how much you've been loving the new course, and even a few of you who were still confused about the hashtags. You're really getting into it and I love that you're writing on the Main Hall. I know one of you wrote in that you couldn't figure out. Now I see back and you figured it out, so it's not hard.

It's not that hard. It is a little weird though—let's all be honest. The way we run things here in Oracle School is awkward the first week because you're used to working with Facebook a certain way and being able to post whatever you want. It can feel a teeny bit restrictive and wacky in the beginning when we're taking your post down. We explain it to you, and when you get to the end and look back over everything that's happened and you can actually see your houses and everything, you will get the picture. Right now it's like you're knitting with some string and you haven't seen the tapestry yet. There is a method to the madness. It's organized.

Doug: Colette, a few folks are having issues. If you guys ever have trouble with Zoom, it's always good to go out and come back in, maybe even restart your computer. Make sure there's nothing else that could be using your microphone or your sound, that the only thing loaded is your Zoom. Don't have any other applications open.

Colette: Check if your mail is open or if you have Facebook running in the background. If you're still having trouble on the computer, just pick up your phone and dial in. Then you can watch us while we're talking. Try your audio settings on Zoom, too.

Doug: One more thing on Zoom, Colette—we had some folks ask about this last week. Just as a reminder, if you get distracted by the chat you don't have to leave your chat window open. Even Colette sometimes turns it off for herself and if it's distracting for you, you don't have to have it open. Everything we talk about, we'll talk about out loud here in this video, so just know you can do what you need to do to take care of yourself in that regard.

Colette: Yeah. I love the webinars because I don't look at the chat. But right now, we're just waiting till everybody comes. Once we start, I turn the chat off so that I don't watch you guys. For those of you who wrote me a question in the Main Hall, I'm an eager beaver and I wanted to answer them, so they have been answered. I can go over some of them with you guys because I think the questions there were pertinent. So, tonight we're going to start with a card, and then we're going to do the Get on Your Bird meditation.

Then I'm going to go through a housekeeping list, once we're all nice and calm, a list that our lead mentors have wonderfully put together for us.

Then what we want to do is go through Module One with you. This is not a course that can be done theoretically, or just by reading. You will really get that as we go along. Again, the first week is about getting yourself oriented, and it takes a nearly a whole week to get everybody in the houses, et cetera. That's why we call it orientation week and that's why the content overlaps with week two. Then it's going to be like a tumbleweed. We have taught this a number of times and we have it very well organized.

You've got to trust us on the way we ask you to post and on some of the things that we want you to do—it's because it works. If you skip it, it doesn't work, and we know this from experience. We have to know, and trust me, there are students who've come in here again this year and they can tell you that we've improved things. Yes, my sweater goes with Doug's hair. That's so funny! You see, there's a real method to the madness. And yes, we have people here who are very, very method-y and we've learned a lot from that.

Ok, if you guys don't mind, I'm going to close the chat. The modules, Martin, are all on the page. Actually, Doug, can you tell them where the modules are? A few people have been asking.

Doug: You can find everything on [oracleschool.com](http://oracleschool.com). If you haven't already done so, when you log in to [oracleschool.com](http://oracleschool.com) with the username and password that you were given, it'll take you right in. Then you'll see Personal Mastery underneath the Oracle School option. As you complete each of the modules, be sure you mark them as complete. After you watch a video hit that *mark as complete* button. That'll take you right in and let you unlock the homeplay and the exercises, and all the extra files there as well.

Colette: We were pretty clear, you guys, that you shouldn't be using your phones to go through the modules, that it's much better if you have an iPad or a computer. Although you can use them, phones are a little tough. You can also print your materials or download them to your phone. And everything is on audio. We might as well just go through this piece now while we're at it. Then we'll officially start by pulling a card. Why don't we go through the housekeeping rules now, or everything that's up, since that seems to be what's coming up for everybody right now. Here are a couple of things that I want to remind you guys.

There is audio. Everything that we do here has a match to it, so everybody is a happy learner. For example, if people on phones have a hard time reading on a phone like I do—I hate reading on my phone, and I have a big fat iPhone. I listen. Everything that we've done has audio. If you want to do the class in the car, you can listen in the car. I print everything. Module Two is 30 pages, and Module One is the same. I print everything out in black and white. If you don't have great wi-fi and you're finding the video is hard to watch, everything I've said is summarized. We have a fantastic student who works very diligently going through everything I said and taking the highlight notes.

You cannot skip the videos. That is the teaching piece, which is why there are so many pages. That's why we say this is not a fluffy bunny course. There's a lot of content, but there's no rush. That's the other thing—we really want to get you to relax and recognize that everything is here for you. We have thought of everything. For people who have phones, you have the audio files. For people who have a computer, you can download everything and read it on a computer. I have a huge computer; I have to see everything because I'm blind.

We thought through all the possibilities—what would it be like if somebody has trouble with X? Now, the other thing is you must check your email. If you have a Gmail account, a couple of our students have got every single email. By the way, we have a very expensive system that tells us if you've opened up your email or not. When we send you something, it tells us when you open it or if you just ignore it. Then, we recognize, "Oh, these students have not opened one email. They have a Gmail account." In Gmail, you have to check something called a "promotion" tab. Gmail changed everything, and they filter your emails and lump them together under the promotion tab if it appears to come from a promotional source.

One of our students kept complaining she wasn't getting emails. She'd gotten them all and we could prove it to her, and then she went in and found them under promotions. You also want to check junk mail and make sure to do a search in Gmail. Another tip is to make sure your device is not on mute. You can turn up your own volume. We're not in Mercury retrograde yet, but we'll the hang of it. Remember, it's good to test this out before you come on the call. Test your Zoom and play around with it. You have your own account.

So, everybody's different but we know this is what's going on across the board. The other piece that's really important—I know that some people are eager, and I'll be honest, I'm one of those people that likes to skip ahead, to my detriment. I studied at the Residence Academy and they had a system where they forced me to watch the videos. I had to mark them as complete and I could not move on unless I completed them. They track you. It was the best thing that ever happen to me even though I was very frustrated. I was like, "I want my downloads right away. I want my PDFs now."

And I didn't really understand the material. When I look back on it, I almost had to quit because halfway through the course, everybody else knew what was happening and I didn't. I took this to heart and we created this system based on my personality because if I'm an ADHD person. I'm all over the map: I have these genius ideas and I don't know where to put them and I'm not organized. We needed to be hyper-organized, and we needed to slow it down. If I wanted to teach you something the same way I learned from that other school, then I have to make sure that that you watch the materials from the beginning to the end so that you know what we're talking about.

So, you can go back and take notes. There needed to be a structure because even intuitive work needs a fluid structure. It needs a container. Then you need to be able to play around within that container. Yes, we do sound a little tough in the very beginning, in the first week, because we want you to get used to the structure. We don't want to

feel like your wings are being clipped or that we're somehow preventing your curiosity because we're being too strict. This is just how we show you the container. We're saying, "Hey, guess what, these are the parameters, guys." And then each week, each day, things get a little bit better.

