

ORACLE SCHOOL

Video 5: Obstacles

- What happens and how do we work around an obstacle? The obstacle is first going to come from within because it's going to come up as resistance.
- When resistance creates more of an obstacle than you need you have to learn how to check that, and the best way to do that is by asking your Oracle Cards. What do I need to know about the obstacle that I am now perceiving? Is this obstacle in my highest good? What do I need to know about this obstacle or that resistance that I'm feeling?

2-card group reading – what is the nature of the obstacle that I perceive? What is the next right action or the best right action for all of us to do when a perceived obstacle prevents our growth or prevents us from moving forward? (Both cards are anchor cards because what we are looking at is two sides, different facets of the same thing.)

- **#35 Loyal Heart (P)** (refer page 134 in guidebook) and **#51 Milk and Honey (P)** (refer pages 193-194 in guidebook)– resistance is about being stubborn and tenacious and attached to an outcome, or it's something we think we should have. 'Milk and Honey (P)' says an aimless unease and is an obstacle here. It compels you to turn to pleasure and comfort as a means to escape what's really going on. Both of these cards are really talking about attachments. 'Loyal Heart (p)' talked a lot about attachment to an outcome and feeling, also disloyalty. 'Milk and Honey (p)' can be attachment to addictive behaviors.
- When you hit an obstacle surrender it because things always have a way of working out when we step back.
- Check your motives and dominant energy. Why is the obstacle there?
- Take a breath, remember anything that we need to know, and the Oracle can offer us a portal to step into for us to find the answer.