

## **Bonus Lecture with Dr. Joe Dispenza The Science of IN-Vizion®**

*Dr. Joe Dispenza, bestselling author, neuroscientist and highly-successful chiropractor, is an internationally-renowned speaker on the functions of the human brain and re-programming your brain to create a joyful, healthy and abundant life. In the vanguard of the emerging frontier of thought and consciousness connecting with the brain-mind-body, he combines leading-edge science in the fields of quantum physics, neuroscience, brain chemistry, biology and genetics to show what is truly possible. He has taught thousands to rewire their thinking to change their lives through scientifically-proven principles, and has garnered recognition as The Brain/Change Expert. Dr. Dispenza's bestselling books are Evolve Your Brain: The Science of Changing Your Mind; and Breaking the Habit of Being Yourself: How to Lose Your Mind and Create a New One. He is featured in the award-winning What the Bleep Do We Know!? And the new film People v. The State of Illusion.*

One of the passions I had over the years was to find scientific evidence rather than just anecdotal evidence that IN-Vizion® really did what I thought it was doing.

During the course of 3 years I had presented weekend intensives in Sedona Arizona where IN-Vizion® was explored as a journey into a new consciousness. The participants were led through a series of exercises addressing their lives as a whole. They were supported in a deep experience where ritual and process provided a platform of self-discovery and revelation to make real change.

Those seminars, and writing my book the Map, were the inspiration to create IN-Vizion® as a coach/ client dialog process for transformation.

Some participants changed physically before our very eyes in such a way as to be almost shocking!

Something more than the mind was being shifted! The cellular level was being influenced in ways I had no language for.

One woman in particular came to mind in that she arrived hunched over older than her years then walked out taller with a sparkle in her eyes and even her hair that appeared grey and lifeless when she show up became a glossy light brown only with streaks of grey.

I needed to find out the mechanism that created the shift.

Enter my friendships with the science/ spirituality boys of Hay House my former publisher - Dr. Bruce Lipton, Dr. Joe Dispenza, Dr. Darren Weissman, Greg Braden etc.

My fascination with science allowed these extraordinary men to open their hearts and minds to me and shared their experience and research that completely supported and explained what IN-Vizion® was creating for the person who experienced it at the mind/ body/quantum / brain level.

The effects were real, people *could* change physically from doing this! I went on to create Weight Release Energetix® to help people manage their emotions and their weight. (a class that will be available again in 2014). Science could explain it.

This conversation you are about to witness is all the science (or most of it so far) that will underline the effects of IN-Vizion®. Remember the purpose of the IN-Vizion® process is to shift the subconscious by way of the dreaming mind, to short circuit by stopping the old stories in their tracks, accepting them without retelling them so new ones could be supported!

It's dense, but Joe delivers it in a way for you to really understand it. There is real scientific evidence that shifting the mind at the subconscious level by my methods work in ways that are astounding.

Enjoy the video,  
Love  
Colette!