Doug: I want to talk about the fact that here's another piece to this, which is slowing down a little bit. The structure causes us to slow down. You'll hear Colette talk about conscious disruption and disrupting our process. We often go through life on autopilot. We also think we know the answers to things, or our brain thinks we know the answers to things. "Yeah, I know, I get it. I've done this before. No, no, I understand."

The self that we are in this moment doesn't know what it needs to know about the content that's being presented. Every moment we're evolving, so the me that is me right now, as I approach this new content—I have to tell you, I've spent this past week going over Module One just like you guys did. I wanted to go back through it in preparation for our call. One of the things I realized is I had to pace myself.

Colette: Right, me too.

Doug: I've been doing this from the beginning, so think about that. The structure is there in these modules to slow our brains down, to get us off of autopilot and to remind us exactly of what we've said in the call. Zen beginner mind, to just come back to that space and let us have a little bit of space to breathe and let our brains realize, "Oh, I don't have to know all the things right now. I can just go into it slowly."

Colette: I love what Lynette says. Lynette, you are my twin because I binge-read too. I read four books a month, and I am always learning. I take courses. I am always on the edge, out there to fringe. I'm a science nerd. So, I understand that need to learn and to binge-learn, but I'm going to tell you something. What I know about this course is that you can't binge-learn this because it's experiential. There's a difference. I binge-learn intellectual content because I need to, because I need stimulation. I know you're like that. I'm calling you down here because we won't let you go to Books-a-Million anymore.

I know some of you are like this. You binge-learn. But that isn't going to work in this course because you can't learn this course intellectually. Trust me, I am that way. I've been doing this for over 33 years. I know about learning and that's Doug's specialty, too. He's a chief wizard of learning and development.

So, it's really important to remember that we structured this and improved it to help your learning experience because we know this cannot be learned intellectually and you can't binge it. Trust me. I am the queen of binging of the mind. My husband says, "Are you reading again? What book is that, quantum physics what?"

Doug: Let me just say one thing really quick, Colette. There's a level of excitement that we have too, at the beginning of the experience—a level of excitement about the course, and that's fabulous and wonderful. We want to harness that. We want to find our

grounded center in the course. When you're here on the calls with Colette and I all the chat gets going and we all get excited to talk about everything. Just know that the excitement finds you. One thing we know about Spirit is it's never either/or. It's often both/and. It's about having this excitement that's pulling us to learn and to be excited in this grounded center that comes in our core, that pulls us down and anchors it. What's important is holding these two things together so that both can be true, the excitement the passion and the grounded center that lets us go through this step-by-step process.

Colette: Now, Cathy said, "I watch all the videos on Monday so I can get the homeplay. Then I go back and re-watch the videos three times." Hey, there's nothing wrong with doing that as long as you're watching them three times. It doesn't sink in right away. If you have the freedom to do that, that's what I would do. I would watch them all, and then I would go over them with my pen and my journal because it needs time to sink in. That's why we slow you down.

Whatever works for you. We just don't want you to rush this. I know people are like, "I've done it all. What do I do now?" No. I need to pull that daily card. Pull it, spend time. Look at it. Then, "I've got a bunch of things that talk about that. Oh, my God. Look, the messages are here." Ok, so I need to do an anchor card. Who is it that said, "I have felt very scattered"? This is a really good post to talk about, so I'm going to read it out loud. Information on what to do is spread out purposely, just so you know. "I made a list of what I need to do daily, like anchor card and questions. Homeplay for the week," perfect. "Meditation journal," perfect.

"I watch the videos, but I still feel like I'm missing something." You're not missing anything. It's the doing of it. Here's what you're missing, honey: the list needs to be experienced. You experience it one day at a time, so let's go through it. I'm very excited. I love you guys. I cannot tell you how much I love you.

Doug: I just want to remind us that we want to do Get on Your Bird to start us off tonight.

Colette: In a minute. I want to start by going through the housekeeping.

Doug: Perfect, perfect.

Colette: Then I want to do a card, then we're going to do Get on Your Bird.

Doug: I love it.

Colette: I have a system. Right now, what I'm going to do is I'm going to shut down the chat for a second and I'm not letting anybody talk just yet. We compiled a list of what we saw that was really important for you guys to be supportive with. I'm going to go through them again, and just remember this. Nobody is behind, ever, in Oracle School. We have plenty of time. This entire course is done every 24 hours. It isn't done week by week. It's done hour by hour within each one-day structure. Everything that we teach is a 24-hour compartment. You need to relax into that and not worry about what you're going to

learn next, because everything that we are teaching you is built on the thing that came before it.

Colette: Ok, so the first thing that we have noticed that you need to know about—you'll all be very happy—is the Get on Your Bird meditation. That being said, Doug and I are going to do it every time. Every Tuesday, we're going to do a Get on Your Bird with you. You have a beautiful meditation and it's hyper-important that you learn this to use it every day, or to use it any time you feel stressed out. That is now on your Module One. Doug, do you want to say where it is again, under lessons and exercises?

Doug: Yeah. Once you complete Module One—and remember, as I said earlier, you want to mark those videos as complete—once you've marked them all as complete, you can click the final object, which is lessons and meditations and exercises and meditations. It'll be in there at the bottom of that page. You'll be able to download or play the Get on Your Bird meditation.

Colette: Ok, good. You have that now. You can listen to it anytime you want. We didn't put it up right away for a reason because, again, week one everybody is flapping around. Some people get right in there. Even the students from last year got sloppy. We know that. We know week one is the week you need a hug, and we don't want you to take anything personally. We just get used to this weird place that we landed in that's supposed to be Facebook, but it isn't. What does that mean?

We know that 20% of our students have opted out and chosen to do it at home with no Facebook. You figured out that this first week is about getting to know you and that there's nothing to panic about. All right. Now, we know that Get on Your Bird is very important. We're going to explain it to you later. Here's the other thing: I would love it if every day you check into the Main Hall to see if I've written a note for you. Now, your mentors or lead mentors are going to post something, because I tell them that I posted something for you. Don't skip those posts. Those are really important. As a matter of fact, if you haven't read them, we want you to go back this week and read them.

There's really a lot of reading in this course. If you can read things on a computer that's best, because it's bigger print. If you don't, well, use your phone, but that is your last resort. Blah, blah, blah. Ok. Now, let's talk about posting guidelines for the cards. Your first card is always the right card. That's the other thing I want you to get used to this week. I know it sounds like, "Why is she only focusing on one card?" Because you need to get used to what that means. That the card that you choose, that card is going to answer a question that you will ask. The most common question that you're going to be asking in the very beginning is, "What do I need to know today for my highest good?"

Say for example, you got *Soul Mates* in reverse and it didn't make any sense to you and you're like, "What? That means nothing to me right now." You pull another card and that card makes more sense to you because it represents something that's actually happened. What we'd rather you do is sit there—and this could be anybody, by the way, I'm not talking about one person in particular, I'm saying this because people tend to be like, "That's not what's happening. I don't like that card," instead of sitting with it and

percolating what it could mean, because you're focused on your work. But maybe your sister and you have been squabbling. The card is going to reflect what is most dominant in your energy or environment, so you think you're looking for one thing and it's going, "Yeah, but that thing over there is more important."

