

module 4 laws of the universe

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module 4
Video Summaries

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Video 1: Laws Of The Universe

- Conscious Universe has governing principles, or Laws.
- Universal Law is a structure, or governing principle, that we need to know in order for us to get the most out of our intentions that we're planting in our 'Field of Dreams'.
- The Laws keep the Conscious Universe in harmony. Everything works in harmony when these Laws are in harmony.
- Law of Attraction is only one Law that by itself or used in isolation doesn't provide a full understanding of the impact the Universal Laws on the material world.
- Four Laws covered in Module 4 that are particularly important to living your unique, inspired and authentic life – The Law of Thought, The Law of Frequency and Magnetism, The Law of Forgiveness and the Law of Infinite Potential.
- First Law to be covered is the Law of Thought.
- Law of Thought means everything is first consciousness. Conscious Universe, Mind of God, Divine Matrix, integrated self that includes the soul, small self all have a consciousness that we have been bringing together through the Personal Mastery course to co-create something in the world.
- Law of Thought – thought begins and is followed by an emotion; the body responds and your emotion responds that engages the Law of Frequency because you are now sending out a particular energy, or signal.

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- The more you think about something, the stronger this energy signal becomes. For example, the more you think about poverty, and become afraid of it, poverty becomes your center of expectation. Your Oracle Cards will reflect to you where you need to change your thinking, because the Universe is abundant and is infinite potential.
- The Laws are immutable and work in tandem.
- How do the Universal Laws help us to manifest our desires and how can Oracle Cards sync with the Laws to keep us in alignment? How can we get closer to our desired result without being attached to the form?
- We want to learn how to work with these Laws and stay in alignment with what is harmonious with Spirit. Requires work on our part. We must tend to the seeds that we plant.

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Video 2: Law Of Thought

- Law of Thought states that what we are thinking effects what we are manifesting in the world.
- Brain has a reticular activating systems meaning that our eyes look for the things we're thinking about.

2-card Group Reading – What's the thought that we may be completely unaware of and is there anything else we could miss? What do we have to watch out for? What kind of thinking would limit our manifestation?

- **Anchor Card** – this card tells of what needs to be done, something to think about, something that could be 'hiding in the bushes'. **Mending** – talks about forgiveness. If we are thinking in any way, shape or form that we are a victim, unworthy, allowing our story of the past to keep us separate, it means there's a disconnect. Where do we see the Universe as separated? This card reminds us that we are all connected and that the Conscious Universe is a unified field, of which we are a part.
- **Second Card** – What else? Card for further information about the first card. **Tick Tock in Protection** – reminds us to be aware of FOMO (Fear of Missing Out). We're working on Spirit's timetable, releasing things and our attachments to form, to trust that Spirit is going to deliver what is soul-inspired.
- **Action** - What **action** do we need to take in order for all of us to get into alignment with the Law of Thought?
- **Treasure Island in Protection** – reminds us that everything we need, we have to think and to trust that what is meant for us will not go past us. We have to consistently keep our thoughts in alignment with the truth that everything is possible for us and that our needs will be met as long as we put our relationship/partnership with Spirit first.

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Video 3: Law of Frequency And Magnetism

- Following on from the Law of Thought is the Law of Frequency and Magnetism. The Law of Thought tells us that when we think about something consistently we have a frequency or signal that we send out into the Universe.
- Everything is moving energy, including our stories in motion. Our thoughts are energy and sending out a signal, therefore it is important to train our thoughts, feelings and beliefs.
- The Law of Magnetism, which is a part of the Law of Frequency, says that what we are, what we are thinking about consistently, will show up in the material world.
- The Law of Magnetism is a fixed law. Although we're going to see what we are consistently thinking about, sometimes we'll be overridden by the group mind because we're evolving within a community, family, culture, politics etc. However, we can send out our own new signal and not allow the conditioning to continue to shape our thoughts.

Before we are doers we are deciders.

Group Reading – Are there any signals I'm unknowingly sending out by my thoughts, feelings, beliefs, or actions that are automatic and repetitive, and are magnetizing messages or experiences to me that I don't want

- First card - What are we sending out?

The Observer in Protection – tells us if we are not in the observer mode, rather, in attachment mode. Giving us a warning to remain neutral in order to be able to see beyond the 'me, me' self.

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- **Second card** - What are we attracting?

Deep Knowing in Protection – When do you not trust the signals and enter analysis paralysis? When we are in neutral, we trust our intuition. When we are too much in desire, fear sets in and we can't trust ourselves. This is about releasing to the Universe, letting the signal go and letting it magnetize to us in the correct form that isn't decided by us.

- **Third card** - What do we do to get back into alignment?

To Be Fair – It's about balance. The balance in this case is between your thoughts, the intellect and intuition because the frequency piece is sending out a signal. You'll feel the vibe of what you're sending to the Universe and if you're out of alignment, it's going to show you.

