

MODULE 4

Law of Frequency and Magnetism VIDEO SUMMARY



P L A Y V I D E O



Video 3:

Law of Frequency and Magnetism

- ▶ Law of Thought is what first comes to mind
- ▶ The stories we tell ourselves repeatedly dictate how the Law of Thought is going to ignite the Law of Frequency & Magnetism
- ▶ More you think about something, the more your body responds because you become in alignment with what you're thinking, even if it's out of alignment
- ▶ You can create a state of being on something that you think about consciously and consistently over a period of time, even unconscious because it's familiar
- ▶ People mistake Law of Attraction for Law of Frequency & Magnetism
- ▶ Law of Magnetism is a fixed Law
- ▶ Although we're going to see what we're consistently thinking about, sometimes we're going to be overridden by the group mind because we're evolving within a community, family, culture, politics etc.
- ▶ We can send out our own new signal and not allow the conditioning to continue to shape our thoughts
- ▶ In Personal Mastery we're disconnecting from the conditioning of the collective to the best of our ability
- ▶ Because we're conscious and doing as a group we have an override of our own
- ▶ Sometimes we'll get a detour that we're not prepared for but it doesn't mean that we lose everything
- ▶ Law of Magnetism works for the individual but it can be overridden at times if the collective is stronger
- ▶ You are not alone, rather part of a collective whole

- ▶ If we are conscious and deliberate it doesn't matter what's going on in the collective
- ▶ The less you allow yourself to be conditioned by the collective, the more you can be independently successful within a more difficult collective mindset
- ▶ Before we are doers, we are decider's
- ▶ Once thinking sets in and it's consistent, the frequency becomes consistent and the Law of Magnetism can find you easier
- ▶ Oracle Cards always keep you on track
- ▶ All we need to know is how to change our thinking and the rest follows
- ▶ Are there any signals I'm unknowingly sending out by my thoughts, feelings, beliefs or actions that are automatic and repetitive, and magnetizing messages or experiences to me that I don't want?
 - ◊ What are we sending out? #49 Observer (P) - Tells us that if we're not in Observer Mode, rather Attachment Mode, we're being given a warning to remain neutral in order to see beyond the 'me, me' self. It informs us that we're responding by identifying with our feelings.
 - ◊ What are we attracting through the Law of Frequency & Magnetism? #43 Deep Knowing (P) - When we don't trust the signals, entering analysis paralysis, we're Instinctive Mode not Intuitive Observer Mode. Always looking for perceived threats which places us in Survival Mode. Release to the Universe, let signal go, and let it magnetize to us in the correct form that isn't decided by us.
 - ◊ What do we need to do to get back into alignment? #38 To Be Fair - All about balance, in this case between our thoughts, intellect and intuition. Frequency piece is sending out a signal. You feel the 'vibe' of what you're sending out to the Universe. If it's out of alignment it's going to show you.
 - ◊ Okay if we go out of alignment. Step back, breathe, meditate, let go, say 'that's interesting', surrender to Higher Power, without judgment.

Brief OVERVIEW

THIS VIDEO TALKED ABOUT HOW THE LAW OF THOUGHT MOVES INTO THE LAW OF FREQUENCY & MAGNETISM.

Stories-in-motion are moving energy, as are our thoughts. It pointed out that the Law of Magnetism is relative to the Law of Frequency, and is a fixed Law.

A reminder was given that collective conditioning sometimes overrides the individual. There was a group reading on how to stay in alignment and work with the Law of Frequency & Magnetism.

THE CARDS PULLED WERE OBSERVER (P), DEEP KNOWING (P) AND TO BE FAIR.

JOURNAL