And that's the energy you need to be looking at. Sometimes in order to stay in alignment with your highest good, the cards will show you things that don't make sense right away. That's ok. That's when we say, "That's interesting, hmm." We allow it. But the automatic mind has an immediate response to match the card to what's in your head, or what you think your environment is. Remember, you are only capable of so much understanding of your world intellectually, and even emotionally. The cards are like a magic mirror. They show you *you*, but they also show you the Buddha behind me and the picture behind me, and everything that I can't see looking forward—my art projects, everything.

They show you everything. They don't just show you what you're looking for, and that is something that it takes getting used to. That's why we say that you must ask a question before you pull the card. You don't just randomly pull a card. Now, some people have in the past, but that's not what we do here. We call that card the anchor card because it anchors the subject. It's like you're in a boat. You drop the anchor, and now you can look around at, "Oh, what is this talking about? It said something about that but if I look over there, I don't see it. If I look over there, oh, now I know why it's asking me to look at that, because I could get sidelined by that thing because I haven't dealt with it."

The cards work like that because they are a mirror. They are also a flashlight. They will look at your wound, the thing that you're trying to escape or that you don't want to see. They are also a GPS. They're going to help you understand where you are, where you're heading, and where you've been. They're also going to be a map. They're going to show you the terrain. It's a conversation, it's a phone. It's like, "ET phone home." You get to talk to Spirit. You get to talk to the conscious universe. You talk to Jesus. You could talk to anybody with the cards. It's like "Hello, what is my highest good?" You pray and you meditate and all that.

This is a multipurpose experience that you're having. Don't rush it. We really tend to rush everything. We are moving at such a high velocity and we do not stop and smell the roses or the poop, or whatever it is that we're supposed to be smelling because it was important. We are only looking for what we expect, and that is what is—ok, I will go a little nerdy on you guys. You will learn this if you go into Level Two, if you go on to the next course at the end of this one. There's something in our brain called the reticular activating system. Its function is to take what your subconscious has held onto that has high emotional value. Unfortunately, stress has emotional value, even if it's negative.

The reticular activating system is looking in the world for proof that what it believes—what you have gone over and over and over in your head—is true. It could take your eyeballs and it won't let you look anywhere else because that's not how we're made. When we're working with Oracle's divination, what we do is to circumvent that, to step over it. We go, "What else is possible for me? I know that's the path. I know that's the

expectation. I know that's the subconscious and I know that's the memory but—" Yes, go ahead, Doug.

Doug: Well, we have a question that's come in. Deborah's asking, "When doing the daily anchor question three, 'What is this telling me about my environment?' can you explain that question just a little bit more?" She's struggling to understand that specific question.

Colette: Yeah, all right. I'll let you do it by pulling a card.

Doug: Perfect, yeah.

Colette: I'll just pull a card, so I know what's going on in my environment, but it'd be very interesting. I'll just pull a card to reflect my environment right now. I love this. Ok, you can't make this shit up.

Doug: "You can't make this shit up." I knew that was coming.

Colette: It's by the book. Right now, what we are doing in my environment is, we have talked all afternoon about structure and why it's good. I spent hours with the lead mentors this afternoon, going back and forth about the structure and how important the structure is. The environment of me this afternoon was organization. All right, it was *Organized*, which is so true. If I got this card—and I'll say dozens apply to my environment—it also apply to my conversations. It applies to my resistance too, by the way. Today I had some resistance around this. Stand up straight, and I was doing a photo shoot. You get what I'm saying? The environment represents where you are, and the surrounding energy that influences you. Let's see if she answered you, because I'd love to have a conversation about that.

Doug: No answer yet. I think it's about getting an insight. The anchor card is about what you need to know [for your Highest Good](#), but it could be about your relationships. It could be about your environment. It could be about whatever's happening in your day. It's about being open to all of those aspects of what the anchor card needs to tell you. I love the way you said it too, Colette. It's like when you drop an anchor in the ocean and you can look around from that vantage point. I love that.

Colette: Now, speaking of the anchor, I have an entire webinar on this, if you have not watched the three bonus webinars, which were Oracle Cards 101, Oracle Cards 2.0, and Oracle Cards 3.0. You must watch those bonus videos, which are webinars that I taught. I have never taught this concept so well as when I taught it in those workshops, so please watch them and that will help you understand this anchor card stuff. We included them there for you to watch in the first week because understanding that stuff is going to be so important. There was lots to do, and don't worry if you didn't do it all, you now know you need to watch those videos.

Ok, now, to the next one. Remember, I mentioned that things are in 24-hour pieces. That's really key to remember you when you pull a card: it's not for tomorrow. For

example, today we got a new puppy. All these things came up and my husband pulled a *Never-ending Story*. Now, we have been telling a never-ending story, and our narrative was that all our dogs are always sick, which is true. I always adopt sick animals. I've always said to myself—when we look at Bankie (that is her name), that this one's not going to be sick because we've lost three dogs. I'm like, "I don't want to do that narrative anymore."

My husband was scared when we got *Never-ending Story*. "Does that mean we're going to have another one?" No, it's an opportunity for us to tell a different story. It means that if we continue telling the same story, we're going to get the same results. When you see a card, don't make an assumption that it is talking about what's going to happen down the road, when it's really reflecting your belief system at the moment. That's why we teach in 24-hour segments, because you start to realize how you're building a story in motion.

Now this brings me to another point. Somebody asked on the Main Hall about the cards. I think there was a three-card reading, and I'm not sure if she's referring to the next module or where it is in the end of Module One. Here's the deal. Every time you pull more than one card—and by the way, unless you are told in the content to pull more than one card, don't. We're teaching it to you piecemeal on purpose. We have had professional readers take this course before, by the way, who have told me that it has changed the way they see things because I made them slow down and do it this way, one tiny, bitty step at a time.

If you're looking at something in motion, it means that—let's say your anchor is here. You can see 360 degrees. You can see where you've come from. That's a motion. Then, you've come to here. You've moved. Your story has moved. Then, you're seeing where your story potentially can move. This is why we say that we are stories in motion. There is no such thing as absolutely determinism and there is no such thing as a person who doesn't change. There is no such thing as permanence, or even certainty, because everything is evolving all the time including you, and that's another reason why this course works extraordinarily well, to put you on the new course for yourself and to get you really clearly manifesting for yourself the things that have been elusive to you.

You don't understand why it doesn't work. It's because we are showing you this new system of seeing yourself as part of this moving story. Doug, do you want to add anything to that?

Doug: The only thing I will add is that I think we're getting a lot of people asking questions. I'm responding to questions about other readings. There will be lots of time for other questions. I would stay focused for right now on what we're doing. This week, for example, we have an anchor card and the Becoming reading, which is something we have you sit with for a couple of weeks. If you've already gotten into Module Two, you'll see we refer back to the Becoming reading in Module Two. We're not giving you something new there to do, so just be with the process a little bit in that regard. I do want to make one comment because we've had a lot of questions come in. All the bonus

videos that Colette's talked about during the Module Zero are on the Oracle School website. When you log in, they're all there.