- Summary of Group Reading – In order to sync with the Law of Frequency and Magnetism, you must get your mind clear, get into the neutral observer, get detached, wear the world loosely around your shoulders, trust your intuition, and sync yourself back into alignment through gratitude. That's how you balance it out. Additionally, send signals to the Universe that you count, that you're putting yourself first and going to act in self-care. This too is a really good way to get into balance, to be fair.
- When we're sending a clear signal to the Universe about what we desire arising from inspiration, through the Law of Thought, then we're going to be in alignment with the harmony and have fairly effortless manifesting ability for what we desire.
- If we are out of sync with the Law of Thought through potentially sending out signals of too much wanting, not being the observer, not trusting our intuition, we have an opportunity to course correct. This is achieved through bringing ourselves back into balance.

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Video 4: Law of Forgiveness

- The core of the Law of Forgiveness is resentment. This means we keep going back over things that were not resolved in our past, and bringing up lessons that we don't need to learn over and over again.
- The Law of Forgiveness is about releasing ourselves, not others, and has nothing to do with condoning another. It's about getting rid of the burden that we are carrying around.
- Homework - Is there any blame, resentments, or judgment of situations or persons, including myself, which I need to release and forgive to open myself up more fully to Spirit? Give yourself time to pull cards, journal and do the written exercises.

Group Reading – What is it that all of us need to look at, as a group? What do we all need to look at here? What could possibly come up for us that would require us to align with the Law of Forgiveness? What do we need to look at?

- **First card – Deep Knowing** – Our intuition is our number one priority and tells us what's going on. Doing this exercise you're going to know exactly who or what you resent. Your intuition is going to tell you, not your intellect. Your intellect will seek to rationalize, bargain or justify how 'right' you are. Remember forgiveness is for you.
- **Second Card – Exchanging Gifts in Protection** – this is talking about worthiness. Am I worthy of these things that I want to co-create? Where have I made it impossible for me to move to the next level? Where have I created my own glass ceiling because of the beliefs or ideas that I had about myself, because I'm still held hostage to the past? The Law of Forgiveness is always about 'cleaning house'.

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- What's our solution? **Third card – *To the Sea in Protection*** – our solution is to trust that our boat is not going to capsize. We have to betray the old story of how we identified through using the Law of Forgiveness.
- These cards are for all of us but your cards are going to be distinctly individual to you.

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Video 5: Law of Unlimited Potential

- The Law of Unlimited Potential says everything is connected and everything is possible in Spirit, but our human mind is often limited by our own experiences and imagination. This can block the acceptance of the form that Spirit has in mind for us because it might be outside the limits of our human mind. It is also a reason that we can get stuck on a specific form and miss what Spirit has in mind for our highest intentions.
- The Law of Unlimited Potential means that anything is possible, at any time.
- Essence is more important than form.
- The form that Spirit selects for you is always going to be in truth and alignment with whatever frequency and magnetism you are putting out into the world, how you've been thinking and what is in your highest good.

Group Reading – Do I have any limiting beliefs that are preventing the Law of Unlimited Potential from acting fully in my life and this reading? What is it that we all have to fix? What could be hiding in the bushes for all of us here? What is the solution to that? How do we get into alignment with that?

- **First Card – *Fork in the Road in Protection*** – total indecision. Basically saying not to buy into inertia, analysis paralysis or fear of making a mistake. This card is also about self-judgment. Make a decision and move.
- **Second Card – *Blessed*** – we are not only worthy but we are born in original blessing because we are a part of Spirit already. We are already connected to the Law of Unlimited Potential. We just need to claim our blessings. What is hiding in the bushes is our sense that we may not be blessed and that it's all hard work and effort. Reminding us of the way we think and giving us more information on what we need to do.

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- **Solution card – *Truth be Told*** – means we must get rigorously honest with ourselves about all the other Laws. How are we thinking? What frequency are we putting out to the Universe? Where is our energy? Do we have to release or surrender something in order to be tuned into this Law of Unlimited Potential? Show it to me so that I can course correct if needed, and if not, show me the truth of the Universe. It's about being really true to ourselves and the truth of the four Laws.
- The illusion that we live in a disconnected and finite universe, where there are not enough resources is a lie.
- The truth is we are living in a connected universe where abundance is everywhere, all of the time, waiting for us to call it into form.

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Video 6: Summaries Of The Laws

- The Conscious Universe works with you.
- The Conscious Universe has particular principles that guide it to make sure it's always in harmony.
- You want to be in harmony with the Universal Laws to move towards your unique, inspired, authentic life.
- Your inspiration comes from your natural connection to Spirit. There is you, your soul, and your connection to Spirit, all of which is in partnership with the Universe and Universal Laws.
- You are doing this for **YOU**.