Colette: There are so many. Module Zero is going to keep you busy, and you will love everything that we have in there for you. Those of you who were here last year, you know I have redone every single video in the school. It's brand new for everyone. The bonus videos are those three really important webinars that are in there for you to watch about the anchor card and about reversals in depth. It will really help you with this course if you do that.

Now, the next thing I want to talk about is that you have to trust that the card you pulled has meaning, whether you like it or not. That's the hardest thing to do. I said to Mark, "I want to put that card back." That's what I said. We both laughed, and he said, "What does it really reflect?" I said it reflects the fact that we have to change our story around adopting a puppy, around our dog. This dog does not have to come sick like every other dog has. The same thing is true for you. You're seeing it reflect that you need to change something. You need to course-correct. One card alone in one day will tell you more about yourself than any other card. Now, we're not touching the jumpers yet. We asked you to put them back in. We don't want to do jumpers right now.

Remember, we're here for two months together and some of you will be here for eight months. Remember that there's no rush here. Feel things and don't rush or skip by them because then you won't have the experience we need you to have integrated into your body.

Doug: Can I add one question, Colette, on the anchor? People are just asking with WOTO because obviously if the card is upright, we have multiple meanings or multiple interpretations in the guidebook. Any guidance on what to read and how to do that?

Colette: I read all of them except the protection message, if the card is upright. This is because there could be a sentence in the prosperity section that makes a lot of sense to me, in the relationship section. While you're getting to know the deck, that guide book is golden. Always use a guidebook.

The other thing I want to say here is about using your journal as your jumping ground. Facebook is not—for starters, I don't want to call it Facebook. I'm going to say that our houses live on Facebook but they are not like Facebook. It's hard to remember that, when you might be posting in one of the other places you like to go and where you like to tell stories, and you like to explain yourself or you want to tell a story about the *Never-ending Story*, for example.

You want to talk and sometimes without even meaning to, you're soliciting people's empathy. Most people are empaths in our school, so we don't allow that kind of posting because we want to keep the energy really clean. If you are really super-stressed about something, you need to write that out in your journal. The journal is the place for what we call "the dump." That's the grit. "Wow! This thing really happened. I really feel sad

about this and I'm really conflicted about this." Then you pull a card. "The card is reflecting this. This is how I could change this."

And then you put that in the room. "Wow, you guys, I had an epiphany. I had this situation." And you only share it in a general way. Your deep story is nobody's business. You get to keep that sacred for you. No one's obliging you to tell us everything. What is better for everyone is if you could say, "I came through this. This is really painful for me, but the card showed me this and I get it now. This is what I have to do." You are really helping yourself, but along the way you end up helping everybody else too. That's the piece for those of you who are dying to go in there and give advice. The way you can really help yourself and others is by working through the grit and then sharing your pearl in the room.

Ok, next thing—it's a big long list. When you post, what's really key, too, is to write out your question first. Or even do a journal entry to get it clear. Make sure you know what your question is. Don't just jump at it. Be clear. Slow down. Again, you're going to get a whole lot more questions, especially in Module Three. It's thick. It's big but we want you to understand that this course is not just on learning cards, but it's a course on co-creating reality. This second module is all about understanding the laws of the universe and how they work with what you're doing.

It takes a bit of time to settle in and figure that out. Then look at your Becoming thread because that starts to make a lot more sense. You could journal on that Becoming spread and your synchronicity timeline for two whole weeks, if you slow down and allow yourself to really tune in to more information for yourself. Ok, next thing is, stay out of our story. Share the pearl. Post in line with the current module's homeplay. Whatever content you're working with, that's what you should be posting about, and nothing beyond that.

Any technical problems are always addressed to [Jill@colettebaronreid.com](mailto:Jill@colettebaronreid.com). Don't ask questions about that in your houses because they're just going to erase your post. And that's the other thing: never take it personally when your posts are taken down, especially in the beginning. You might do something that seems completely innocent to you because you do it all the time on your Facebook page, but it's a no-no in here according to our guidelines. Please reread the sharing guidelines and don't be scared to post, because if we take it down, who cares? We'll ask you to do it again in a different way. This is not a place to get feeling like, "Oh, my God. I did something wrong." You didn't.

You just didn't learn it 100% yet. That's all. Ok, we've got questions about what open posting means. Open posting means that you can post your card and comment on other posts. It's important when commenting on your classmate's posts that you're witnessing their posts. Short and sweet, like, "Wow! That really helped me," or, "I relate to that." There's no crosstalk, in other words. You don't go in there and say, "Hey, I know how you can fix that." That would get erased, *bam!* We don't allow that. We don't give advice. We don't re-support. We just go *yes* and we say, "I identified with that and here's why." You can say that, and things like awesome, great, nice, love it. We want to

share the adventure while staying in our lane by not mentoring or offering opinions. Go ahead, Doug.

Doug: I just had a comment from a mentor as well in the chat. I think it's really important. "When someone shares their card, let's just remember that it's *their* card. Unless they're specifically asking the mentor for support, it's not a place for any the rest of us to comment on what our view of that card means." We tend to want to do that, and to test out our muscles and our knowledge. But this is just a reminder that the forum is not the place to do that.

Colette: Listen, guys. It might sound like we're telling you what not to do, but it's because we're teaching you something new to do. We love you, and we're not doing it to make you feel bad. We're really just trying to help you understand how our sharing guidelines work and also to curtail—here's another thing. It is the easiest thing for people who are empaths and healer types to want to help other people. That's an avoidance tactic. We avoid ourselves. We are showing somebody else that we know it's good for them. That is a natural thing, and 90% of us in this course are healer types who feel they have something to offer other people.

But we're asking you to do this for *you*. The way we avoid ourselves is by going, "Ah, I helped somebody today. I'm so amazing. I felt so fabulous, blah, blah, blah. Yeah, I have that story, but never mind. I'm going to help somebody else. I know what I can do for you." We get a high on that. That's what we're putting a stop to here, so you can feel that sensitivity and vulnerability and that epiphany for *you*.

Doug: Preach.

Colette: Preach mama. Ok, so here's another thing. Mentors are here to mentor. We're going to leave the mentoring to the mentors. They are very well trained, by the way you guys, very well trained and hand-picked.

"Is the card pulled for the Friday post also the anchor card for the day?" The Friday card post is nothing to do with anything. Your anchor card for the day is always yours. We do the Friday post to lighten things up. "What's a Friday post?" Your mentor will post that, and it does not take the place of your anchor card. Your personal card is your personal card.

Ok, the Becoming spread—this will tell you about who you want to become and which sections of that reading are very well defined for you. You need to relax into it. So, "What aspect of my becoming needs the most healing?" Let's first talk about the word *becoming*. You come to Oracle School because you know that you could be something more, because you know that you could create a different life for yourself, because you might have talents and skills. You want to help people—because that's the end goal here, is that you end up so empowered that you're comfortable and grounded and you have real wisdom to share with people. Our hope for you is that you can choose your unique, authentic, inspired life and co-create that with Spirit and with the universe, and that you can help others do the same. That is our end goal.

We need to know who we want to become, because we're not that person. We may have all the parts, and that person that we want to become is already available to us, but we can't turn it on. It's like gene expression. You might have to change your thinking to turn on a different genetic code because genes turn on and off. That's what we're looking at here, is allowing ourselves to be in a process of change. Remember, we took you from the little pot and make you into a bigger pot.

Then, "What aspect of my becoming needs the most healing?" So, mystical cards of [inaudible 00:46:49]. Yeah, that was so true for me. *By Your Power*, I just chose that card for me. I see myself having become the person I've always wanted to be and the truth is that the only way I could become this was to have a conscious contact and a relationship with a higher power that loved me, that didn't see me. I was raised Christian, though I found out I was Jewish. I was raised in a church and I love the church. I love Jesus, but some religions say what we do here with cards is bad, that it came from the Goddess. I had a really whacked-up idea about religion and God.

I had to have a different relationship with my higher power in order to become who I am for you, so this question was very accurate for me. "What needs the most healing?" What constantly needs the most healing for me is my trust that everyone has a right to their own conscious relationship to their higher power, the way they see fit. That's also a really important piece.

Then you would pick a card for you and sit down with it and reflect, "What does it mean that I need the most healing here?" Then you write. You need a good week to write in your journal about this. Don't write about it just in one shot. Think about it. Take two weeks to do this. "What aspect of my healing needs the most encouragement?" Let's say mine was higher power. Regeneration is to build something brand new. That's a really good example of that, so it would make a lot of sense to me is that what needs the most encouragement in me is to trust that whatever died in the past—my vision of things, my perspective—has become born again. Not that I'm a born-again Christian, but it's like my vision of God and the Goddess and the conscious universe has evolved, so that area would need the most encouragement. I'm just using that as an example of which part of my healing needs the most effort.

"How much work do you need to put on something?" I love this. This is so good because I think it applies to all of us. "The observer" means don't take this world personally. Are you taking me personally? Is the world about you? No. That's detachment, and let's say that what needs the most effort is for you to stay detached. I do think this is first and foremost about having your own relationship to consciousness. Regeneration is allowing whatever needs to die to die its death, and then allow the rebirth. Then, staying in that neutral observer.

And the last one, "What aspect of my past story is the biggest obstacle to my becoming?" Well, that's interesting. Let's see what it says about me. Usually I'm representing all of you, so let's just say, for all of us in general, what would that be the thing that we would all share in common? Oh, my God. "What aspect of my past story is the biggest obstacle to my becoming?" And it says, *Not For You*. That's all about

repeating the same story over and over again, expecting a different result. In other words, thinking that we could change somebody when we can't, and assuming that we have certain power over things, which we don't. That's the idea, too, that we don't know how to say no or fix proper boundaries because we're too scared or we're overly aggressive about them. It's so interesting in that *Not For You* is really about boundaries.

Perhaps these things that I have said tonight could also apply to you. I just wanted to show you how I would sit there and I would write and write and write over each one. Then you see how the patterns come together. They take time, so percolate on them. Just don't put one sentence there. Really sit with this stuff. Doug?

Doug: I don't have anything to add. Everything's good. Well, I do have a couple of questions that people are asking on anchor cards, about course-correction recurring guards. At some point, we want to talk about week one content. That's where that's going to come in.

Colette: Ok, let's do that in a second. I'm not finished with this housekeeping.

Doug: Yeah, perfect. Keep going.

Colette: Ok, we want to talk about the hashtags now. Why do we have them? First of all, hashtags are fantastic. For those people who are returning, we didn't have them last year. It's a new way to help sort when you want to look at what mentors have said to other people. All you have to do is search hashtag *mentor*. Then all the posts of the mentors will show up for you so you could learn. That's awesome. That's the one you need to memorize. Hashtag *mentor*, that's when you share and you want somebody to come and mentor you.

That means anyone in the mentors can come, and you have given them permission to respond to mentor you by using hashtag *mentor*. You did not give permission to your fellow students to mentor you. That's the other thing—nobody gets to mentor you but the mentors. They will take a look at your post within 24 hours and tell you their experience and hopes around your situation. The other thing that's really important is hashtag *question*. It can't be a tech question because that's for Jill, but if you want to know something about the module or about the exercise, then you go hashtag *question*. Then one of the mentors will be able to answer you. When there's a hashtag *question* or *mentor*, only the mentors talk to you.

There are other hash tags, like hashtag *share* if I want to share my post with the house. You're saying, "I just want to share this thing." Your friends in the room can go, "Hey, cool. I really identify with that. That's really great." Now, is everybody going to use the hashtags all the time? Maybe. Maybe you won't. The one hashtag that's really important is your hashtag *mentor*. If you don't do anything else with the hashtags, that's fine. The other ones are ways for you to have fun. I know a lot of the houses are doing well with this. Use hashtag *pearl* for, "Oh, my god, I have the biggest epiphany. Guys, want to hear this?"

When you have all the epiphanies going on, you want to see them all in a row, what people are learning. That's why we say hashtag *pearl*. I love this one. Hashtag *wow* means, "This blew me away." Anyway, in each one of your houses is a list that your mentors put up to explain the hashtags, so just reread them.

In short, have a review this week of the sharing guidelines. Have a review this week of Module Zero and all the bonus content. Listen to the Get on Your Bird meditation, which is in Module One at the very end, under *Meditations*.

That's it for me, here. Let's regroup for the next half hour. Doug, let's just clean up the questions and I'd like to pull a card for everybody tonight.

Doug: Yeah. Colette, in the houses there have been some conversations that the mentor raised about course-correcting. I want to read just a couple of them. If they received a card in protection, the questions were, "Do I need to course correct?" Or, "Does that always mean I need to course-correct?" Someone had the same thing three out of their four cards for the Becoming spread where there were protection cards. That was the same question recurring around course-correcting in protection cards.

Colette: Sure. Again, I really want you to watch the videos that I put in Module Zero for you because they explained all that there, about the cards and course-correction. You'll know if there's a course-correction. That's the thing. If you're seeing that you're back in your dirty diaper—you know what I'm saying. If you're like, "Crap, I'm thinking about that again, I'm feeling like this."

"What do I need to do to change this?" you would say to yourself, for example. It becomes very obvious to you. Protection cards are not always there to show you that you have to course-correct. Sometimes you may take an action to change something. Sometimes the course-correction is more about your thinking, about how you view yourself and what story you tell. That's a very subtle and gentle thing, but it's different every time. Just because you got a protection card doesn't mean you actually have to do anything. It means that you need to look deeper at the situation. It's not the opposite of the upright card. It tells you something that's important so that you don't hurt yourself. That's why it's called protection. We don't want you falling down there. We're like, "Hey, better look at us." The course-correction is built in, in a way, about how you see yourself. Ok, are there other ones, Doug?

Doug: Yeah, one more on recurring cards. "If I've gotten the same card three days in a row in my anchor card, what do you think it means?"

Colette: Right, so that's the question that we asked you. Wow, isn't that interesting. That's going to be your motto that you say over and over again for the next two months. "What a curious thing that that card came up every single day for me." For example, somebody wrote—it's a good one to look at in the Main hall, and I did answer it—that they got *Yang* for their obstacle. Then they decide to pull a card again—put it back and pull *Yang* again. That represents that that person may have had a really easy time of it pushing forward and being assertive and having all the energy to go, and a harder time with

settling down, slowing down, and surrendering. A card can be an obstacle and it could be in a different position. It could mean something else.

I think I just went a teeny bit off topic there. We're writing each story, each week we are getting something new. Anything else, Doug?

Doug: There's a couple more coming in and I haven't had the chance to take a look at them.

Colette: Ok, Doug, do you want to pull a card for everybody tonight? And then we're going to do Get on Your Bird.

Doug: Yeah, for sure. See what we come up with. What do we all need? What's for our highest good tonight? I love it. It's my favorite card in the whole deck.

Colette: *A Leg Up*. Yes. Trusting that the leg up is there for you and trusting that you can get help. This course is here to help you. Know all the help you need has been taught to you. It's there, just for you. You're not behind. It's all good. It's a different way of learning. It takes a minute to get into the groove with this. You just have to give yourself permission and allow yourself a little time to sink into this. We've done this before. It's our fourth time teaching this course, in various forms. We worked out all the buzz, I'm telling you.

Ok, so let's take a breath, and I'm going to do a traditional version of Get on Your Bird for everybody tonight. So, I have to be honest, I was feeling a little stressed before the call. I really want this to be good for you. We know we still had a lot of things to discuss that were from the first week and we know that it's a matter of just breathing and settling in. I'd like you to just imagine the last moment that you had that was very stressful, because I want to place you first in an environment, and it's the one that's most natural for you to go to.

I will tell you what mine is like. When I feel stressed, my whole chest is knotted and I have a hard time breathing. I'm mad. I feel like I'm in a vise-grip. That's the physical feeling that I have. It's not going well. I tried to control it. Then I get very fearful and anxious. If I were to use three adjectives to describe my stressful place, I'd say that I'm going too fast so I feel overwhelmed. I'm anxious. I hold the stress in my body. I want you to come up with those three scenarios, too.

We can open the chat for this. If you want to write them down, it's actually really good to do so. Everybody's different. You might go into anger and feeling lost. When you're stressed out, what happens? The chat's open. "Scatter-brained," Christine, exactly. You hold it in your jaw. Ok, "frustrated, distracted, tense, angry, stuck, embarrassed," how interesting. "My chest is tight. I feel trapped." All right guys. Lots of complaining. At least you're honest. "I want to blame somebody or something." Ok, look at that. Look how everybody's a little different. "I want to eat my fridge." Ok, so now I'm going to turn the chat off. The last one was "throat constricts on certain word, you can't breathe, ice cream." Yes, I love that. That's where I go too. "My throat constricts on *unworthy*, I can't breathe. Let's eat. Let's have the pie, the whole pie." I totally get it.

All right, we're going to start there. If those things that you wrote down were a temporary environment that you inhabited, just close your eyes and let that place show up for you. I'll just tell you mine. I'm in a sewer. It's so gross. Just let it be a place, and recognize that you're not the place. I know I'm not the sewer. And don't worry if you can't see anything. Just ask yourself, "Ok, so if that was a place, what would it look like?" like you were telling a story. Like you began in a dirty sewer or something, or like you began in an enchanted forest where all the trees had been burned to the ground. You might see that.

Again, seeing something is not as important as knowing the story. Now, really understand that those feeling were in your body and that they were feelings. Now, you're looking at a place. Be really clear about your being the looker, your being the observer of the place. You want to get a teeny-weeny bit of distance. You don't want to stay there. I'm showing you a step-by-step process to get out of stress. Now, you need something to rescue you, which is fine, because a beautiful winged creature is going to show up right now. Pay attention to what it looks like. Get on its back.

Allow it to take you high, high in the sky until all you see is the most beautiful bird you have ever seen. Just notice how different your body feels as you fly high in the sky and you're no longer in the first place. Just look over the side at that beautiful winged creature and decide how big or small is that place that you just left. You can't even see it now. You're just not there anymore. I'm going to open the chat and you're going to just tell me how you feel now. Chat's open. What changed in your body? Right, "heart opened, free, relieved," exactly, relieved. Shoulders drop. You got sleepy. Don't go to sleep yet. You can breathe in, too.

Your jaw should unclench. Nothing to complain about, right? Everything's gone. Now, you're not mad at anybody. Like, "Oh, I'm good." Free white bird. Tightness gone. This is the Get on your Bird meditation that you have as a recording on Module One, under the Sound of the Sun meditation. Yeah, you'll start noticing the difference. The more you do it and the more you get to know the different types of birds—Doug and I actually got on our birds before we got on the call, and mother goose came up for me, which I thought was pretty funny because the reason I was stressed is that all my children are you. I was trying to make sure that my internet would work and that the Zoom would work. All this stuff wasn't working. I didn't get on my bird; my bird pooped on my head.

That was how I was feeling. It made sense to me that mother goose came because then I could relax. Everybody was taken care of. Mother goose came to Diane too. Diane, you might want to look up on the internet tonight, or in my Spirit Animal cards, if you have them, look it up to see what message would be there for you. If not, and you saw a funny thing, look it up on the internet.

The bird is in the magic app, but only for people who had it from before. The new students get to open up their Mindful Magic app once the money-back guarantee is done. The bonus is opened up when we've got everybody sorted. That's another week away, and you get all the meditations on the Mindful Magic app. Ok, so that was good. I feel fabulous. Do you feel good, Doug?

Doug: Yes, I do.

Colette: The eagle and a swan is fine Abby, just look up eagle and swan. The Darth Vader guy—that's great. That means somebody's going to put black wind when he was a good guy. It means power, strong power that could overcome other things. Dragon means personal power. Pegasus—you can look them all up on the internet.

Doug: Colette, I just want to add that the Get on Your Bird is such a great activity and it reminds me of how sometimes when we do a reading for ourselves, we might not always be grounded or centered or in our good space. We've had a question come in about before we pull our anchor card, to just make sure we're in that space of good grounded centered space to ask the question.

Colette: What I do before I pull a card is I breathe. I do some deep breathing exercises, and I'm very aware of whatever the story is that I'm telling in my head. If I was telling a story about how mad I am at somebody or about how this isn't working, or any of the human stories, just be like, "Oh, that's interesting. I'm thinking about that. I'll write it down." Because I don't want to ask about that but I'm like, "Ok, fine. I'm going to release this." Sometimes it takes me five to ten minutes before I'll pull a card.

Now, Lynette says she's tested it and she's not grounded. The cards reflected exactly what's going on. Laugh out loud, Lynette, go ahead. You're right. To be quite honest with you, I prefer pulling the anchor card when I'm calm and grounded. I also pull cards when I'm not totally calm and grounded. They've always told me what I'm not calm and grounded, about by the way.

Doug: I want to talk about another question that's come in from Catherine, about shuffling the deck. She said, "I've been aligning all the cards in the deck in one direction before shuffling. I shuffle the cards and pull the card in a consistent manner, and as a result my cards are never reversed. Can you just remind us about deck shuffling?"

Colette: That's wrong. Honey, you don't pull them up—the opposite happens, but that's ok. I didn't mean to say "wrong." That's only if you want upright readings. You want to whoosh them together. For example, here is a really easy way to do it. Just go like this. Go round, and round, and round. Then, take a little [inaudible 01:09:26] and know that one's going the other way. It's so easy. It's the easiest way to shuffle, easy-peasy, so don't stress yourself out. So what if you did it that way—that was meant to be. That's how I look at it; it was meant to be. You got upright cards and if they were good for you. Then today you're changing it up and you're going to add the rest of them.

Lay them flat and turn them around. Deborah, that's a good question, do I clear the cards at all? I always clear them by blowing on them like this, or I tap three times. I like to put them on my altar. I have an altar with chrysocola, selenite, and celestite. I usually put these crystals beside my decks. I don't do that each time I use them Deborah, no—sometimes I forget.

Doug: A couple of things for me, Colette—I have a ritual where the thing I do to clear the energy is that I shuffle three times. As I'm doing that, I'm just grounding myself, I'm just shuffling. Before I ever start shuffling for the question, that's the way I clear the energy, if I've been doing a reading for anyone else or there's a different reading.

Colette: You can do sage, bells, and chimes. I love the Tibetan bells, so I bell them if I feel like it. "Is it ok to shuffle cards each day?" Absolutely, you should shuffle your cards every day. I actually shuffle with gratitude. I always shuffle my deck like, "Thank you, thank you, thank you, thank you, thank you." I thank in advance. That's the law of praise. I will sit there sometimes, hand to my heart, and just say thank you.

Doug: Colette, there's one more topic in Module One that I always love for you to talk about when comes up, and if it doesn't come up in the first week's questions it'll come up later. That's the idea of oracle abuse. I know you covered it fully in the video. Everyone should've watched the video by now, or you will when you get to that point. Just talk a little bit about that.

Colette: Sure. Oracle abuse is when you ask the cards the same question over and over. "What am I supposed to do with this guy? When is he going to come? Is he here? Is he there? What do I do?" Then an hour later, "I didn't like that." You know when you're being compulsive. You don't like a card, you put it back in. You shuffle them again and you're like, "Give me a better card." That's oracle abuse. It's when you don't put them away and you haven't percolated on it. Oracle abuse is a way of trying to manipulate the cards to give you the answer that you want. "Does he like me? Does he like me?"

"I get panic feelings, so I'm so used to rushing, getting behind. No money." You don't need to panic, Anette. Relax. It's hard to get used to. That's right. You're wondering, is there something missing? Why is she telling me to slow down? We have meetings about the ones who are trying to push ahead, going, "Ok, how do we get them to slow down?" Because it is a very, very different kind of experience, and it's an experience we want you to have.

The only way you can do it is to let go of that tight hold on your human piece. You're intuitive. The etheric—it can come in and really envelop you, and then wisdom starts to come through to the invisible. It needs time. We're going too fast. We need to slow down. The same question each day would be good, for example, to say "What do I need to know for my highest good today?" Yes, you can ask that. Oracle abuse mostly involves questions around relationships, just so you know, you guys. That's where I find the highest level of oracle abuse.

I love that regarding oracle abuse. I go take a nap and protection maybe. No yes or no questions. I'll walk away. Come back to them. Look at the card again. Don't panic; breathe. Less is more. *Love* in reverse, to protection card, right? Surprise. Yes, and how they initially trigger fear and anxiety. Yes. Slowing down is hard. I know, guys. People want to know, "Show me how to manifest my reality right now. Where's the quick fix?" How many authors sell you that bullshit?

I'm telling you: I am a walking miracle. I know how to manifest like that, but it's not done by saying that it's a gimmick that you're going to do it. You have to align yourself with the invisible. You need to know the ins and outs of that. Now, it takes a bit. Take a minute to percolate on it and then, let go of the results. We have integrity here and we're not feeding you any more shit. This works. We know it works. Look how many returning students came back again. I mean, it's incredible. 400 people came back from last year and it's amazing. Our higher self and Spirit—it works if you work. Now, I'm going to turn off the questions.

Doug: After you've done that, there's an exercise in the homeplay that we just might want to talk about, which is synchronicity timeline.

Colette: I want to go through why we did what we did in Module One and why you have to do it. A synchronicity timeline reminds you that the conscious universe has been working with you since you were born, that you are always co-creating your reality. Typically, we think and we've been taught. We've been conditioned to believe in a linear mechanism, in a mechanistic view of the world where if we do X, we're going to get Y. We don't take into account that consciousness is fundamental. The invisible is not fundamental in materialistic science. All of us, especially if you're my age—I'm 60—so, the young ones are learning all about post-materialist science before us.

We learned it the wrong way. We saw God as separate and religion over there. None of it came together at all. We think we have to work hard and goal-set and rush. That's not the case. We prove ourselves by looking back over our life, looking at the map you've already traveled on, and going, "Wow! That shit is real." Even the person who hurt you the most, think about how you met them. What you felt like. What lesson you learned as a result of it. What good you walked away from it with. That's the more difficult synchronicities. Then think about how you got your house or how you got your favorite job, how you met your husband. How you found a dog, and because you collect Harley Davidson motorcycles, the dog's name is Harley. It's on your birthday. You have to get the dog. Do you know what I'm saying? Things like that.

You have to find those synchronicities. Then you go, "Wow! That's always happened. I didn't do anything to make those happen. All I did was show up, or I went right when I was supposed to go left." Then everything fell into place because prior to that you had an intention that made no sense to you, because by the time you surrendered to it, *bam!* There it is. What I'm showing you is the relationship between intentions, surrender, and manifestation. That's why you're doing this synchronicity timeline, to show yourself that there have been moments where you had intended something. You didn't know how it was going to happen, and you surrendered to it. You thought you had to do leg work, then you went, "Oh, whatever." Then, *bam!* There it was.

Or you had given yourself enough chances by doing a lot of work on yourself, that you could bump into a new life that you never thought was possible before. And it showed up for you because you were ready, but not because you did anything specific to get it. That's the map of our reality that we're not taught to pay any attention to. We're taught, "Oh, that's just a coincidence." There's no such thing as a coincidence. That's

why you were doing the synchronicity timeline. That's why I want you to slow down and pay attention to it. That's why week one is all about watching those videos. Learning about the anchor card, learning about the reverse card, re-watching those things. Getting your foundation solid on the information that you're going to be working on throughout the next two months is really the platform that you're introduced to in the first module, pulling one card a day.

Now I know that there's a reference to an evening card; that's an optional thing. If you want to say, "Ok, so going to sleep tonight, I'm going to pull this other card." That's not a no-no. It's written in there or I said it in the video. That's an optional thing. You have to get used to having your daily card. "What's the energy today that I need to be in alignment with? Or what do I need to do to stay in alignment? What do I need to think about to stay in alignment with?" All those versions of the question are going to come. We're going to teach you more each in module, so don't rush ahead. You're going to be so sorry by Module Three, when you see the amount of questions we're going to give you to Module Three. Get used to this first before you jump ahead and want to ask more questions. Get used to doing it simple. Keep it simple. Anything else in Module One you want to go over?

Doug: No, I think that's it for Module One. I just wanted to make sure we covered that activity specifically.

Colette: Right. Go over those videos again. Really, really look at them. Watch them again. There are so many nuggets in there where repetition is everything. We want you to repeat, repeat, repeat. That's how AA works. The 12-step programs, you read the same 12 steps. I've read the same 12 steps for 33 years. I learned that I can read something once and I will get something completely different out of it the next time I read it. That's why this guide book is written like this, so that you can continue to get an epiphany on the same content, but you are a different person seeing through a different lens every day you open your eyes.

This is giving you an opportunity and yes, it's uncomfortable to slow down. Yes, it's uncomfortable to be taught a new way of talking in a freaking Facebook room because you know what Facebook is and it's different here. You're going to get used to it. You're going to learn hashtags. You're going to feel a little awkward in the beginning but just jump in, and so what if you do it wrong? We'll fix it. Get in there. Just be yourself. Do your work. Share if you want to, don't if you don't want to. Just know that this works. We know it works. This is a culmination of 30 years of my work in this field and my background in Jungian psychology, my understanding of archetypes my work as a divination expert and my work as an intuitive, having had a practice and having read over 50,000 people. I have my own television show.

Colette: I'm the real deal and I can show you what I have learned over these past 30 years. I can also share the other things that I have learned, like all the extensive work that I've done in quantum physics and unified physics theory. All those things match and increase our understanding of how we create reality, all based on these principles. These are things that I have learned and I have applied in my own life. This is not theory I'm teaching you.

I've done it. It works and thousands of other people have done it too. Ok, one more question on journaling.

Doug: The question is about the importance of why we do daily journaling. Why do we do that? I think you mentioned a little bit about grit and oyster earlier.

Colette: It's about slowing down. I don't know about you, but I have places to be. Things to do. Puppies to feed. Husband to feed. Oracle School to teach. I have a million things to do. Some days I don't want to sit and journal. Then all of a sudden, time expands like magic when I sit down to journal, because I face myself in a journal. I tell myself the truth in a journal. I can even see myself when I'm ADHD in the journal. I don't care. I'm like, "Ok, slow down. Slow down. Slow down." There's nothing in our world that teaches us to slow down, kids. Nowhere. We're actually taught to speed up to keep us off base, to keep us off kilter, to stay in a stress response. That is how we are conditioned by the media. It's true, and I'm not a conspiracy theorist.

We need a respite. We need to know ourselves. Across the temple of Delphi it didn't say, "come and get your fortune told." It said "know thyself." Nothing in excess. That was the famous temple of the famous oracle of Delphi in Greece. In Greek civilization, there was always an oracle there. It's called the Pythia. For 1,400 years, that tradition was very powerful. We know that if we slow down, then we allow the invisible to come through. We allow the mystical to seep into our psyches. We're not running on intellect or running on the subconscious or automatic pilot. We're present to the Presence with a big capital P. Our higher self locks in right away because we give it space. Journaling gives that part a space and gives us the ability to write down whatever, and then sort ourselves out. I've always found that the minute I journal, I have more time than I did before, when I thought I didn't have enough time. That's another thing: time can expand and contract according to our mood. It really can.

All right, so we're almost at the end and I want to introduce Module Two to you. Module Two is all about getting to know the two systems that we work with together. We know that we work with cards. These oracle cards, we're getting used to them. They're beautiful. They tell us stories. They reflect our story. They show us where we're heading, the whole nine yards. How do we co-create our reality with the cards?

Colette: Well, we have a partner and that partner is not us. It's us and the cards and it's the conscious universe or Spirit, or God, or Jesus, or whatever it is that you decide to call the power greater than you that operates in your life, on your behalf and in your favor. That power is invisible. It makes itself manifest through us, through inspiration, through epiphanies. We know that when the universe or God moves through us, we are moved. We are inspired. Module Two is about learning to understand the nature of that relationship, and then we also describe the laws that are going to be important to us—the law of magnetism, the law of frequency—the laws are in there, right Doug? All of a sudden I just lost my mind. They're in Module Two, right?

Doug: No, the laws are not in Module Two, they're in Module Four.

Colette: Right, ok. Don't listen to me, kids.

Doug: We'll get to that later.

Colette: That's right. Yeah, the two support systems. Now, we're also talking here about the language of symbolism and metaphor and why it's important. We talk about intention. We talk about the systems. We'll get you to understand the conscious universe a little bit more and we'll also talk about intuition. We have a lot of different pages about oracle cards, intuition, et cetera. We teach you a little bit more about the cards and understanding the lexicon, and what a lexicon means. We work in tandem with the conscious universe, but we also work with the system of the cards, and you'll learn how the cards work as a vocabulary, as a symbolic language. There's also a lot on that in the bonus videos in Module Zero. I apologize for jumping ahead a bit. I'm going to open up the chat just to say goodbye to everybody.

Doug: I just want to say too, Colette, that one of the things you'll notice next week, everybody, is when you complete the videos, the homeplay doesn't add a whole lot to it. We're just adding a little bit to your journal. Know that we're giving you just enough. This next week, we'll add synchronicity to your journal and you'll see you start to track those times of synchronicity that happen during your day. That's going to be there as well.

Colette: It gets very meaty with lots of questions in the third module. The first two modules and the first two weeks, really, are about you watching all those videos again and again and not pushing yourself too far. Get used to the way that we operate, make sure that you've seen this, slow down and recognize that the world is filled with synchronicities at the end of this. At the end of these two months, I'll be shocked if you don't walk around going, "Oh, my God. There's magic everywhere." We want to give it to you a little crumb at a time. By the end of this week, you'll have watched all the videos.

You've been caught up already by this. There's so much richness here. I'm so glad you enjoyed the call tonight everybody. I'm going to put my hand on my heart and tell you all how much I love you. What a beautiful, beautiful evening. I just want to give a shout out to Anna, our headmistress. Her father passed away couple of days ago and the funeral was today. She worked so hard at making sure that everything was good for you guys and she wasn't able to be here this evening. I just want to give a shout out to Anna and send her our love.

All your mentors and your lead mentors worked so hard to give you a good experience. We're all working hard for you here, so you've got to trust us. I know it sounds like such a goofy thing to say, "Trust me." Never trust a person that says, "Trust me." No, I'm kidding. Do that Get on Your Bird meditation and we love you very much. We can hardly wait to see who you become as a result of this course, because you will not leave here the same person. We know this. We know this. It just takes a little bit of work. All right, guys. Muah! Bye everybody. Love you. Thank you, Doug

Doug: Thanks, Colette. Good night, everybody. See you next time.